



VICTORIAN PISTOL NEWS

October 2010

50th ISSF World Shooting Championships Inch 10



- **Girls win Team Gold in Air at World Champs**
- **Club Developments at Mountain District, Oakleigh & Melbourne International**
- **Postal Finals**
- **2010 Junior Tri-State**

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Victorian Pistol News

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Change of Address and membership inquiries
should be directed to the Secretary.

Front Cover: Dina Aspandiyarova, Lalita
Yauhleuskaya & Linda Ryan on the podium in
Munich

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NOTICE TO READERS

The contents of this issue have been selected in an attempt to extend knowledge, improve practice and promote communication within the field of pistol shooting for the members of the Association. The Editor may at her discretion reject any contribution, hold it over for later publication, or edit out any unsuitable material. Opinions expressed are those of the original authors and do not necessarily reflect those of the Editor or the Association. Persons acting on any opinion, advice, fact or advertisement published in this issue do so at their own risk.

Editorial

As you read this, our athletes will be competing in Delhi at the 2010 Commonwealth Games. There has been much information in the press about the preparedness of the facilities in Delhi and we hope that any deficiencies do not detract from the performances that will be on show.

Achieving selection in an international team is the dream of many athletes. The hard work over several years, the sacrifices, the disappointments and setbacks that challenge the athlete and cause them to question their commitment at times are part of the journey that leads to the exciting time that being part of an international team at a Commonwealth Games brings.

When the athletes walk out in the Opening Ceremony, they will enjoy the feelings of pride and joy that such an occasion brings. It is certainly a unique experience, and one that will surely stay in each athlete's memory for a lifetime.

Although at times questioned by some as an event of truly international sporting excellence given the lack of representation from the power houses of shooting, the Commonwealth Games are still a major event on the sporting calendar and an important one in the eyes of most Australians. Shooting is one of the sports that has been contested at every games, and Australia has achieved a high degree of success at the Games. We wish our Australian team representatives every success in the 10 days of competition.

This issue of the VPN brings a few stories about club development. Firstly Mountain District continue their rebuilding program following on from the devastating

bush fires that destroyed not only their range but much of Victoria. Their continuing reports in this journal have been an inspiring story of the hard work and support that has gone into the re-creation of their facility. Although it is many months since the fires, the club continues to receive strong support from local business and the contribution made by these businesses cannot be underestimated. Our second development story comes from the Oakleigh pistol club which continues to upgrade its facilities to make it one of the best ranges in the country. Finally Melbourne International has also been continuing to develop the ranges with the installation of new bullet traps.

The continued investment in shooting ranges highlights the on-going demand and enthusiasm for the sport. If previous years are any indication, the upcoming Commonwealth Games will also supply a new group of potential champions seeking a sport in which to participate.

On a final note, this may be my last editorial. Members will see the ad on the opposite page seeking a new editor. The past three years have been most enjoyable, however other activities are pressing on my time, and I feel it is good for the sport to have fresh faces taking over in roles from time to time. I thank all the contributors to articles who have helped provide me with enough content each quarter to provide the diverse range of stories in the magazine. I would like to wish all in the sport a happy time with their shooting and thanks to all of you for the many positive comments I have received about the VPN during my time as editor.

KF

Positions Vacant

Victorian Pistol News Editor

We are seeking a new editor for the Victorian Pistol News. After 3 years in the position, other commitments are pressing on Kim's time, and she has asked us to find someone to take on the role.

The VPN is produced 4 times each year and has a diverse group of regular contributors to the magazine. The editor is required to assemble the articles received and arrange printing and publication. Additionally the editor writes an editorial in each issue, and sources articles to fill the space available.

Ideally the new editor will be someone who is actively involved in pistol shooting and it is highly desirable that they attend Open Shoots from time to time. Some expertise with desktop publishing (eg Adobe Creative Suite, PageMaker, Microsoft Publisher) would be advantageous.

If you are a budding author, have some artistic flair, or just feel you would like to do something for your organisation, give this role some consideration.

