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VICTORIAN PISTOL NEWS



Service Match Top 10.

- **Management Matters**
- **56th Pistol Australia PA/ISSF Nationals**
- **Judges Corner - New Regulations**



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Victorian Pistol News

Official publication of the Victorian Amateur Pistol Association (A0030064P)

Issue Number 100/1D - April 2013

Contents

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NOTICE TO READERS

The contents of this issue have been selected in an attempt to extend knowledge, improve practice and promote communication within the field of pistol shooting for the members of the Association. The Editor may at his discretion reject any contribution, hold it over for later publication, or edit out any unsuitable material. Opinions expressed are those of the original authors and do not necessarily reflect those of the Editor or the Association. Persons acting on any opinion, advice, fact or advertisement published in this issue do so at their own risk.

Emails to the Editor

Dear Ian,

Many years ago I was Publicity Officer for VAPA, and Alex and I visited as many Open shoots as we could manage, with Alex taking photos at each event for the Victorian section of the PA Bulletin. I have an album of old photos starting in 1956 with the Melbourne Olympics and continuing on for 25 years.

The album is in reasonably good condition, but the sheets of photos were put into plastic sleeves, and these are now stuck to the photos. It is possible to photocopy the photos. Would these be of any use to the Vic Pistol. There are about 120 photos in the album.

It is a photographic history of the first 25 years of VAPA. There are some ranges, competitors, teams etc. Most of the people shown are still active within the association still!

I attach a scan of 2 of the pages so you can see what I am talking about. The old manual typewritten captions are fading badly, but I plan to put all captions on a document and insert it with the album, so they can be read separately.

Let me know if these photos would be Ok for the Vic Pistol, and if you would like to have more now and again! We would be happy to share them.

Regards from Liz & Alex Ligeti.

Dear Liz & Alex

I would be most delighted to show your photos in the VPN

Regards Ian Simm

Here is a unedited sample of the photos that Liz & Alex have. I have added the captions as the originals need touching up. Hopefully I haven't made any mistakes. I think some members might like looking at past memories.



Above : Referees Council was formed in 1982. Bob Lester (Oakliegh) and Les Collins (Kerang) are two of the executives



Above : Range Officers badges are prize possessions. Peter Davis proudly shows his to Helen Ligeti.



Above : Sitting around reading (not Talking) this time.
John Quinlivan, Dave Morrison and Roger ?



Left : Peter Garrett, Austrasia's first International referee, is also the country's most highly decorated Pistol Shooter. In 1980 he was awarded the Blue Cross - the highest honour the I.S.U. can give, and in 1981 he received the M.B.E. in the Queen's Honours, list - the first time Pistol Shooting has been recognised.



Above : Geelong Ladies Match Team, S Jubber, E Pile, and M Ballantyne, receive the winners shield from Competition Controller Des Boseley in 1976.



Above : The city of Oakleigh Pistol Club team- E Zeiser, C Owen, A Wright, E Lim, and F Kalousek is holding a certificate for the highest individual score in Rapid Fire shot during the Postal Competition - 592.



Above : The Melton Pistol Club won 5 events in 1980.

J Gomerski, J Correll, S Deller, C Knowles, J Kennedy, and in front - M Knowles, and C Horvath.

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Management Matters - April 2013-04-02

Graeme Roberts, President VAPA

Welcome to another issue of the VPN, New members and old. We are well on the way with our Digital VPN .there will be no more books posted instead the issue will be sent to your club secretaries where they can be distributed to you from the Club or if you do not have access to a computer the club will post a copy on the notice board .It will be also accessed from the VAPA site through a member login number to maintain confidentiality .We should have a pretty fair coverage of VAPA news and events. If there are any questions please contact the editor or the executive for answers.

I don't see that I will bother the editor much this month as it is pretty quiet at the moment with the Nationals to report on and our Team Manager Geoff Horton will report on that competition.

The holster qualification Card (VAPA) is still being investigated and more news will come later when we closer to resolving it .Talking about bothering the Editor if you have anything happening at the club that is of a interest to shooters, do send them to Ian for publication, even some appropriately clean jokes.

March saw the State Titles for ISSF at Shepparton where the weather was ideal for most of us,a little warm for others , the competition was a success with the matches running close to time and thanks must go to the organizers for an early finish so that members could get a start in daylight driving to travel home, also the shooters who pitched in and helped run the ranges with the range staff. To all the volunteers from Shepparton a job well done.

Interesting conversation overheard at the club on weekend relating to condition and working profiles on new pistols .There must be some clangers out there ,if you have one then drop us a line and let everybody know about what is going on or not ,when you spend \$2500 on a pistol you want it to work.

JUDGES CORNER

by Peter Davis - National Judge A

With the introduction of the 2013 ISSF rule book there are a number of rule changes, the following are the changes that will happen in Australia as of the 2nd of April 2013. New rules are not currently available as soon as they are I will be ordering them and have them available through 'Fund Raising'.

Rapid Fire Pistol.

The countdown has been removed. The call is now "ATTENTION" targets will be turned away. After a delay of seven (7) seconds (+/ 0.1 sc) targets will face for the designated time. Most ranges will be able to accommodate this by using the 8, 6 or 4 seconds on the Service Pistol timers.

Rules for 10m and 50m Rifle and Pistol Events

The following is the format for 10m and 50m events.

Preparation and Sighting Time

Athletes must be given 15 minutes before the competition starts to make their final preparation and fire unlimited Sighting Shots.

Sighting targets must be visible at least 15 minutes before the Preparation and Sighting Time starts.

Athletes may not place their guns and equipment on their firing points until the Chief Range Officer has called the athletes to the line.

The Chief Range Officer must call athletes to the line at least 15 minutes before the Preparation and Sighting Time starts.

If there is more than one relay, each relay must be allowed the same amount of time to bring their equipment to the firing line.

After the Chief Range Officer calls athletes to the line, they are permitted to handle their guns, dry fire or carry out holding and aiming exercises on the firing line before the Preparation and Sighting Time starts.

Pre-competition checks by the jury and range officers must be completed before the Preparation and Sighting Time starts.

The Preparation and Sighting Time begins with the command

“PREPARATION AND SIGHTING TIME...START”

No shot may be fired before the command “START;”

An athlete who fires a shot or shots before the start of the Preparation and Sighting Time

must be disqualified if safety is involved. If safety is not involved, the first competition shot must be registered as a miss (0)

The Preparation and Sighting Time must be timed to end at the official starting time for

Match firing. 6.11.1.2 “START” of Competition at the end of the Preparation and Sighting Time, the Chief Range Officer will command

“END OF PREPARATION AND SIGHTING...STOP.”

