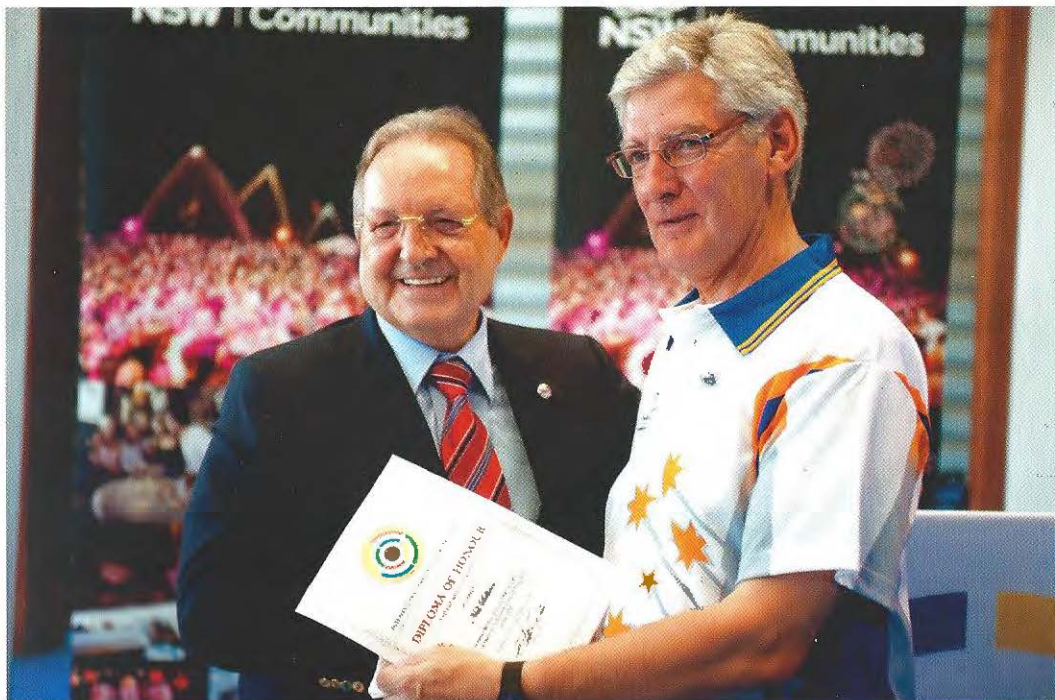




# VICTORIAN PISTOL NEWS

**May 2011**



- **Sydney World Cup**
- **Dina wins Olympic Quota in Changwon**
- **Rimfire & Field Pistol Nationals**

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# Victorian Pistol News

Official publication of the Victorian Amateur Pistol Association (A0030064P)

**Issue Number 93 - May 2011**

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### Editor:

Kim Frazer

Front Cover: Mr Vazquez Rana presented Nick Sullivan, CEO of AISL, with the President's Button

Editorial Copy & Photographs to:

PO Box 347  
Ascot Vale Vic 3032  
Telephone 0409 416128  
E-mail: vicpistolnews@bigpond.com

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VAPA SECRETARIAT  
P O BOX 301  
ALTONA VIC 3018  
PH: (03) 9398 5351 FAX: (03) 9398 5351  
E-MAIL: [vapa@netspace.net.au](mailto:vapa@netspace.net.au)  
Web Site: [www.vapa.org.au](http://www.vapa.org.au)

Change of Address and membership inquiries should be directed to the Secretary.

### NOTICE TO READERS

The contents of this issue have been selected in an attempt to extend knowledge, improve practice and promote communication within the field of pistol shooting for the members of the Association. The Editor may at her discretion reject any contribution, hold it over for later publication, or edit out any unsuitable material. Opinions expressed are those of the original authors and do not necessarily reflect those of the Editor or the Association. Persons acting on any opinion, advice, fact or advertisement published in this issue do so at their own risk.

# Editorial

The recently completed World Cup in Sydney didn't bring any quota places for Australia in the pistol events. Being the first World Cup in which quotas could be achieved for the next Olympics, it was a tough field, so even making a final was tough going - well done to Dina who achieved this in the Air Pistol event and narrowly missed out on a quota. Others didn't shoot up to their aspirations, but hopefully will benefit from the experience and return as stronger contenders next time. The great news is that Dina went on to Changwon and had another solid performance in air pistol to win a second quota place for Australia following on from Lalita's performance in the World Championships last year.

Volunteering is a rewarding way to give something back whether it be to a sport in which you participate or the community in general. Many in our sport are lifelong volunteers and without them our sport couldn't function. It is a fact that most sports, even the more highly professional sports, rely on an army of volunteers to help out as officials, administrators or in other capacities as skills and interests allow one to help. For some a lifelong commitment may not be their cup of tea, but helping out in a role for even one or two years is a contribution that will assist our sport to continue to function. As Sharon Reynolds mentions in her article in this edition, volunteering at a World Cup is a great way to

get involved and also volunteers in this capacity have the added bonus of getting to see the best in our sport compete, but there are other ways to contribute that are equally rewarding.

Since taking over as editor in February 2008 as a relative newcomer to pistol shooting, although not to shooting, I have enjoyed the support of the many contributors who have helped me with articles and photos. In particular I wish to thank the regular columnists Bert Smith, Peter Davis, Tibor Gonczol, Graeme Roberts and Neil Stewart who have provided copy for every edition without fail. Others who have contributed when their areas of interest have generated stories are Sharon Reynolds, Paul Jenner, Geoff Horton, James Moore, Les Parker and Mick Arden. Finally mention must be made of the continuing series of articles covering the rebirth of the Mountain District range which provided a graphic reminder over many months of how much effort went into the rebuilding project.

Other commitments are now pressing on my time and so next edition you will have a new editor - I wish them well and hope they enjoy doing this as much as I have. Thanks for reading and for all the positive comments I received over the past few years.

Happy shooting to all.

Kim

# Management Matters

*By Graeme Roberts, President VAPA*

Time flies, we hope you all had a good break over Christmas and will come back all refreshed for shooting.

Welcome to all the new Members; don't forget while settling in to ask questions of your committee's and Club Captains about how it all runs. That should help you settle in easier.

The Australia Cup 2 was held in Sydney this month and Ladies Dina and Lalita Won Gold and Silver.

Dina won 10 Metre Air Pistol and Lalita came second, in the 25metre Pistol event Lalita won gold and Dina won silver. Congratulations girls.