For more detail about what is involved in editing and producing the VPN, contact Kim on 0409 416128 or by email at vicpistolnews@bigpond.com

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2010 Junior Tristate

By Paul Jenner

The annual Junior TriState Pistol competition was held over the Queens Birthday week end at Oakleigh Pistol Club. This competition is made up of teams of 10 shooters from NSW, Victoria and SA who shoot Air Pistol and Sport Pistol. This event has been going for many years and some of our current top shooters started there.

The SA team arrived early Saturday morning. After driving through the night many were anxious to catch a quick bite and a nap before the NSW and Victorians teams arrived. This year was the first time in at least 8 years that all three states had their own full teams. The teams practiced for the rest of the day. The Victorian team was: Chelsea Mullens (Castlemaine PC), Nathan Jackson, Marlo Wilson (Diamond Valley), Janek Janski, Joshua Janski (Oakleigh PC), Brody Wons (Yarra PC), Nicholas Egan (Bendigo PC) and Steven Jenner, Ben Lees, Cody Walsh (Beaconsfield PC). They all enjoyed pizzas before going to Side-track Entertainment Centre at Oakleigh. At the venue they enjoyed a 15 minute go kart ride and 2 laser shooting challengers. They then returned to Oakleigh PC and prepared for an early rise for the next day of competition.

Sunday was a day of lots of activity. There were extra helpers/officials from various clubs, many people to feed and competitors involved in their shooting. For many of them this was their first TriState (and even their first official competition) and they seemed to benefit from the experience. The results were announced before a BBQ tea. NSW won again, Victoria in second place and SA in third place. Participation certificates were presented by the VAPA President and competitors do-

ing their last TriState were acknowledged (too old next year). Chelsea Mullens being the Victorian captain was shooting her last TriState. There were many good scores and a few did personal best scores. Some of the better scores were:

Junior Ladies Air 40 Shots

Marlo Wilson	355
Chelsea Mullens	357

Junior Mens Air 60 Shots

Janek Janski	553
Steven Jenner	503

Junior Sport Pistol

Janek Janski	557
Chelsea Mullens	526
Nathan Jackson	520

The TriState is an opportunity for junior shooters to compete at high levels and against top junior shooters in Australia. It also provides the occasion to make new friends and catch up with old friends from interstate. It is always enjoyed by those who participate.

There were many people that helped in some way towards the success of this weekend. Among them being Alan Wattz, Renata Janska, Robyn Jenner, Ian Wright, John Scott, Graeme Roberts, Richard Tindall, Geoff Horton, Joy Mullens, Lina Wilson, and Kerriane Johnson (Apologies to anyone else not mentioned here). Team managers and helpers from SA and NSW also helped with the organization.

Thanks also go the Oakleigh Pistol Club for making available their ranges and accommodation facilities. The next TriState will be held in NSW next June and I hope all junior shooters will try to make the Victorian team.



Victorian Tri-State Team 2010

L to R: Nathan Jackson, Chelsea Mullens, Marlo Wilson, Steven Jenner, Ben Lees, Brody Wons, Janek Janski and Nicholas Egan

Management Matters

By Sharon Reynolds

Our President Graeme Roberts has been unwell, so this edition's Management Matters column has been used to showcase a piece by Sharon on her recent trip to Germany where she was one of two AISL delegates to the ISSF General Assembly.

Germany for a week – and all paid for! Five formal dinners, an (almost) 5 star hotel, a visit to Chiemsee - sounds fabulous but I tell you it was hard work. All I wanted when I got home was a plain meal, like scrambled eggs or toast and vegemite, and my own bed!

This year I was lucky enough to get the opportunity to represent Australia as the AISL 2nd delegate at the ISSF General Assembly. This Assembly is held every 2 years – at the same time as either the World Championships or the Olympic Games. With the 50th World Championships in Munich the Assembly was in the ISSF home town this year. Delegates from all the affiliates get together to wheel and deal – the politics is worse than the recent post election period in Australia!

Day one was a free day so I took the opportunity to stretch my legs with a stroll around the old town. That evening was the first of five German sized meals – supposedly casual but in this exalted company casual has to be taken with a grain of salt! By this time jet lag was catching up but I managed not to fall asleep at the table – just on the bus back to the hotel!