There must then be a brief pause of approximately 30 seconds so the competitors can change to competition targets.

When all targets are reset the Chief Range Officer will command

“MATCH FIRING...START.”

AIR PISTOL

MATCH firing is considered to have started when the CRO has given the command **START.”**

60 shot Air Pistol – 15 minutes preparation & sighting

90 minutes match firing

40 shot Air Pistol - 15 minutes preparation & sighting

60 minutes match firing

Warnings must still be given at 10mins and 5mins before the end

50m PISTOL

For Australian conditions the following has been adopted by Pistol Australia

There will only be one target put up – which must be at the correct height.

The first one will be a sighting target – there will be 15 minutes “sighting and preparation time” given, after which the targets are changed and the first scoring target put up.

There will be 6 series of 10 shots in 15 minutes.

At the start of each series competitors will be given up to 3 minutes to get settled (no more sighters but dry firing is OK) before the time starts.

Breech Flags

The other main change to be is the use of breech flags, these are recommended but are NOT mandatory – there is still a lot of research to be done and PA will come back in 3 months with further recommendations.

You will find interim guide sheets and information on breech flags and the other changes to the rules at <http://www.nrc-pa.com/>

Peter Davis National Judge A

Mental Practice : New Insight

from research into the human brain

by TONY ANDERSON, PhD

Studies into how the brain works when we undertake physical tasks which have a goal requiring aiming, have implications for improving the accuracy of shooting. The research shows that when we set a goal/outcome for such a task, the brain makes an internal copy of the nerve impulses commanding the muscles to move to achieve the goal. This copy is used by the brain to test and correct

muscle movement using feedback from body sensors, including vision and proprioceptors. The process seems to be ‘hardwired’ as far as aiming type tasks are concerned. In the search to improve consistency and accuracy, setting the desired goal for the shot or series, as a perfectly executed outcome both prior to, and moments (seconds) before firing, is likely to capitalise on existing brain

processes for executing this type of task. It is also likely to sharpen concentration by activating the same brain neurons which, moments later, will be involved in producing the shot.

The following commentary on how the brain functions when we carry out a physical task, such as picking up a cup, putting a key in a lock, or firing a shot is based on brain research by Doidge, and neuromuscular research by Lederman, and Peirrot-Deseilligny and Burke (see references). When we set out to fire an accurate shot, the commands to initiate the movement patterns to achieve this are transmitted to the spinal motor centres which control movement. These commands are in the form of movement sequences and their goals, rather than specific muscle sequences. Raising the pistol to bring the sights in the aiming area and releasing the shot would be examples of movement sequences. Importantly, the research reveals that a copy (there may be more than one) of the information sent to command the muscles to raise the arm is transmitted internally to the comparator system within the central nervous system.

The copy or copies serve as master templates which the comparator system uses to identify and correct errors, if needed. It does this by comparing information from sensory feedback against the intended goal/outcome. The feedback used for this error

correction includes visual information - for example seeing the position of the sights - and information from proprioceptor sensors – for example, detecting the raising of the arm, the sights settling into the aiming area. Proprioceptors are located in muscles, tendons, ligaments, joints, and in the skin where they act as pressure sensors. They give information about the action being performed such as the speed of movement of the arm, the weight of the pistol, the feel of the resistance of the trigger as pressure is applied, and so on. When the comparator system detects a mismatch between the initial goal and action being undertaken to achieve the goal it reorganises and corrects the movement.

When we move our limbs there is a sense of their weight and the effort required to move them. Applying this to shooting, when a successful shot is released, there can be a particular ‘feel’ to the trigger action and follow-through. Reproducing the feel of the trigger squeeze can be made part of the intended goal/outcome. Equally there can be a particular feel when the right balance, breathing and grip pressure is achieved.

This sense of effort or ‘feel’ is believed to be derived internally by the comparator system and not from the proprioceptors. Muscles, on their own, do not have a memory although some which are proprioceptors are linked by nerve fibres to the

spinal cord. However, the feeling from a group of muscles carrying out a particular movement pattern, such as firing an accurate shot, can be experienced and remembered. According to the research, recalling the 'feel' of a successful shot delivery prior to actually doing it should improve performance of the action by making the goal/outcome more precise and making its detail richer. Reproducing the feel of the trigger squeeze which the shooter has learned will drop the hammer without disturbing the sights, would be helpful in improving trigger control. The shooter could recall this 'feel' when preparing for the next shot and carry it in the mind while making the shot.

In short, the research shows that setting the goal/outcome activates the processes for initiating and evaluating action directed toward achieving the goal. Defining the goal/outcome clearly and sharply will help the central nervous system initiate muscle actions which are likely to be more precise and better targeted and, therefore, more efficient and timely. The research implies that the more precise the goal/outcome, the better will be the error correction process and therefore the likelihood of making an accurate shot. Conversely, setting a fuzzy goal, for example, when distracted, will be more likely to result in a poor outcome. Setting the goal/outcome, both prior to, and moments (seconds)

before firing can be done mentally using 'self-talk' and/or visualisation.

Mental practice

Elite athletes have long used forms of mental practice to rehearse complex action sequences prior to performing them. Mental practice, 'thinking good shooting' (Coward, 2012), includes the following: 'self-talk', 'visualisation', recalling sensory information such as how a good shot 'felt', and recalling the timing of a five shot sequence in rapid fire. Self-talk entails giving oneself highly specific verbal instructions to perform actions shown by training and competition to be effective. Examples in the rapid fire event include: 'come up straight' (Taransky, 2009), 'drive toward the centre' or while firing at each target, saying to oneself 'clear sights .. clear sights ..clear sights ..' (Chapman, 2012). According to the research, the brain is divided into sectors which are bound together in a network. The sound of a word or an instruction to oneself, (for example, the instruction to 'come up straight') may be stored in one part of the brain but activate neurons in several other sectors of the brain. This is because training has formed a network across these sectors in relation to lifting the arm vertically to the first target. This implies that self-talk can be a potent way to activate brain processes related to accurate shooting, especially for those who find visualisation difficult.

Visualisation involves imagining a perfectly fired shot prior to making the actual shot. The technique includes using vivid pictures such as seeing the foresight so sharp you could cut your finger on it and seeing the gun go off as if by itself, for a perfect ten-ring release. In 1966 Jeppesen and Persgaard, in their book on mental training argued that visualisation can be used to acquire and maintain technical skills, prepare for both training and competition, and to imagine achieving scores beyond present limits. They advised 'working with mental shots until they become close to reality' but concede that some shooters have difficulty seeing clear, strong images and could try using other senses, including sound, smell or internal dialogue (self-talk).