Congratulations to Jason Maroney who shot the possible 600/600 in Air rifle R5 event and then shot 597/600 for Gold in R4. Well done Jason

Luke Cain shot 597/600 for Air rifle prone for a silver medal and 597/600 in standing for a 4th place. Well done Luke

Alethea Sedgman finished 5th in 50Meter Rifle 3 Position and 6th in 10Metre Air rifle

Scores courtesy of VIS newsletter

Ballarat Pistol Club held the 2011 State Titles Championship over the long week end and very successfully.

With some good scores and according to some competitors some not so good.

Congratulations to all the winners and to the others, well there is always next year to look forward to.

There is not a lot happening and we are waiting for the Pistol Australia Nationals in Adelaide preceding Easter.

While all the preparations take place we hope that the competitors are up for an excellent tournament with the incentive to win the Manton Shield. again.

The executive is currently waiting on a Legal decision concerning Participation for members under the Firearms act. More news later when available.

Finally our Editor Kim Frazer is moving on and we thank Kim for her effort and upgrading the VPN over 3 or 4 years, wishing her well in retirement.

Currently the Executive is negotiating with a new person to fill the position and nothing has been finalized as yet.

GRR

## Victorian Selection Policies

Members interested in being considered for selection to any VAPA State Team are advised that from 2011, the Methods of Selection, policies and procedures, will be published on the VAPA website.

[www.vapa.org.au](http://www.vapa.org.au)

Inquiries regarding selection may be directed to Geoff Horton (Team Manager) at any of the following:

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# Coaching - Developing A Routine

*By Tibor Gonczol*

While it may not be immediately obvious to the casual observer, the fact is that – at competitive level – good physical fitness is one of the basic requirements of the sport. This must be accepted as an undisputed fact.

The emphasis in developing an appropriate level of physical fitness must be on the development of physical and mental endurance, and this cannot be done without improvement of the circulation and lung capacity. (CARDIO VASCULAR fitness - best way to achieve this is by AEROBIC type of exercises such as jogging, running, swimming, skiing, skating, walking, etc.) There are several books available on this subject well worth reading.

The training of the musculature:

a. The establishment and further development of GENERAL FITNESS. Various gymnastic, callisthenic exercises and some complementary sports can achieve this. (Running, walking, skiing, cross country hiking, bicycling, swimming, etc. A number of the best shooters play tennis.) For general gymnastics, one can use any of the better known and accepted exercises, such as the 5BX or the one published in the N.C.C. coach's manual etc.

b. The establishment of SPECIAL FITNESS. The development and maintaining of this specific fitness can be achieved by special exercises to develop those specific groups of muscles used in target shooting. In the case of pistol shooters, this would involve the strengthening of the legs by skipping and jogging, bending exercises to strengthen the muscles of the back and the torso, twisting exercises such as the winding up a string on a stick with a

1 – 2 lb weight attached to the end of the string etc. Exercises with rubber ropes, spring expanders, squatting and weight-lifting exercises, (especially “curlers” with light to medium weights) should be used. Make sure of not overdoing any of these exercises, and try not to do anything, (play sports) that might make it difficult to “lock” the wrist (table tennis, fencing?)

Particular care should be taken in employing these exercises, as it is only too easy to do some damage to yourself by the lack of proper warming up and cooling off, or by overdoing them. Shooting is a sport where AGE is of relatively little importance. In fact the average age of international champions is a lot higher than in most other sports. On the other hand, it should be realised that as a person gets older, the risk of injury increases. So does the necessary amount of work to keep a level of fitness. Physical exercises are useful only if they are done systematically and regularly. A carelessly acquired injury (eg “tennis elbow”) can destroy a carefully planned training system. (Running on the spot, skipping, jogging are particularly hard on the ankles, knees and foot, and therefore should be worked up to very gradually).

Most of the above described exercises will serve the purpose of assisting the development of the “EXTERNAL” techniques required for the sport, by establishing and strengthening the appropriate group of muscles and the most important neuromuscular coordination. These “external” techniques are quite readily observable by the coach and therefore are relatively easy to correct and control.

It is however also necessary to develop

the special "INTERNAL" techniques. While the control and supervision of the external technique by the coach is relatively easy, as external stance, position, holding, grip, etc. are quite easily observable, the "inside" or "internal" techniques, preparation and development is very difficult to observe, even for a very experienced coach. These techniques involve the appropriate looseness of tightness of certain groups of muscles and the proper and appropriate tensing of other groups (muscle tone).

The purpose of this inside preparation is the lessening of any unnecessary efforts and tensions in the body. The coordination of looseness and tenseness of the various groups of muscles is a skill, an ability absolutely necessary for still and steady body position and holding. Learning this skill can take months or even years of training. The shooter, who neglects holding and standing-still exercises a fair amount of DRY FIRING, will probably never achieve this task. While dry firing, one must find those groups of muscles that need to be kept relaxed (such as the right shoulder in the rifle kneeling position, the left arm in prone, or the relaxing of the left arm and shoulder in pistol shooting, etc.) In other words, only those groups of muscles should be used that are necessary for that particular event, and only to the appropriate degree. Furthermore, for maximum efficiency, they should be used – as much as possible – in their most favourable position.

With several months of EFFORT and concentrated training, by learning to control the "inside technique" the shooter will be able to limit his/her body movement to a minimum. It must be remembered – however – that this would not be pos-

sible to achieve without developing a suitable stance and the necessary general and special fitness first. The shooter must fully understand this and the underlying principles, because the observing the "inside technique" is difficult and – most likely – will require the assistance of a very experienced coach, with an active shooting background.

Various exercises, tests, and experimentation are essential parts of this process. These days, the use of video cameras, electronic shooting analysers, high speed photography, the use of force platforms, laser systems, etc. and the assistance of sport scientists, bio mechanists, etc. make the task somewhat easier, and shorten the learning curve. (Hence the lower average age of shooting champions in the last few years.) The knowledge is available, but the shooter still must do the WORK.

c. MUSCLE COORDINATION means the interrelation of those groups of muscles necessary for firing an accurate shot. In some of the pistol and rifle shooting events we need to do both STATIC (stance and holding) and DYNAMIC work. (Lifting the pistol for the first shot, moving from target to target, following a moving target, etc.) The learning and coordination of these elements and skills is a difficulty – cleverly and deliberately designed into these events – that is necessary to master, after the basic elements of both techniques are learned.

d. MUSCLE MEMORY. With appropriate exercises that are carried out with absolute intensity and concentration, the necessary muscles and groups of muscles will become so "educated" that the shooter will be able to take the proper stance, grip and body position automatically and uni-

formly, without any special effort, and/or without becoming tired. A pistol shooter, who is trained to the necessary degree, will be able to lift his/her pistol and it will point to the target without the direction of the eyes. It is this "muscle memory" that leads the pistol from target to target without the direction of the eyes.