Next day was an outing to Chiemsee – a very wet, grey day but nonetheless quite interesting and a chance to socialize with some of the delegates.

From then on it was business all the way

– two days during which a number of reports were presented, elections were conducted, a presentation made in relation to the London Olympic preparations and various ISSF medals and awards presented. The highest ISSF award is the Blue Cross and it was an honour for Oceania when this was awarded to Graeme Hudson of New Zealand. The Blue Cross was also awarded to Derek Ivy (GB).

The Opening Ceremony for the 50th World Championships was held in the centre of Munich on the Friday afternoon. Despite the rain the Germans put on a good show, taking the opportunity to promote their bid for the Winter Olympics in 2018 at the same time. The ceremony was followed by a civic reception and dinner in the old town hall.

On Saturday those delegates still in town headed to the range for the first day of shooting at the World Championships. It was really strange to be there as a spectator and not to have a job to do. At least I had the chance to renew acquaintances with some of the jury members.

Overall it was a great experience. Although I felt out of my depth to a large degree it was a great opportunity to gain a better understanding of how the ISSF works and just how political it all is. It's a bit scary when a Committee Chairman, on being introduced, announces "ah yes, I know the name" – but since she was smiling I suppose it was OK? One of the best things about being there was putting faces to some of the names. My thanks go to AISL for giving me the opportunity to attend the assembly this year.

Pistol Team for Delhi

The executive, committee and membership of VAPA, congratulate our Victorian representatives on their selection in the 2010 Commonwealth Games team.

With 5 of the 10 pistol team members coming from our state, we hope there will be lots to celebrate during the 10 days of competition.

Following on from their success at the recent World Championships where the Women's Air team won the Gold medal & Lalita a silver and quota place for London 2012, the women will head into Delhi on a high looking to defend the medals they won in Melbourne. Bruce Quick is competing in his 5th Commonwealth Games - a fabulous achievement by any athlete, whilst Chris Roberts is a first time representative.

We wish all our athletes the best of success.

2010 Commonwealth Games Team (Pistol)

Dina Aspandiyarova	Women Air
Pamela Mckenzie	Women Air
Lalita Yauhleuskaya	Women Sport
Linda Ryan	Women Sport
David Moore	50m, Centre & Standard
Bruce Quick	50m & Rapid
Daniel Repacholi	Men Air
Christopher Roberts	Men Air & Standard
Michelangelo Giustiniano	Centrefire
David Chapman	Rapid

Our Girls win Gold in Air at World Champs



Lalita Yauhleuskaya (VIC) has claimed an individual silver medal and led the Australian women's team to the gold medal in the women's 10m air pistol at the 2010 ISSF World Shooting Championships in Munich, Germany.

Yauhleuskaya led for moments during the eight-person final but finished in a tie for second before winning the silver medal in a shoot-off against Belarus' Viktoria Chaika.

Her second place finish also secured Australia its first quota place in shooting for the 2012 London Olympic Games.

The Australian team featuring Yauhleuskaya, Dina Aspandiyarova (VIC) and Linda Ryan (VIC) swept to the team event gold medal with a combined score of 1145, finishing two points clear of Korea, with China winning the bronze medal.

Yauhleuskaya shot in the first qualification group on Sunday morning and was consistent across her four rounds of ten shots, scoring 97, 94, 99 and 95 to set a total of 385. Her score included ten x's, awarded to shots greater than 10.3.

In the final, Yauhleuskaya scored an even 100 in her 10 shots, for an overall score of 485,

1.8 behind gold medallist Zorana Arunovic of Serbia.

The 46-year-old naturalised Australian has won the women's 10m air pistol at the past two Commonwealth Games, while she also won a bronze medal at the 1998 World Championships when still competing for Belarus.

After the final Yauhleuskaya was overjoyed with the result. "It is one of the highlights of my career so far and I am so happy," Yauhleuskaya said. "The final was very tense and close and although I would have liked gold, the silver medal is great. For the team to have won the gold medal is also very good."