Self-talk and visualisation can be combined into audio-visual scripts which also include timing instructions. This type of 'multi-media' script brings together several key actions which must be performed within a set time. For example, Gorvianov a member of the Russian rapid fire team in the Sydney World Cup 2011 would say to himself: 'this is an eight second series ... I will see the sights' (visualised) and then mentally rehearse the necessary timing vocalised as 'BOOM, BOOM, BOOM, BOOM, BOOM', (2011). Or, before addressing the targets, Milev, USA, advised running through a checklist: 'my balance

feels right (CHECK) ... my arm and forearm feel right (CHECK) ... my wrist and grip feel right (CHECK)'.

Visualisation could be enriched by adding the feel of the weight of the gun, the feel of the trigger release, the recoil, and the completion of the follow-through process. This is in order to involve more of the neural networks and processes in the brain, which are about to fire together to initiate muscle action to produce the shot.

Another finding with application to shooting relates to 'force control' which is the ability to provide adequate force for optimal execution of movement. This finding arose from analysis of mental practice applied to weight training. Two groups were compared. One group lifted weights and improved their strength by 30 percent. The other group only mentally practiced lifting weights but still managed to achieve 20 percent strength gain. The surprising result for the mental practice group is believed to be due to the ability of the central motor system (the brain and spinal cord) to control the force exerted by muscles. Force control is thought to act like a light dimmer which can be switched on/off or gradually dimmed. When force control is turned off, no force is applied so muscles can fully relax. Mental practice of a skill develops brain to muscle connections. Imagining a

movement can activate brain areas in similar ways as occur during actual physical practice and it can produce muscle activity although without producing discernible movement.

Mental practice can be applied to learning parts of a complex skill. Examples include, in precision shooting, learning to bring the sights relatively quickly into the aiming area to make best use of the most favourable time for producing the shot or, in rapid fire, learning to release the first shot of a four second series within two or three tenths of a second of the sights levelling. The research highlights the importance of performing the full skill sequence during the same training session as this fosters the formation and strengthening of new neurons and connections. In the case of skills which are being restored, neuromuscular research by Lederman (2010) advises selecting physical training routines which are specific to, and in context of, the skill to be re-established.

Before an important match, mental practice can be help to create the atmosphere of competition: the look of the targets, the shooting bay, other competitors and range officials nearby, the noise and distractions, seeing oneself as calm and focussed. However, in high level competition developing match concentration is best done when at the competition venue (Ryan, 2012).

Conclusion

The research suggests that in addition to mental practice done prior to shot preparation a subtle shift in shooting technique may be useful. This is to fire the shot, or string, in the mind moments (seconds) before actually doing so, using 'self-talk' or visualisation or some other form of mental rehearsal setting the goal for the shot or series, as a perfectly executed outcome. The research implies that the sharper the goal/outcome, the better will be the error correction process, if needed.

Accurate shooting requires concentration on several goals simultaneously. These are the goals in the background, relating to maintaining posture, grip pressure and breath control while, in the foreground, concentrating on steady hold, aiming, firing and follow-through. Since these goal/outcomes merge, mental practice provides a way to integrate and rehearse them immediately before firing, improving goal setting and concentration.

Rehearsing in the mind, the sequence and timing of the goal/outcomes which are essential to accurate shooting, is known to be effective in the faster events such as the rapid fire event. Not only does mental practice show the brain what it is required to do, it also it likely to give a warm-up to the very neural networks which are about to initiate the shot, or sequence of shots.

The setting of goal/outcomes and the use of mental practice techniques appear support each other as two sides of the same coin. Making the goal/outcome for the next shot rich in detail can sharply focus mental readiness in the final moments before firing and it is likely to activate the same brain networks which, moments later, will initiate muscle action to produce the shot. This focusses the concentration onto the essential actions which the shooter has found from experience will achieve consistency and accuracy, using neural networks already developed and trained.

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Gorvianov, A. (2011) Russian team. World Cup, Sydney, 2011. Personal communication.

Jeppesen, A.G., and Persgaard, A.M., (2006). *Mental training in shooting*. Drukeri Schirmer, Germany

Lederman, E. (2010). *Neuromuscular rehabilitation in manual and physical therapies*. Elsevier Limited.

Milev, E. (2011). (Silver medallist, Atlanta Olympic Games). Personal communication.

Personal communications are also acknowledged from the following who have represented Australia at International ISSF competitions: David Chapman, Travers Coward, Noel Ryan, Peter Heuke and Alex Taransky.





Melbourne International Shooting Club

**58th Anniversary Open
Saturday 18th & Sunday 19th May 2013**

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Rapid Fire Pistol
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The Organising Secretary

C/- M.I.S.C. 120 Todd Rd, Port Melbourne Vic 3207

Phone: 03 9646 3976 Fax: 03 9646 9953

Phone Enquires to MISC on:

Wednesday 7.30pm – 9.30pm / Saturdays & Sundays 10am – 4pm

E: manager@melbourneinternational.org.au

Entries Close April 30, 2013. Late entries accepted at discretion of organisers, provided range capacity available. Payment by credit card preferred.

HISTORICAL NOTES

Kim Frazer.

I am electronically organising some old papers and came across a paper entitled "Reflections on Sport Psychology and the Olympic Athlete by D.M. Landers". This paper was written in around 1980 and it covers a wide range of issues relating to the topic. One part of particular interest was the decision making process undertaken to split the shooting events into men's & women's events at Olympic level. Below is an excerpt that I thought the shooters of today, and in particular the female shooters, might enjoy reading.

I would like to turn now to an example from research by my colleagues and me on Olympic level rifle and pistol shooters to illustrate how sport scientists can be involved in influencing policy for Olympic athletes. This particular policy problem was raised in Uriel Simri's paper. Backed by the opinions of several sport scientists and members of the European Shooting Federation (Predescu, 1978), the IOC Programme Committee has proposed that beginning with the 1948 Los Angeles Games, there be separate shooting events for women. Without presenting any data to support their opinions, the Europeans argue that due to physical and psychological differences between the sexes, women are at a disadvantage to men. The decision by the IOC was that three events would be set aside for women (compared to the eight for men), and these women's events would be different from those of men (i.e., shorter duration of competition, lighter rifles, and one-half the number of shots). By no longer allowing mixed-sex teams, this legislation will have the effect of barring all women whose events do not correspond to these three events, and by changing the course of fire, it will make the performances in the same men and women's events incomparable. Today, the World Champion in free rifle is a woman, and in the United States, the 1979 NCAA small-bore champion was a woman. The IOC decision met with strong opposition from the U.S. Women's International Rifle Association and an appeal has been made by the Union Internationale de Tir (UIT) to reinstate mixed-sex competition for the events not designated "for women only."