It is this "muscle memory" that leads the pistol from target to target in the Rapid Fire, or glides the sights into the correct area of aiming, automatically, without conscious effort. This muscle memory can be best developed by dry firing, and various exercises done with the eyes closed/open variations, whereby the exclusion of the sense of vision forces the central nervous system to seek the information necessary for the task by the feel and senses supplied by the muscles involved in the process. This type of exercise seems to speed up the process of developing the kinetic sense, body awareness and development of the muscle memory. All development of these senses are – of course – necessary for the automatization of these techniques, even though some of the necessary exercises on a regular basis may be boring and take some self discipline.

e. FLEXIBILITY plays a greater role that generally realised and regular flexibility exercises should be included in the physical training program. Flexibility of the neck and shoulder region is especially important for pistol shooters (considering the head position in the usual "stance" and the need for flexibility becomes obvious) and should be included in the warm-up routines.

f. WARMING UP. No physical and/or mental activity should be discussed without

emphasising the importance of this factor. It is more important than most people realise, for the purpose of it is not only to actually "warm up" the muscles and get the blood and oxygen circulation going and stabilised, but also – and perhaps more importantly – to "wake up" and stimulate the central nervous system.

If one is serious about training, proper and appropriate warming up exercises should be planned, regular and natural part of all training sessions and – naturally – every competition. Proper WARMING UP deserves a more important place in the development of the shooter's routine than it usually receives. The sighting shots should not be regarded as "warming up shots" as many shooters call them and by the time the first shot is fired, the shooter should have done all he/she could to have the body and mind ready for the task ahead.

g. PREVENTATIVE ROUTINES. Another factor deserving more attention is the preventative type of activities that must be designed into the training routines of elite shooters. These include sauna, and massage – a particularly useful aid in preventing muscle cramps and cramping and "tightening up" – which is not a desired state to be in at competitions – or at any time for that matter. Some teams are spending a relatively large proportion of their total training time on these training aspects.

h. REST. At the risk of becoming boring, I would like to emphasis that proper ACTIVE REST must be considered an essential component of all training programs and should be regarded as an important part of the training, rather than a "break" in training. As such it must be PLANNED into the long term training program.

# PISTOL AUSTRALIA 2011 RIMFIRE AND

The 2011 National Championships for Metallic Silhouette Rimfire and Field Pistol were held at the beginning of March (4-6th) and were hosted by ACT Pistol Association Inc. Victoria was represented by Mick Arden (Euroa) and Les Parker (MISC) with a contingent of three other Victorians also participating in the competition. Other participating teams were NSW, Queensland, ACT, Tasmania and adding an international flavour to the event, New Caledonia.

Notwithstanding all the bad weather in nearby areas in previous months, the gods smiled on us over the competition weekend and the weather was very good.

Unfortunately, the gods were not smiling on me as I arrived in Canberra still suffering with sore eyes – the result of an allergic reaction a week before. So, with blurred vision and unable to focus clearly on the targets, it was a difficult weekend for me. Thankfully, Mick held up his end very well with an excellent performance and ended twelfth overall in the rimfire aggregate and in the top 10 performers in Production and Unlimited.

The NSW team won the 100m four match aggregate rimfire competition with a score of 291. They were followed by Tasmania (285), ACT (276), Queensland (273), Victoria (236) and bringing up the rear, New Caledonia (211).

It was a completely different story in the Field Pistol competition with the two match aggregate winners being New Caledonia (123) after a tight finish and having to shoot off for first place. ACT were

second (also with 123), then came NSW (122), Queensland (115), Victoria (100) and finally, Tasmania (94).

As the scores indicate, the competition standards were very high. There were nine 40's shot over the weekend, with Kim Emery (ACT) and Bruce Dunbar (Bowleral) shooting two 40's each. Kim Emery was top gun in Rimfire with an individual score of 148 out of 160.

But before you think it was all very serious and formal, there was one shooter who managed to shoot with special distinction. While aiming for what he thought was a turkey, he managed to shoot a hole through the paint bucket between the fifth turkey and the next banks sighting target. This direct hit was noted at presentation time for its special unique qualities and the shooter gained much applause from his fellow competitors.

It probably isn't fair to identify him, but he was one of the Victorian contingent. Before you jump to conclusions, bad eyes or not, it wasn't me.

It's always good to go to Canberra to shoot. The range is well set up and as hosts, the ACT club manage the competition very well. They also organised a great night at the German Club for all to attend and the evening was enjoyed by all. Socialising with the other competitors is always a highlight of the weekend and it's good for everyone to get to know each other better in a relaxed environment while enjoying good food.

# FIELD PISTOL NATIONALS – A VICTORIAN TALE

by Les Parker



Mick Arden shooting the standing match with Les Parker spotting for him at the Nationals

The governing body for the Modern Pentathlon has been keen to innovate the competition to ensure greater appeal to television audiences. In the last four years, the introduction of a combined run/shoot to conclude the five event series (swim/horse-riding/fencing) with the first past the line being the winner, has made the sport more visually appealing. Now Modern Pentathlon has been promoting the introduction of a laser gun in an endeavour to further enhance the sport's appeal. There is probably a good argument for the sport having the opportunity to host major events like World Championships & World Cups in more diverse venues, but for most events this is cost prohibitive and the use of existing venues, shared with other dedicated users, is necessary for the sport to be viable in most countries.

As I write this in mid-February 2011, media web outlets reported plans to replace air pistols with laser guns for the Modern Pentathlon competition, at the Olympics in London 2012, were recently narrowly vetoed, by the Union International de Pentathlon Moderne (UIPM), the governing body for the pentathlon. This decision was welcomed by British officials ahead of their Olympics. Note that the push for laser guns to be used in the Modern Pentathlon competition is/was coming from UIPM and not from the ISSF (International Shooting Sport Federation).

What do the advocates of laser guns see as their benefits? "First of all, it will be cheaper to have laser guns in place of air pistols. In fact, it will reduce the cost of holding the event by two-thirds. Secondly, it will mean much greater safety, and

thereby facilitate the holding the event at new venues. ...the world governing body announced the decision and said that the competition could now be held in shopping malls and parks... the new technology would allow all countries to participate in the modern pentathlon. Earlier, there was a restriction on who could participate, as there were unanswered concerns about safety. Those concerns would no longer be valid, once laser guns replaced the traditional air pistols." <http://tinyurl.com/4mrze3w> I will leave you to decide if you agree with all of these perceived benefits.