Because we had collected extensive data on the physical, psychological, and psycho physiological characteristics of over 120 elite rifle and pistol shooters¹, we were asked if we might like to respond to the nine points raised by the Europeans. With the help of graduate student Lauren A. Doyle, we submitted a 12-page report to Marie Alkire; U.S. representative to the UIT Women's Committee, who presented it in February 1980 at the UIT meeting in Mexico City (Alkire, Note 1). Our own research findings, in addition to general scientific findings derived from a literature review, negated all of the nine points mentioned. For example, the Europeans correctly pointed out that women generally have slower reaction times. Although we did find that male shooters reacted faster, this was not a differentiating factor between average and elite rifle shooters. Our data also refuted the argument that female shooters have more difficulty in coping with pre-competitive stress. Except for having higher heart rates², the female shooters reported approximately the same state and trait anxiety levels as male shooters. Overall, our data, as well as other scientific information reviewed, supported the opinion of Renata Vishinski (1978) that women are physiologically and psychologically capable of becoming excellent shooters. Let us hope that logic will prevail and research findings like these will eventually help to shape the "policy climate" in these international sport governing bodies.

1 This is a longitudinal study which is supported by a grant-in-aid from the National Rifle Association. Thus far we have compared data from 13 elite U.S. shooters, who have collectively obtained 43 individual and 84 team medals since 1964 in the Olympic Games and World Shooting Championships, to a sample of 90 sub elite and junior-level rifle, pistol, skeet, and trap shooters (see Landers, Christina, Hatfield, Daniels, Wilkinson, & Doyle, 1980, for a review).

2 Some of our recent psycho physiological studies on rifle shooters have shown no consistent group patterns in the relationship between heart rates (before, during, and after shooting) and performance scores. Individual comparisons for 40 shots in either the kneeling or standing positions showed that some shooters' performance was better when their heart rates were low, whereas other shooters performed best when their heart rate was high.

Reference Note

1. Alkire, M. *United States research on women shooters*. Paper submitted for publication to *International Shooting Sport*, February 1980.

SHOOTING SERVICE

For Beginners.

The easy way

By Brett Sandman ©2010

I sat and thought about what is involved in shooting service and apart from a heap of fun and good friends I could not think of a single thing to write then I thought well what do I do and why do I do it that way, so here goes. Now I will not try and tell shooters what equipment they should be using, ie what gun, glasses, projectiles, and other items that make up your personal equipment. Having said that, it always pays to ask what other shooters are using and why, as you might find benefit from small equipment or style changes. **Once you have sorted out your loads to get optimum performance it is down to shooting. Do not go any further until you have sorted out your loads they must make factor for service and be accurate.**

THE GRIP

A good grip is essential to shooting good scores so don't be afraid to work on achieving and maintaining a good grip. This may mean adding or subtracting from your current grip, or buying a new grip. Adding tape to your existing grip may be all that is required. Some use an adhesive medical material tape or bandage type or you can use an adhesive non-slip tape bought from skateboard shops. What ever you use make sure **your grip fits your hand.**

SERVICE PISTOL.

It is important to get a good grip on your gun. In Service Pistol it is particularly difficult as you are drawing from your holster and only practice and lots of it will help achieve this, so strap on your holster and get to it. Practice going from the ready position to the butt of your gun and closing your hand around it making sure you have a good grip (don't actually draw the gun) just grab it and perfect getting a good grip this will soon become second nature through muscle memory and is what you are trying to achieve. It may start to happen quite quickly but you do need to continue to reinforce with practice, as just when you think you have it all under control the targets will turn and you will grab hold of it like it is a \$100 dollar note trying to blow away on a stiff breeze (have I got it or not).

UNRESTRICTED.

Service Pistol Unrestricted is another matter as you have every opportunity to work the pistol into your hand, making sure the web between thumb and forefinger is as high as possible on the back strap:

- Your trigger finger is comfortable and has control of the trigger.
- That the remaining fingers can enclose the grip firmly and comfortably. **If this means changing your grip do it !**

Your free hand should support your shooting hand in a number of ways helping to maintain your grip and carry some of the weight whilst continuing to be comfortable.

When you have attained this close your eyes and bring your gun up to eye level if your sights are not aligned, particularly left and right, your grip is not correct go back and read the first paragraph under the heading The Grip and fix it.

Your free hand also forms a support between the barricade and your shooting hand. This is a personal style that comfort and practicality dictates the method, but having said that, look at what other shooters are doing particularly shooters that are shooting better than you it may be one of the style changes that finds some extra points, sometimes this will feel uncomfortable/ awkward and will take some getting used to but will be worth it in the long term. This is why it is important to go to Opens and State Championships so you can watch the top shooters and steal their secrets. Truth is there are no secrets and most of the top shooters are happy to talk to and help D grade shooters get better, their secrets may not help you other than to show you another way and tell you to practice.

Some points that are worth remembering in relation to your grip:

- Don't be afraid to talk to other shooters if you notice something about their equipment but not while they are on the line preparing.
- Don't be afraid to modify your grip you **must** be comfortable and in control.
- Don't be afraid to take time working your grip into your hand on the line it can be the difference between coming up sights aligned, on the ten and getting all your shots away and coming up with no sight picture and only getting four shots away.

In the next edition of VPN we will discuss The Stance

Yours in Shooting Brett Sandman

Member of Mt District pistol club since 1983 president for 8 years committee for 17. Service 25 A grade 626, Service master 877 grade, unres A grade 882, wa1500 master 1472

State team member 2000 – 2005, 2013, best finish 6th serial pest around service opens just ask Ralph Motton or Neil Stewart, Les Clark

Executive Position Vacant

Victorian Amateur Pistol Association

Secretary

Due to Eddie Evans stepping down as Secretary, and as there were no nominations for the position we are now seeking interested members to apply for the vacant position.

The applicant will need :

- Competency in Microsoft Access.
- Competency in Microsoft Word for Windows.
- A good knowledge of the Firearms Act and Regulations.
- A spare room big enough for desk, telephone, computer, fax, photocopier and 2 large steel office cabinets.

Responsibilities:

- Mail, receiving and distributing as needed. Replying to enquires from members etc.
- Maintaining New Members information including id cards and financial labels.
- Maintain database for Resignations, Transfers, Change of address etc.
- Attend monthly Executive meetings, attend bi-monthly Committee and Management meetings.
- Arrange insurance renewal for Liability, Accident, Officers and Equipment.
- Provide relevant paperwork and advice to new clubs.

For further information of this position please contact

VAPA Secretary

P O Box 301

Altona Vic 3018

Ph: (03) 9398 5351 Fax: (03) 9398 5351

E-Mail: vapa@netspace.net.au

56th Pistol Australia PA/ISSF National Championships

24th – 31st March 2013

*Hosted by the Western Australia Pistol Association Inc. and
conducted at Whiteman Park International Pistol Club Inc*

When advised the Nationals were to be held in WA, I researched accommodation in Perth and surrounding districts and found costs to be high, so I sought other areas. Having stayed in Scarborough with the 2011 Action Team, I looked at the west coastal area again and found a motel which also had self-contained apartments.

Knowing some team members liked the opportunity to eat in and reduce costs, I booked the Quality Resort Sorrento Beach.

I had looked the place over in 2011 also. One of the main attractions in Sorrento is Hillary's Marina, which has the WA Aquarium, and a boardwalk area of retailers and a variety of eateries and entertainment for children and a safe swimming area.

The car park has in excess of 950 car spaces and the location is popular with tourists and people from Perth looking for a day out. (Go to Google Earth Search Hillarys WA)



If you fancied some fishing, there was the odd “tinny” for sale. Prices range from \$99K to \$1.35M.



The Service and Black Powder team members arrived on Friday in view of the time, went to the accommodation and then for a meal.

The 3 hour difference made 6 pm in reality 9 pm ESDT.

The next day was spent with some practise, gun checks and familiarization with the range.

Sunday 24th March 2013, a quite hot day without clouds. WA1500 Revolver was the first match. 53 competitors entered, with Donnal Pollard NSW taking the title with 1487 105X. Andrew Hall was the best placed Victorian in 4th place 1476 84X.

WA 1500 Pistol (40 shooters) continued after the revolver match, won by Davy Oates NSW 1482 86X, with Ralph Motton in 7th place 1463 75X

Victoria took 3rd place in both matches in the teams.

Monday 25th March, with the Service Match and BP25 Precision events contested.

The field of 56 shooters saw Jamie Longbottom Old take the title with 875, and Andrew Hall 4th with 866, Greg Lowe 9th with 860. Victoria was 4th in this event.



The next day, the BP25 match was concluded and Unrestricted Service shot.

Wayne Davis took the Championship with 374, followed by fellow club member Les Moncrieff with 370, after a shoot off. Victoria took 2nd in the team, just 7 points behind WA.



Unrestricted went to the SA Team, with Donnal Pollard (NSW) the National champion with 885. Victoria was 4th in the Teams.

27th March, and Service 25 and BP50 were the events of the day.

Ralph Motton 628 took the Championship, with Paul Jensen 2nd with 626 and Andrew Hall 5th with 624. Victoria took the team trophy.



In BP50 Victorians, Wayne Davis, John Sammartino, and Ross McMillan took 5th, 9th and 10th placings with Victoria 2 in the Teams.



Wednesday night and the Service/BP dinner was held at the Clubrooms. Dinner was a prawn entrée, cooked meat and salad and deserts.

Junior Air 40

Hannah Quick 343 3rd



Centre Fire Top 10

Centre Fire

Garry Mullens 576 2nd
Lucas Finken 558 8th
Team 8th

Women's Air

Linda Ryan 372 3rd Final 471.1
Kristy Gillman 375 4th Final 470.1
Team 3rd

During the final Linda overtook Kristy moving from 6 place, relegating Kristy to 4th.



Free Pistol Top 10

Free Pistol

Bruce Quick 547 1st Final 638.9
Chris Roberts 540 2nd Final 633.9
Kristy Gillman 528 4th Final 618.0
Team 1st

In the final, Kristy shot well to move from 6th to 4th with a final score of 90.0

Rapid Fire

Bruce Quick 558 2nd Final 748.9

Lucas Finken 565 3rd Final 748.4

Team 3rd

Several positions changed during the final, Bruce improving his to the detriment of Lucas.



25m Women's Sport

Linda Ryan 572 1st Final 774.5

Kristy Gillman 562 2nd Final 757.8

Marianne Austin 552 9th

Team 1st

Starting from 3rd place in the final, Kristy shot well to move to 2nd with a finals score of 195.8. Linda's final score a very creditable 202.5 (196/200).



Junior Sport

Hayden Dent 531
12th
Team 3rd



Junior Air 60

Serg Yauleuski 549 5th
Stephen Jenner 544 9th
Team 3rd



Men's Air

Bruce Quick 572 1st Final 667.9
Chris Roberts 563 7th Final 658.0
Team 5th

Finals in this event saw Bruce improve his position from 3rd to 2nd.



Standard

Chris Roberts	563	2nd
Linda Ryan	556	4th
Bruce Quick	554	7th
Gary Mullens	549	9th
Team		1st

A very solid performance by the Victorians in this event



Overall Victoria placed 3rd in the Phillip Adams State Shield Trophy behind NSW and WA.

The Manton Shield was won this year by WA. It is about 15 years since that state has won. Victoria placed 5th on this occasion.

In closing I would like to thank the Team members for their efforts at these Nationals, and congratulate those individuals who achieved personal success.

Unfortunately we are again losing a member to NSW, with Chris Roberts moving to that state due to work commitments.

Our best wishes and thanks to Chris for his support of the team over many years.

Ben Lees and Stephen Jenner have seen their final Nationals as juniors, and next year will be competing in the adult category, with our good wishes.

Finally my thanks to Alan Wattz for his support during the last year, and to Paul Jenner for his assistance with moving people about, to and from ranges, accommodation and the airport.

Geoff Horton Team Manager

Full results may be found at

<http://www.pistol.org.au/results/national-championships/issf-pa-wa1500-match>

and

<http://www.issf2013nationalchampionships.com/results.php>

PENINSULA BLACK POWDER OPEN 2013

by **Hank Vanetten**

This article is continued on from last Feb VPN Photo Album.

Well it was on again Black Open the time sure moves fast when you are having fun another year gone by.

The weather was offcourse the best as usual ha ha the crowd started to arrive early so they can have their breakfast as they well and truly got stuck in. The kitchen staff was hard at it in the new kitchen.