Laser light adapters are planned or in production for all of the major air pistols currently on the market and for future models. I hope that the movement to use laser guns in the Modern Pentathlon competition does not extend to others such as ISSF. You are entitled to disagree.

#### WEB LINKS:

London 2012 Olympics: laser guns dropped as modern pentathlon rules for air pistol: <http://tinyurl.com/4n32nt4>

Laser pistol for modern pentathlon: <http://tinyurl.com/6h875gt>

More information on the construction, use and cost of these guns is available at: <http://tinyurl.com/4vj5c6b>

UIPM Executive Committee decides for "IQ-shooting": <http://tinyurl.com/47k99kj>

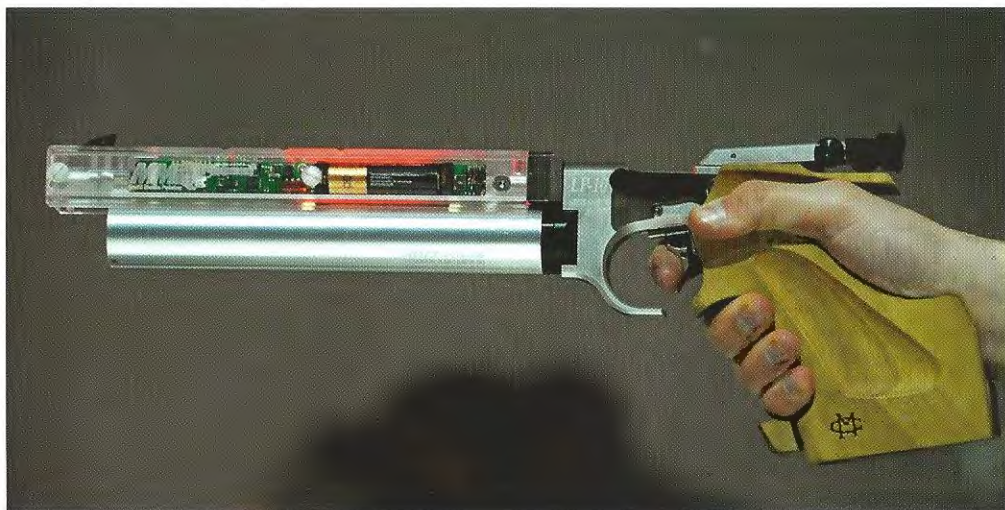
- Laser Shooting: Please go to <http://www.pentathlon.org/> select Pentathlon TV and scroll down until you find the Laser Shooting video.

# Ion Moving to Laser Air Pistols

By Bert Smith

The picture below shows a Steyr LP10 modified to “shoot” laser light, rather than conventional air pistol pellets (<http://tinyurl.com/4p2xcjq>). Laser guns, such as this, are engineered to recoil and make a sound like a traditional pellet pistol. The original air barrel has been replaced by a laser system. Note the visible AA dry cell. They look and feel much like their more

conventional counterparts. They have the same shape and weight, and an air pressure cylinder that replicates recoil upon “firing”. The light beam hits the target with a diameter of 4.5mm - the same size as a pellet. Note the cylinder below the barrel. Ask yourself if this laser gun still meets your definition of a “gun” or “pistol”.



## BERT SMITH'S WEB GEMS YOU MAY HAVE MISSED

1. Competition nerves: <http://tinyurl.com/4uo8j3w>
2. Cleaning pistols: <http://tinyurl.com/4djwk2u>
3. Can I wear headphones at a match? <http://tinyurl.com/4budyxt>
4. Home trainers: <http://tinyurl.com/4leaf3>
5. Dumb question but pronunciation? <http://tinyurl.com/49rdmcy>
6. Oil in .22 cartridges: <http://tinyurl.com/4dyyzd6>
7. International 1920 Match: This link is a Google safe search and gives a wealth of information. <http://tinyurl.com/4bjgdfa>

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# World Cup Capers

*By Sharon Reynolds*

Q. What is it?

There are four held, around the world, each year,

This year the first one was held in Sydney.

years ahead – hotels, catering, transport, volunteers, armoury, customs and police liaison, venue preparation, are only some of the issues that arise.

We were honoured to have the ISSF president Mr Oligario Vasquez Rana, ISSF vice-



25M Sport Pistol Match - Sydney 2011 World Cup

A. An ISSF World Cup!

The 2011 ISSF World Cup “season” began in Sydney with a competition for rifle, pistol and shotgun. As this was the first opportunity to win quota places for London the entry was the largest yet seen in Sydney - 71 national federations from 68 countries, 700 plus competitors and more than 1100 starts. The organization that goes into such an event starts about two

president Mr Gary Anderson and ISSF Secretary General Mr Franz Schreiber in attendance for a week of the competition. One of the biggest surprises of the week came at the opening ceremony when Mr Vazquez Rana presented Nick Sullivan, CEO of AISL, with the President’s Button. This is an honour bestowed personally by Mr Vasquez Rana and shows how highly Nick, and by association Australian shooting, is valued. I think that is the first time

I have seen Nick stunned and speechless! It was a little daunting to have a sea of red jury jackets at the technical meeting – although many of the jury members were there at their own expense in order to get experience. However, with such a large entry the jury were kept occupied. This time I was there as a volunteer – doing everything from preparing accreditation passes to escorting rifle shooters for spot checks and finally acting as a range officer on the 25m range.

This year the ISSF are getting tough on clothing – while this is mainly applicable to rifle they were spot checking all disciplines for body taping!! There were a number of comments about underwire bras etc! Well, before you laugh too much I regret to say the first disqualification of the competition was for shoulder strapping and was an Australian rifle shooter. All shooting shoes were also flex-tested this year - although at this stage only for the purpose of research. There were no penalties issued but there were a lot of

shoes that did not pass! Rumour has it that shooting trousers (for rifle shooters) are next on the hit list!

SISC is one of only two Olympic ranges in operation, the other one being Beijing. Since London will be a temporary facility that situation is unlikely to change in the foreseeable future. Hosting a World Cup shows our commitment to our sport – and also shows that the ISSF is committed to supporting us as well. The management of SISC, headed up by Robyn Ginger, do an excellent job keeping the venue operational. They are to be commended for the way they are able to prepare SISC for events such as a World Cup – the equipment is aging now and was not designed for the constant use it gets, but without that constant use the venue would not exist.

Prior to this World Cup the finals hall at SISC had to undergo some major works to ensure we could run the new rapid fire pistol finals. With all new equipment, and an imported CRO from Germany, all went

well. It is a little strange to see two shooters lining up on the same set of targets, and even stranger to hear the shots called as hits and misses only, but it actually works quite well and is quite exciting as the shooters drop out one by one. It is obviously not as easy as it looks as very rarely did any of the finalists manage 5 hits.