The shoot started at 9 o'clock with the judge in attendance looking at all the toys we were using . Yes Alex was at his best; all was well and the shoot commenced .



After the 25 mtr precision it was lunch time and as was previous pay \$15 and you can eat as much as you wanted. And all and sundry did .

The rapid fire stage went without any mishaps as well as can be expected with black powder misfires ect but really not much to worry about .



The next day the 50 mtr match was shot just one detail as the capacity was just right 3 full bays Also during the day the usual international matches were shot as well.

The Sunday went well and the trophy presentation began. John Sammartino really got in the groove making the trophies as you can see



took the best one home again ; (for out right winner) ; the replica is really a work of art well done John. Results were as per usual

J Sammartino 1st 25 mtr 378

W Davis 1st 50 mtr. 356

We will be looking forward to next year

Victorian Top Ten 2013

by Neil Stewart

COMPETITIONS INCLUDED IN THIS ISSUE:

Castlemaine ISSF, Outtrim Service & WA1500, Peninsula Black Powder, Vic Titles ISSF, Geelong ISSF

50m Pistol

State Record 555

John Gillman (1976), Bruce Quick (1998)

1	Quick, Bruce	539	Vic Titles Mar
2	Mullens, Gary	529	Castlemaine Feb
3	Gillman, Kristy	525	Vic Titles Mar
4	Bowron, Peter	513	Geelong Feb
5	Hall, Ben	513	Castlemaine Feb
6	Moncrieff, Les	511	Vic Titles Mar
7	Horton, Geoff	501	Castlemaine Feb
8	Grant, Raymond	494	Castlemaine Feb
9	Kennedy, John	494	Vic Titles Mar
10	Ketelaars, Steven	490	Geelong Feb

Rapid Fire

State Record 570

Lucas Finken (2010)

1	Finken, Lucas	561	Geelong Feb
2	Quick, Bruce	560	Vic Titles Mar
3	Kennedy, John	555	Vic Titles Mar
4	Mullens, Gary	540	Castlemaine Feb
5	Eagle, Grant	539	Vic Titles Mar
6	Horton, Geoff	529	Castlemaine Feb
7	McMillan, Ross	528	Castlemaine Feb
8	Telfer, David	520	Castlemaine Feb
9	Edwards, Norm	511	Castlemaine Feb
10	Ketelaars, Steven	511	Geelong Feb

25m Centrefire

State Record 585

Bruce Quick (1996)

1	Mullens, Gary	573	Vic Titles Mar
2	Finken, Lucas	566	Vic Titles Mar
3	Bowron, Peter	562	Geelong Feb
4	Kennedy, John	562	Vic Titles Mar
5	McMillan, Ross	555	Geelong Feb
6	Hall, Ben	552	Castlemaine Feb
7	Horton, Geoff	551	Vic Titles Mar
8	Moncrieff, Les	551	Vic Titles Mar
9	Colvin, David	549	Vic Titles Mar
10	Tomassini, Paul	549	Castlemaine Feb

State Record 580

Bruce Quick (1999)

1	Mullens, Gary	562	Castlemaine Feb
2	Quick, Bruce	562	Vic Titles Mar
3	Ryan, Linda	561	Vic Titles Mar
4	Finken, Lucas	555	Castlemaine Feb
5	Smith, Ern	551	Castlemaine Feb
6	Grant, Raymond	539	Castlemaine Feb
7	McMillan, Ross	536	Geelong Feb
8	Mullens, Chelsea	533	Vic Titles Mar
9	Chng, Aik Pin	532	Vic Titles Mar
10	Kennedy, John	531	Vic Titles Mar

10 Metre Air Pistol Men

State Record 577

B Sandstrom (1999)

1	Quick, Bruce	565	Vic Titles Mar
2	Mullens, Gary	564	Castlemaine Feb
3	Kennedy, John	555	Geelong Feb
4	Sammartino, John	555	Geelong Feb
5	Horton, Geoff	554	Castlemaine Feb
6	Hall, Ben	553	Castlemaine Feb
7	King, Russell	552	Castlemaine Feb
8	McMillan, Ross	552	Castlemaine Feb
9	Moncrieff, Les	550	Vic Titles Mar
10	Edwards, Norm	547	Castlemaine Feb

10 Metre Air Pistol Women

State Record 387

Lalita Yauhlevskaya (2002)

1	Ryan, Linda	379	Vic Titles Mar
2	Gillman, Kristy	373	Castlemaine Feb
3	Galiabovith, Elena	365	Vic Titles Mar
4	Mortimer, Sally	363	Vic Titles Mar
5	Alexander, Ainsley	362	Castlemaine Feb
6	Mullens, Joy	361	Castlemaine Feb
7	Janska, Renata	360	Vic Titles Mar
8	Austin, Marianne	358	Vic Titles Mar
9	Leticq, Lisa	358	Vic Titles Mar
10	Mullens, Chelsea	356	Vic Titles Mar

Standard Pistol

25 Metre Pistol Women**State Record 583****Linda Ryan (2001)**

1	Ryan, Linda	578	Vic Titles Mar
2	Gillman, Kristy	557	Vic Titles Mar
3	Austin, Marianne	556	Vic Titles Mar
4	Galiabovitch, Elena	553	Vic Titles Mar
5	Mullens, Chelsea	552	Vic Titles Mar
6	Mullens, Joy	551	Castlemaine Feb
7	Woodward, Kathryn	550	Castlemaine Feb
8	Janska, Renata	547	Vic Titles Mar
9	Mortimer, Sally	542	Vic Titles Mar
10	Alexander, Ainsley	540	Castlemaine Feb

25 Metre Pistol Junior**State Record 578****Andrew Gonczol (1990)**

1	Dent, Hayden	530	Vic Titles Mar
2	Barling, Brenton	525	Vic Titles Mar
3	Lees, Benjamin	521	Vic Titles Mar
4	Wons, Brody	513	Vic Titles Mar
5	Jenner, Steven	508	Vic Titles Mar
6	Quick, Hannah	479	Vic Titles Mar
7	Sewell, Chloe	472	Castlemaine Feb
8	Savoia, Kailee	465	Castlemaine Feb
9	Gee, Qeren	464	Castlemaine Feb
10	Wisely, Mitchell	448	Vic Titles Mar