Volunteers were a little short on the ground



Lucas Finken contesting Men's Rapid Fire



Men's Air Competition - Sydney 2011 World Cup

this year but everyone, as usual, pulled together and made everything look easy. The compliments paid to the Organizing Committee by many of the team managers are a reflection of the hard work and dedication from the organizing committee, the volunteers and the management

team at SISC.

I would encourage everyone to try and attend one of these events as a volunteer – we have applied for 2013 and 2015 – it is a great way to make friends and to see some really top shooting.



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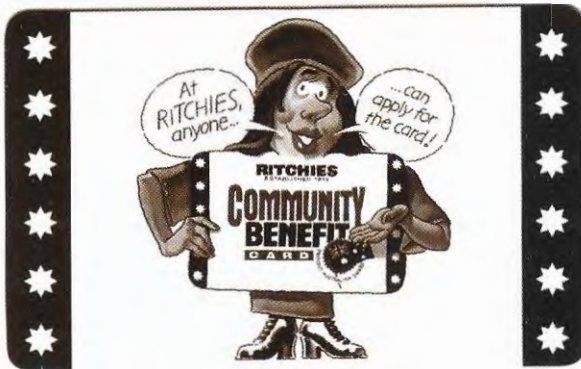
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# Sydney World Cup Pistol Results - all events

Name	Score	Placing	Name	Score	Placing
Men 50M Pistol			25M Pistol (Sport) Women		
Alfio Casagrande	540	41	Hayley Chapman	572	30*
Chris Roberts	530	47	Dina Aspandiyarova	570	31
David Moore	520	49	Lalita Yauhleuskaya	570	34
25M Pistol (Rapid) Men			Kayla Thompson	542	(MQS only)
David Chapman	558	34	Emily Esposito	542	(MQS only)
Lucas Finken	558	35	Air Pistol Women		
Air Pistol Men			Dina Aspandiyarova	480.8	5
Daniel Repacholi	576	22	Lalita Yauhleuskaya	380	16
Chris Roberts	549	62	Emily Esposito	362	62
David Moore	559	56	Hayley Chapman	369	(MQS only)
Alfio Casagrande	547	(MQS only)	Kayla Thompson	350	(MQS only)

\* Hayley Chapman set a new Oceania Junior record for 25M pistol with her score of 572

## Ritchies Supermarkets are now supporting VAPA!



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# Dina wins Olympic Quota in Changwon



Dina Aspandiyarova (VIC) has survived a tense final of the women's 10m air pistol to win a quota place for Australia for the 2012 London Olympic Games.

Competing at the ISSF World Cup in the Korean city of Changwon, Aspandiyarova qualified for the final in fifth place with a score of 385, before finishing in seventh place overall with a score of 480.2.

Four athletes, who had already won quota places for the 2012 London Olympic Games, finished in the top six which left Aspandiyarova with the third and final quota place on offer.

It continues the 34-year-old's excellent run of form after she finished fifth in the final of the previous World Cup event in Sydney last month.

Aspandiyarova said she was relieved to get the quota place.

"It was not my best final today and I am really disappointed with that, but to win the quota for Australia is fantastic," Aspandiyarova said.

"I have made the last two finals now and while I am happy with that, I need to go away and work on my shooting in finals.

"I am looking forward to the next World Cup now and really want to get on the medal dais."

Fellow Australian's Lalita Yauhleuskaya (VIC) and 2010 Youth Olympic Games representative Emily Esposito (NSW) finished 26th and 45th with scores of 380 and 375.

Australia has now won two quota places for the women's 10m air pistol for London next year, after

47-year-old Yauhleuskaya (VIC) won a silver medal at the 2010 ISSF World Championships in Munich last year.

Although Aspandiyarova and Yauhleuskaya have not qualified for the 2012 London Olympic Games by winning the quota places, they are currently ranked number one and two in Australia.

Australian International Shooting Limited will nominate its team to the Australian Olympic Committee early next year, with selections based on recent performances and national ranking.

Aspandiyarova has previously competed at two Olympic Games, with her best result a sixth-place finish in the final of the women's 10m air pistol at the 2000 Sydney Olympic Games, when she was still competing for her former country Kazakhstan.

Aspandiyarova received her Australian citizenship in 2005 and competed at the 2008 Beijing Olympic Games in both the women's 10m air pistol and women's sport pistol.

Story Courtesy AISL website

# Judge's Corner

*By Peter Davis, National A Judge*

In this issue of the Judges corner I am going to address a couple of items that came out of the State Championships this year.

The first issue is 'when can you fire a pellet into the ground or the backstop in Air Pistol without penalty 'and who can authorize this.

There is only one reason that a shooter will be authorized to fire a pellet into the ground or backstop and that is if the shooter believes they have loaded 2 pellets into the pistol. Then only under direct supervision of the Range Officer. Rules 6.11.4.2.1 and 6.11.4.2.2 cover this and can be found on page 241 of the 2009 printing.

a target thus missing that target and finishes up with 2 shots on the next target. In the Rapid Fire event the match calls for one shot per target. The shooter fires 5 shots in a given time sequence and has 5 targets presented to them. If a shooter has a shot on the first 3 targets (10, 10, 9) no shot on the fourth and 2 shots on the fifth target (9, 7) the first 3 targets are scored as 10, 10, 9 the fourth target is scored as 0 and the fifth target is scored as 7. Rule 8.6.6.1.1.1 states "that the higher valued shot is disregarded.

And finally out of the World Cup held in Sydney. The world champion in the 25m pistol women event suffered a non allowable malfunction in one series of

the final. The malfunction occurred on the second shot of the series and was deemed to be non allowable. This meant that the score recorded for that series was one shot plus 4 zero's. With a loss of 4 shots she finished in 8th place. It goes to show that malfunctions can happen to anyone and if deemed to be

non allowable can be very expensive.