10 Metre Air Pistol Junior Men**State Record 571****Daniel Repacholli (2000)**

1	Lees, Benjamin	536	Vic Titles Mar
2	Dent, Hayden	531	Castlemaine Feb
3	Wisely, Mitchell	528	Vic Titles Mar
4	Jenner, Steven	526	Vic Titles Mar
5	Barling, Brenton	524	Vic Titles Mar
6	Wons, Brody	520	Vic Titles Mar
7	Rudd, Nicholas	517	Vic Titles Mar
8	Rourke, David	396	Castlemaine Feb
9			
10			

10 Metre Air Pistol Junior Women**State Record 385****Annemarie Forder (1998)**

1	Sewell, Chloe	341	Vic Titles, Mar
2	Rudd, Rachael	306	Castlemaine Feb
5	Quick, Hannah	304	Vic Titles, Mar
4	Savoia, Kailee	297	Castlemaine Feb

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10**Black Powder 25 Metre****State Record 378****Noel Ryan (1980)**

1	Sammartino, John	378	Peninsula Feb
2	Moncrieff, Les	369	Peninsula Feb
3	Davis, Wayne	365	Peninsula Feb
4	Smith, Ern	362	Peninsula Feb
5	McMillan, Ross	355	Peninsula Feb
6	Prewett, Rex	337	Peninsula Feb
7	Vanetten, Hank	336	Peninsula Feb
8	Calway, Graeme	328	Peninsula Feb
9	O'Meara, Brian	325	Peninsula Feb
10	Healey, Peter	319	Peninsula Feb

Black Powder 50 Metre**State Record 374****Dennis Martin (1998)**

1	Davis, Wayne	356	Peninsula Feb
2	Smith, Ern	355	Peninsula Feb
3	Sammartino, John	348	Peninsula Feb
4	Moncrieff, Les	346	Peninsula Feb
5	Hastie, David	334	Peninsula Feb
6	McMillan, Ross	309	Peninsula Feb
7	Horton, Geoff	296	Peninsula Feb
8	Prewett, Rex	293	Peninsula Feb
9	Healey, Peter	292	Peninsula Feb
10	Vanetten, Hank	283	Peninsula Feb

Service Pistol**State Record 887****Peter Muscat (1991)**

1	Hall, Andrew	862	Outtrim Feb
2	Clark, Les	857	Outtrim Feb
3	Lowe, Greg	857	Outtrim Feb
4	Jensen, Paul	856	Outtrim Feb
5	Rehlicki, Ivan	849	Outtrim Feb
6	Winterhalter, Chris	845	Outtrim Feb
7	Sandman, Brett	845	Outtrim Feb
8	Anastasi, Ercole	834	Outtrim Feb
9	Krevinac, Mike	818	Outtrim Feb
10	Parker, Terry	811	Outtrim Feb

**Service Unrestricted
State Record 886
Peter Muscat (1989)**

1	Hall, Andrew	882	Outtrim Feb
2	Jensen, Paul	881	Outtrim Feb
3	Rehlicki, Ivan	872	Outtrim Feb
4	Lowe, Greg	871	Outtrim Feb
5	Winterhalter	870	Outtrim Feb
6	Scott, Peter	869	Outtrim Feb
7	Clark, Les	865	Outtrim Feb
8	Sandman, Brett	863	Outtrim Feb
9	Parker, Terry	854	Outtrim Feb
10	Anastasi, Ercole	851	Outtrim Feb

**Service 25
State Record 635
Dean Brus (2010)**

1	Hall, Andrew	624	Outtrim Feb
2	Jensen, Paul	615	Outtrim Feb
3	Winterhalter, Chris	615	Outtrim Feb
4	Sandman, Brett	609	Outtrim Feb
5	Ryan, Linda	606	Outtrim Feb
6	Rehlicki, Ivan	600	Outtrim Feb
7	Lewis, Andrew	599	Outtrim Feb
8	Clark, Les	598	Outtrim Feb
9	Delic, Drago	596	Outtrim Feb
10	Olsen, Stuart	596	Outtrim Feb

**WA 1500 Revolver
State Record 1487 92x
Donnal Pollard (2010)**

1	Lowe, Greg	1470.78x	Outtrim Feb
2	Jensen, Paul	1468.78x	Outtrim Feb
3	Winterhalter, Chris	1467.89x	Outtrim Feb
4	Clark, Les	1464.68x	Outtrim Feb
5	Anastasi, Ercole	1453.66x	Outtrim Feb
6	Scott, Peter	1451.60x	Outtrim Feb
7	Parker, Terry	1447.66x	Outtrim Feb
8	Rehlicki, Ivan	1446.72x	Outtrim Feb
9	Sandman, Brett	1442.73x	Outtrim Feb
10	Delic, Drago	1442.56x	Outtrim Feb

**WA 1500 Pistol
State Record 1489 89x
Donnal Pollard (2010)**

1	Jensen, Paul	1464.77x	Outtrim Feb
2	Neal, Luke	1441.41x	Outtrim Feb
3	Lowe, Greg	1440.58x	Outtrim Feb
4	Anastasi, Ercole	1428.45x	Outtrim Feb
5	Clark, Les	1427.29x	Outtrim Feb

6	Parker, Terry	1412.46x	Outtrim Feb
7	Horton, Geoff	1412.44x	Outtrim Feb
8	Miller, Andrew	1405.53x	Outtrim Feb
9	Delic, Drago	1375.43x	Outtrim Feb
10	Gorski, Marek	1354.22x	Outtrim Feb

**International 1920 Match (Open)
State Record 1918/169x
Zeljko Cvetnic 2008**

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**International 1920 Match (Metallic Sight)
State Record 1890/118x
Ivan Rehlicki 2009**

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VAPA 2013 Open Competition Calendar

Month	Date	Competition	Venue
Apr	6-7		
	13-14	ISSF	Ballarat
	20-21		
	27-28	Service	Sale
	26-28	Met Sil Small Bore Titles	Euroa
May	4-5	ISSF	Warrnambool
	11-12		
	18-19	ISSF	Mildura
	18-19	ISSF	M.I.S.C.
	25-26		
June	1-2		
	8-10	ISSF, Service & BP	Mid Murray
	15-16		
	22-23		
	29-30	Black Powder	Castlemaine
Jul	6-7		
	13-14		
	20-21	WA1500 & Service	Mildura
	26-28	Met Sil Big Bore Titles	Euroa
Aug	3-4		
	10-11		
	17-18	<u>Int 1920 State Titles</u>	<u>Mildura</u>
	24-25		
Aug-Sep	31-1		
Sep	7-8		
	14-15		
	21-22	<u>WA1500 & Service 25 State Tiles</u>	<u>Mt District</u>
	28-29		
Oct	5-6	Australian Masters Games	Geelong
	12	Australian Masters Games	Geelong
	12-13	WA1500	Sale
	19-20	<u>Black Powder State Titles</u>	<u>Peninsula</u>
	26-27	ISSF	Yarra
Nov	2-3	ISSF	Yackandandah

Month	Date	Competition	Venue
	9-10	Oakleigh	ISSF
	<u>16-17</u>	<u>Service State Titles</u>	<u>Outtrim</u>
	23-24	Service	Yarra
Nov-Dec	30-1		
Dec	7-8		
	14-15		
	21-22		
	28-29		

VAPA Target Orders

VAPA target orders are now being managed by
Beaconsfield Pistol Club.