Peter (right) with Rod Johnson at the Sydney 2011 World Cup

The second issue I wish to discuss is in Rapid Fire when a shooter travels over

# Victorian Top Ten - 2011

Compiled by Neil Stewart

## COMPETITIONS INCLUDED IN THIS ISSUE:

Castlemaine ISSF, Outtrim WA1500 & Service, Geelong ISSF, Peninsula Black Powder, Springvale Int 1920, Melton Service WA1500, ISSF Vic Titles, Echuca Int 1920, Sale Service

### 50m Pistol

State Record 555

John Gillman (1976), Bruce Quick (1998)

1	Roberts Chris	540	Castlemaine Jan
2	Mullens Gary	533	Castlemaine Jan
3	Moncrieff Les	529	Vic Titles Mar
4	Bowron Peter	517	Castlemaine Jan
5	Kennedy John	517	Geelong Feb
6	D'Elton Mark	514	Geelong Feb
7	McMillan Ross	507	Castlemaine Jan
8	Chng Aik Pin	504	Castlemaine Jan
9	Edwards Norm	502	Vic Titles Mar
10	Rowan Dave	502	Geelong Feb

### Standard Pistol

State Record 580

Bruce Quick (1999)

1	Mullens Gary	569	Vic Titles Mar
2	Ryan Linda	560	Vic Titles Mar
3	Roberts Chris	554	Castlemaine Jan
4	Grant Raymond	544	Vic Titles Mar
5	Smith Ern	540	Vic Titles Mar
6	Horton Geoff	531	Geelong Feb
7	Kennedy John	530	Vic Titles Mar
8	King Russell	530	Geelong Feb
9	Chng Aik Pin	528	Vic Titles Mar
10	Tomassini Paul	528	Castlemaine Jan

### Rapid Fire

State Record 570

Lucas Finken (2010)

1	Finken Lucas	555	Castlemaine Jan
2	Mullens Gary	554	Vic Titles Mar
3	Kennedy John	536	Vic Titles Mar
4	Telfer David	533	Castlemaine Jan
5	McMillan Ross	532	Geelong Feb
6	Edwards Norm	527	Vic Titles Mar
7	Tomassini Paul	523	Castlemaine Jan
8	Tretiakov Mikhail	519	Castlemaine Jan
9	Koreny Danny	518	Castlemaine Jan
10	Moncrieff Les	505	Vic Titles Mar

### 10 Metre Air Pistol Men

State Record 577

B Sandstrom (1999)

1	Edwards Norm	566	Castlemaine Jan
2	Roberts Chris	564	Castlemaine Jan
3	Janski Janek	559	Vic Titles Mar
4	Mullens Gary	558	Castlemaine Jan
5	Tretiakov Mikhail	557	Vic Titles Mar
6	McMillan Ross	554	Geelong Feb
7	Chng Aik Pin	553	Castlemaine Jan
8	Moncrieff Les	553	Vic Titles Mar
9	Telfer David	549	Castlemaine Jan
10	D'Elton Mark	546	Geelong Feb

### 25m Centrefire

State Record 585

Bruce Quick (1996)

1	Roberts Chris	576	Castlemaine Jan
2	Bowron Peter	570	Vic Titles Mar
3	Mullens Gary	567	Vic Titles Mar
4	Finken Lucas	566	Castlemaine Jan
5	Horton Geoff	562	Geelong Feb
6	Kennedy John	558	Geelong Feb
7	Faunt Stephen	549	Geelong Feb
8	McMillan Ross	549	Geelong Feb
9	D'Elton Mark	537	Castlemaine Jan
10	Tretiakov Mikhail	534	Castlemaine Jan

### 10 Metre Air Pistol Women


State Record 387

Lalita Yauhlevskaya (2002)

1	Ryan Linda	380	Vic Titles Mar
2	Bryant Charlotte	373	Vic Titles Mar
3	Janska Renata	370	Castlemaine Jan
4	Galiabovitch Elena	368	Vic Titles Mar
5	Wilson Marlo	366	Castlemaine Jan
6	Crouch Emma	365	Vic Titles Mar
7	Charlton Irene	364	Castlemaine Jan
8	Gobbett Irene	363	Vic Titles Mar
9	McMorrin Irene	363	Castlemaine Jan
10	Austin Marianne	362	Vic Titles Mar

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128-gr HBWC	90-gr DE	140-gr RN	
115-gr HBWC	95-gr CN	<b>40 CAL &amp; 10 MM</b>	
90-gr HBWC	130-gr RN	155-gr SWC	
<b>.32</b>	135-gr BN	155-gr SWC	
98-gr HBWC	140-gr RN	167-gr RN	
	150-gr SWC	200-gr SWC	
	158-gr SWC	<b>.44</b>	
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## Stories & Photos Wanted

VAPA Pistol News is a great way to tell others in our sport about your club & what you are doing. Whether it's a story about something that's happening at your club, one of your members, an article about an Open you've held or just something you think others will be interested in, we'd love to hear from you.

Email your story (and photos) to  
 The Editor- Victorian Pistol News at  
[vicpistolnews@bigpond.com](mailto:vicpistolnews@bigpond.com)

## 25 Metre Pistol Women

State Record 583

Linda Ryan (2001)

1	Galiabovitch Elena	571	Vic Titles Mar
2	Ryan Linda	568	Vic Titles Mar
3	Austin Marianne	561	Vic Titles Mar
4	Phipps Yvette	540	Castlemaine Jan
5	Mullens Chelsea	539	Castlemaine Jan
6	Charlton Irene	538	Castlemaine Jan
7	Janska Renata	538	Vic Titles Mar
8	McMorrin Irene	538	Vic Titles Mar
9	Woodward Kathryn	534	Castlemaine Jan
10	Girdlestone Brenda	526	Vic Titles Mar

## 10 Metre Air Pistol Junior Women

State Record 385

Annemarie Forder (1998)

1	Wilson Marlo	355	Vic Titles Mar
2	Payne Alison	331	Castlemaine Jan
5	Savoia Kailee	251	Castlemaine Jan
4			
5			
6			
7			
8			
9			
10			

## 25 Metre Pistol Junior

State Record 578

Andrew Gonczol (1990)

1	Janski, Janek	527	Vic Titles Mar
2	Jenner Steven	508	Vic Titles Mar
3	Wilson Marlo	496	Castlemaine Jan
4	Payne Alison	491	Castlemaine Jan
5	Wons Brodie	431	Geelong Feb
6	Gee Qeren	421	Castlemaine Jan
7			
8			
9			
10			

## Black Powder 25 Metre

State Record 378

Noel Ryan (1980)

1	Sammartino, John	366	Peninsula Feb
2	Smith Ern	360	Peninsula Feb
3	Dunbar Stuart	358	Peninsula Feb
4	Moncrieff Les	357	Peninsula Feb
5	Davis Wayne	355	Peninsula Feb
6	McMillan Ross	340	Peninsula Feb
7	Vanetten Hank	328	Peninsula Feb
8	Horton Geoff	316	Peninsula Feb
9	Healy Peter	315	Peninsula Feb
10	Roadnight Steve	312	Peninsula Feb