E: targets@beaconsfieldpistol.org.au

Fax: 03 9796 2250


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90-gr HBWC	130-gr RN	40 CAL & 10 MM
.32	135-gr BN	155-gr SWC
98-gr HBWC	139-gr BN	155-gr SWC
	140-gr RN	167-gr RN
	100-gr SWC	200-gr-SSC
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VAPA Pistol News is a great way to tell others in our sport about your club & what you are doing. Whether it's a story about something that's happening at your club, one of your members, an article about an Open you've held or just something you think others will be interested in, we'd love to hear from you.

Email your story (and photos) to
The Editor- Victorian Pistol News
at
vicpistolnews@bigpond.com

Some items now available through the Fund Raising Sub-Committee are listed below:

SCOREPADS

VAPA score pads **\$1.50** ISSF shot calling **\$4.40ea** Service match **\$4.40 ea**

COVERS

Blue or Black cover with VAPA badge in gold on the front suit score pads or rule books. **\$6.60ea**

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Rule books for the 3 Service Matches (all in one book) **\$8.80** 2005 edition, Black Powder 2005 edition **\$7.70** and the PA ISSF rule book 2009 edition **\$9.90** Metallic Silhouette all **\$8.80ea.**

2013 ISSF rule book currently unavailable.

BADGES

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Address: (Please Print)					
			Post Code		
For Club Orders Only:		Club Name:			
		Committee Position			

VAPA Common Entry Form

Club		Competition Date	
Entry Closing Date		Entry Fee	

NAME:			
ADDRESS:			
			P/Code
Phone: ()			
E-mail:			
Club:		Licence Number	
Match	Grade	Match	Grade
25 Metre Standard Pistol		25 Metre Pistol Women	
25 Metre Rapid Fire Pistol		10 Metre Air Pistol Women	
50 Metre Pistol		25 Metre Pistol Junior	
25 Metre Centre Fire Pistol		10 Metre Air Pistol Jnr Men	
10 Metre Air Pistol Men		10 Metre Air Pistol Jnr Women	
Service Pistol		Service Unrestricted	
Service 25 Yards		WA1500	
Black Powder 25 Metre		Black Powder 50 Metre	
Black Powder International			
Modern Single Shot		Fixed Sight Revolver	
Adjustable Sight Revolver		Replica Single Shot	
International 1920 Match			
Open		Metallic Sight	
Veteran: Date of Birth		Junior: Date of Birth	

Open Competition Contacts

Club	Events	Contact Person	Phone
Ballarat	Black Powder/ISSF	James Fitzpatrick PO Box 1110 Wendouree Village Vic 3355	03 53399453 (ah) 0421 612476 (bh)
Castlemaine	Black Powder	Wally Dunstan E: waljud@bigpond.com	03 5473 4339
Geelong	ISSF	Margaret Kennedy PO Box 1022 Geelong Vic. 3230 E: gpcinc@dodo.com.au	0433 031 331
Melton	ISSF	The Competition Controller PO Box 43 Melton 3337 E: mailbox@meltonpistolclub.com	9743 7756 Sat., 10am-4pm
Mid Murray	ISSF/Service /Black Powder	Geoff Scougall RSD Swan Hill 3585 E: scougs@hotmail.net.au	03 5037 6420
Mildura	Service/WA 1500	Wayne Davis PO Box 9 Irymple Vic 3498	0417 300 602
MISC	ISSF	The Organising Secretary 120 Todd Road Fishermans Bend Vic 3207 E:comps@melbourneinternational.org.au	9646 3976 Fax 9646 9953
Mt District	Service WA1500	Evan Whelan - Organising Secretary 5 Ashbrook Place Mooroolbark 3138 E: ewhelan@live.com.au	0402 349 878
Oakleigh	ISSF	Ian Ross- Club Captain Po Box 1446, CLAYTON SOUTH, Vic. 3169 E: iross3@bigpond.com	03 9544 2093
Outtrim	WA 1500	Neil Stewart PO Box 2193 Melton Sth Vic 3338 E: nste2369@bigpond.net.au	0417 121 378
Peninsula	Black Powder	Organising Secretary PO Box 3102 Frankston East Vic 3199	03 9783 4064 Fax 97696047
Sale	WA1500 Service Practical	Organising Secretary PO Box 462,Sale. Vic 3853 E: salepistolclub@gmail.com Web: www.salepistolclub.org.au	Terry Parker 0401880502
Warrigul/Drouin		No contact details available at time of publication	
Yackandandah	ISSF	Annette Holden 1204 Indigo Valley Rd, Barnawartha 3688. E: jackholden1@bigpond.com	02 6026 9208 or 0438 291178
Yarra	ISSF	Alan Wattz PO Box 450 Croydon Vic 3136	0418 149231
Yarra	Service & Black Powder	Rodney King PO Box 4072, Knox City Vic 3152 E: rodney.king@nec.com.au	03 92714702 (b) or 0411 091 335

This column will be a standard listing of competition contacts for clubs. For changes, please email the editor at vicpistolnews@bigpond.com by the closing date for publication.

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.177 air pistol
Optimum grip position
Carbon fibre barrel jacket



WALTHER[®]

GSP

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Adjustable trigger with
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Entry level price



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Ambidextrous adjustable grip
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MP-446C 'VIKING' \$895.00 SEMI-AUTO 9MM PISTOL



Developed to suit IPSC requirements, the Baikal MP-446C "VIKING" is the accurised version of the Russian Military Yarygin PYa Pistol and has been included in the official list of IPSC compliant handguns since 2003. The MP-446C "VIKING" combines high reliability typical of Russian small arms with low price and its modern features to make an ideal first pistol for sporting target shooters.

Features:

- Model: MP-46M
- Cal: 4,5 mm/.177
- Barrel: 280 mm
- Weight: 1.3 kg

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