## 10 Metre Air Pistol Junior Men

State Record 571

Daniel Repacholi (2000)

1	Janski Janek	561	Geelong Feb
2	Jenner Steven	531	Vic Titles Mar
3	Lees Ben	511	Geelong Feb
4	Wons Brodie	489	Vic Titles Mar
5	Mee Callum	364	Geelong Feb
6	Rourke David	297	Vic Titles Mar
7			
8			
9			
10			

## Black Powder 50 Metre

State Record 374

Dennis Martin (1998)

1	Davis Wayne	352	Peninsula Feb
2	Sammartino John	352	Peninsula Feb
3	Hastie David	349	Peninsula Feb
4	Smith Ern	347	Peninsula Feb
5	Moncrieff Les	340	Peninsula Feb
6	Dunbar Stuart	321	Peninsula Feb
7	Horton Geoff	321	Peninsula Feb
8	McMillan Ross	298	Peninsula Feb
9	Lavazanian Artin	297	Peninsula Feb
10	Pnngiaro Brendan	259	Peninsula Feb

*continued*

### Service Pistol

State Record 887

Peter Muscat (1991)

1	Rehlicki Ivan	869	Melton Mar
2	Hall Andrew	861	Sale Apr
3	Clark Les	846	Melton Mar
4	Lowe Greg	844	Melton Mar
5	Sandman Brett	839	Sale Apr
6	Doherty Joe	830	Sale Apr
7	Krcevinac Michael	819	Sale Apr
8	Parker Terry	818	Sale Apr
9	Anastasi Ercole	813	Melton Mar
10	Cilia Noel	812	Melton Mar

### Service Unrestricted

State Record 886

Peter Muscat (1989)

1	Hall Andrew	888	Sale Apr
2	Winterhalter Chris	881	Outtrim Feb
3	Motton Ralph	880	Sale Apr
4	Clark Les	878	Outtrim Feb
5	Jensen Paul	878	Outtrim Feb
6	Sandman Brett	877	Outtrim Feb
7	Parker Terry	871	Sale Apr
8	Wilkinson Chris	869	Melton Mar
9	Anastasi Ercol	868	Outtrim Feb
10	Olsen Stuart	861	Outtrim Feb

### Service 25

State Record 635

Dean Brus (2010)

1	Hall Andrew	630	Sale Apr
2	Lowe Greg	630	Melton Mar
3	Rehlicki Ivan	629	Sale Apr
4	Clark Les	620	Melton Mar
5	Doherty Joe	619	Sale Apr
6	Scott Peter	615	Melton Mar
7	Sandman Brett	612	Sale Apr
8	Wilkinson Chris	612	Melton Mar
9	Motton Ralph	611	Outtrim Feb
10	Winterhalter Chris	610	Outtrim Feb

### WA 1500 Revolver

State Record 1487 92x

Donnal Pollard (2010)

1	Clark Les	1476	Melton Mar
2	Motton Ralph	1470	Outtrim Feb

3	Sandman Brett	1469	Outtrim Feb
4	Jensen Paul	1468	Outtrim Feb
5	Winterhalter Chris	1468	Outtrim Feb
6	Lowe Greg	1465	Melton Mar
7	Wilkinson Chris	1460	Outtrim Feb
8	Rehlicki Ivan	1457	Melton Mar
9	Anastasi Ercole	1455	Melton Mar
10	Scott Peter	1455	Melton Mar

### WA 1500 Pistol

State Record 1489 89X

Donnal Pollard (2010)

1	Motton Ralph	1465	Outtrim Feb
2	Anastasi Ercol	1442	Melton Mar
3	Lowe Greg	1386	Melton Mar
4	McKean Malcolm	1362	Melton Mar
5	Cilia Noel	1326	Melton Mar
6	Wilkinson Chris	1323	Outtrim Feb
7	Barker Peter	897	Melton Mar
8			
9			
10			

### International 1920 Match (Open)

State Record 1918/169x

Zeljko Cvetnic 2008

1	Rehlicki Ivan	1916.169x	Springvale Mar
2	Cvetnic Zeljko	1914.166x	Springvale Feb
3	Bannister Roy	1914.155x	Echuca Apr
4	Clark Les	1912.165x	Springvale Mar
5	Siebert Richard	1912.149x	Echuca Apr
6	Kerner Charles	1908.162x	Springvale Feb
7	Moncrieff Les	1905.139x	Echuca Apr
8	Tretiakov Mikhail	1904.141x	Echuca Apr
9	Dajczer Henry	1896.143x	Springvale Feb
10	Whitehead Tom	1891.138x	Springvale Feb

### International 1920 Match (Metallic Sight)

State Record 1890/118x

Ivan Rehlicki 2009

1	Rehlicki Ivan	1896.135x	Echuca Apr
2	Cvetnic Zeljko	1881.130x	Springvale Mar
3	Tretiakov Mikhail	1817.092x	Echuca Apr
4	Clark Les	1795.109x	Echuca Apr
5	Siebert Richard	1790.101x	Echuca Apr
6	Bannister Roy	1788.094x	Echuca Apr
7	Renzow Peter	1612.069x	Echuca Apr
8	O'Malley David	1511.056x	Echuca Apr
9	Renzow David	1426.049x	Echuca Apr
10	Woods Les	1375.047x	Echuca Apr

# VAPA Fund Raising Sub-Committee

Some items now available through the Fund Raising Sub-Committee are listed below:

## SCOREPADS

VAPA score pads **\$1.50** ISSF shot calling **\$4.40ea** Service match **\$4.40 ea**

## COVERS

Blue or Black cover with VAPA badge in gold on the front suit score pads or rule books. **\$6.60ea**

## RULE BOOKS

Rule books for the 3 Service Matches (all in one book) 2005 edition, Black Powder 2005 edition and the PA ISSF rule book 2009 edition Metallic Silhouette all **\$7.70ea**. Also Full ISSF rule book **\$39ea**.

## BADGES

VAPA Red metal Badge, VAPA Blue metal Badge, VAPA Blue cloth Badge all **\$4.40ea**. VAPA Red cloth Badge **\$3.30ea**. VAPA Blue iron on Badge **\$3.30ea**.

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Gauge with magnifier in 45 only **\$5.50ea**. Brass ISSF gauges in .177 to .38 **\$9ea**  
NRC overlays for ISSF, Black Powder, Service match and 1920 **\$5.50ea**. Air pistol **\$3.30ea**  
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## VAPA CAPS

Soft cloth cap with navy blue side panels and pale blue centrepiece. Navy blue VAPA badge printed on front of centrepiece. Medium peak with plastic insert so cap is fully washable. Sizes: Small, Medium and Large. **\$4.40ea**

## BOOK \$21.00 each

Guide to Pistol Marksmanship - An easy to read guide to Pistol Shooting from the Basics up, which should benefit both beginners and experienced shooters.

### VAPA Fund Raising Sub-Committee Order Form

Send to Peter Davis 409 Bay Rd, Cheltenham Vic 3192

Item:	Qty	Colour	Size	Price per Item	Total
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Address: (Please Print)					
			Post Code		
For Club Orders Only:		Club Name:			
		Committee Position			

# VAPA Common Entry Form

Club		Competition Date	
Entry Closing Date		Entry Fee	

NAME:			
ADDRESS:			
		P/Code	
Phone: ( )			
E-mail:			
Club:		Licence Number	
<b>Match</b>	<b>Grade</b>	<b>Match</b>	<b>Grade</b>
25 Metre Standard Pistol		25 Metre Pistol Women	
25 Metre Rapid Fire Pistol		10 Metre Air Pistol Women	
50 Metre Pistol		25 Metre Pistol Junior	
25 Metre Centre Fire Pistol		10 Metre Air Pistol Jnr Men	
10 Metre Air Pistol Men		10 Metre Air Pistol Jnr Women	
Service Pistol		Service Unrestricted	
Service 25 Yards		WA1500	
Black Powder 25 Metre		Black Powder 50 Metre	
<b>Black Powder International</b>			
Modern Single Shot		Fixed Sight Revolver	
Adjustable Sight Revolver		Replica Single Shot	
<b>International 1920 Match</b>			
Open		Metallic Sight	
Veteran: Date of Birth		Junior: Date of Birth	

# Open Competition Contacts

Club	Events	Contact Person	Phone
Ballarat	Black Powder/ISSF	James Fitzpatrick PO Box 1110 Wendouree Village Vic 3355	03 53399453 (ah) 0421 612476 (bh)
Castlemaine	Black Powder	Wally Dunstan E: waljud@bigpond.com	03 5473 4339
Geelong	ISSF	Diane Tylinski PO Box 1022 Geelong Vic 3220	03 5248 0971 before 8.30pm
Melton	ISSF	Spiro Abela 6 Milburn Cct Caroline Springs 3023 E: spiro@abela.com.au	9390 0919 or 0417 035841
Mid Murray	ISSF/Service/Black Powder	Geoff Scougall RSD Swan Hill 3585 E: scougs@hotmail.net.au	03 5037 6420
Mildura	Service/WA 1500	Wayne Davis PO Box 9 Irymple Vic 3498	0417 300602
MISC	ISSF	The Organising Secretary 120 Todd Road Fishermans Bend Vic 3207 E:comps@melbourneinternational.org.au	9646 3976 Fax 9646 9953
Mt District	Service WA1500	Evan Whelan - Organising Secretary 5 Ashbrook Place Mooroolbark 3138 E: ewhelan@live.com.au	0402 349 878
Oakleigh	ISSF	Ian Ross - Club Captain PO Box 1446, CLAYTON SOUTH, Vic 3169 Email: iross3@bigpond.com	03 95442093
Outtrim	WA 1500	Neil Stewart PO Box 2193 Melton Sth Vic 3338 E: nste2369@bigpond.net.au	0417 121 378
Peninsula	Black Powder	Organising Secretary PO Box 3102 Frankston East Vic 3199	03 9783 4064 Fax 97696047
Sale	WA1500 Service Practical	Organising Secretary, PO Box 462, Sale. Vic 3853 E: salepistolclub@gmail.com <a href="http://www.salepistolclub.org.au">www.salepistolclub.org.au</a>	0401 880502 or 03 5146 8356 (weekends only)
Warrigul/Drouin		No contact details available at time of publication	
Yackandandah	ISSF	Annette Holden 1204 Indigo Valley Rd, Barnawartha 3688. E: jack.holden@ozemail.com.au	02 6026 9208 or 0438 291178
Yarra	ISSF	Alan Wattz PO Box 450 Croydon Vic 3136	0418 149231
Yarra	Service & Black Powder	Rodney King PO Box 4072, Knox City Vic 3152 E: rodney.king@nec.com.au	03 92714702 (b) or 0411 091 335

*This column will be a standard listing of competition contacts for clubs. For changes, please email the editor at [vicpistolnews@bigpond.com](mailto:vicpistolnews@bigpond.com) by the closing date for publication.*

# Open Competition Calendar

Month	Date	Competition	Venue
2011			
May	21-22	ISSF	M.I.S.C
	21-22	ISSF	Mildura
Jun	11-13	ISSF, Service & Black Powder	Mid Murray
Jul	2-3	Black Powder	Castlemaine
	22-24	Met Silhouette Big Bore State Titles	Eagle Park
	23-24	Service & WA1500	Mildura
	30	Centre Fire/Sport/Air	Bendigo
Aug	13-14	International 1920 State Titles	Mildura
	20-21	Mildura Masters Games	Mildura
	27-28	Mildura Masters Games	Mildura
Sep	10-11	ISSF	Shepparton
	17-18	WA 1500 & Service 25 State Titles	Outtrim
Oct	1-2	Service	Yarra
	15-16	Black Powder State Titles	Ballarat
	31 - Nov 6	International 1920 Nationals	Whiteman Park WA
Nov	19-20	Service State Titles	Mt District
	26-27	ISSF	Yarra

Program details & entry forms available at [www.vapa.org.au/open\\_calender.htm](http://www.vapa.org.au/open_calender.htm)

\* Australia Cup details can be found at: [www.ausshooting.org](http://www.ausshooting.org)

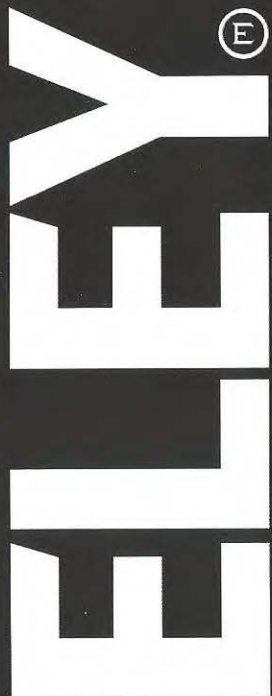
Check out the action and results on international events at [www.issf-sports.org](http://www.issf-sports.org) and click on results.

## VAPA Target Orders

VAPA target orders are now being managed by  
Beaconsfield Pistol Club.

E: [targets@beaconsfieldpistol.org.au](mailto:targets@beaconsfieldpistol.org.au)

Fax: 03 9796 2250



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