Earlier in the qualification round, Dina Aspandiyarova produced a superb comeback after she shot 94 and 95 in her first 20 shots. She then dug deep to produce a 98 and 96 to finish with 583, making it into a five-person shoot-off for the final three positions in the final. Unfortunately, Aspandiyarova finished fourth in the shoot-off.

Linda Ryan shot rounds of 96, 93, 94 and 94 to finish in 55th place and cap off a very successful event for the Australian team.

Story courtesy AISL Website.

Victorian Coaching Council

Annual General Meeting

Where: Yarra Pistol Club

When: Saturday November 6th commencing at 1.00pm

Nominations for all positions close on 29th October and should be directed to:

Applications to:

Alan Wattz
P O BOX 450
CROYDON VIC 3136
E: awattz@iinet.net.au

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Training For Improvement

By Tibor Gonczol and Kim Frazer

The following is adapted from some notes that I have from a session run some years ago by Tibor Gonczol who many will know is an internationally recognised pistol coach. I feel that these are still relevant today, and may be useful to you.

Below is a list of notes detailing what Tibor observed in shooters who were successful at international level. I have included some comments in italics where applicable (KF).

These shooters who achieved international success:

- Trained frequently and regularly - *it is better to train 3 times a week for 1 hour each time than to train once per week for 3 hours. The repetition enables learning*
 - Trained in groups – *this allows shooters to push each other along, provides a gauge for your improvement and assists motivation*
 - Their training was controlled and supervised – *training with a coach present is ideal, however if this is not practical, frequent discussions with a coach will help keep focus*
 - Were not allowed to practice mistakes – *practicing correct technique is more important than firing shots*
 - Trained to a plan – *an annual plan is a key factor for success*
 - Had long and short term goals – *keeps your focus on what's important and what you are working towards*
 - Had records of their work which they could compare with the results
- *Training diary to tell you what you have done this year, what worked, how much training, and so on. Using this can help you to refine your workload in future years.*
- Thus they had an analytical, planned, structured system to follow
 - Worked hard - *when at the range, used the time available diligently*
 - Their performances and efforts were recognised
 - Their results were rewarded
 - Were taught self-discipline until it became second nature
 - Their training consisted of not just shooting, but exercises designed to correct weak aspects of their techniques – *exercises can be boring, but the drills are an important part of learning to shoot well*
 - Analysed not only the mistakes but the good shots as well - *focus a lot on the good shots and what you did, and be careful not to overanalyse the mistakes*
 - Learned to develop a routine of doing the right thing exactly the same way until it became automated - *have a shot process that is exactly the same for each shot*
 - Competed frequently – *build competitions into your plan. Even a practice competition for a bar of chocolate is better than just firing practice shots. One competition a fortnight is a minimum to see how you are progressing.*
 - The competitions were part of their

training system - *identify which competitions are important, and which are unimportant. Use the unimportant competitions to confirm training results.*

- Rest was not considered time off from training but also a part of the training system – *use rest time for equipment testing, fitness training, mental rehearsal, planning, review and so on.*
- Had frequent discussions with the coaches so they understood what they are doing and why
- Their techniques are based on the requirements of and results of COMPETITIONS and not just on training – *it's great to be able to shoot well in prac-*

tice, but it is only the results in competition that count. Your technique must be strong enough to withstand pressure when it arises

- Were physically fit and believed it was very important - *a lower heart-rate will help in competition. Being fit will also assist performance on overseas travel.*
- Had absolute commitment - *if you choose to try to succeed, then you must follow your plan. This may mean foregoing some other more fun activities at times.*
- Did not use excuses, or excuses were not accepted

BERT SMITH'S WEB GEMS YOU MAY HAVE MISSED

Currently I am unable to use my right arm for computer keyboarding, fishing, pistol shooting, or car driving. (The cause is severe pain in my right arm and shoulder caused by a pinched nerve in my neck.) Being now sort of disabled, doing a web search with my left hand revealed some interesting, relevant stuff about pistol shooting for the disabled.

1. Handguns for disabled and/or handicapped shooters <http://tinyurl.com/2wz4j6p>
2. Welcome to the Shooting Wiki: For all ISSF/Olympic Shooting Disciplines. I found this to be a very interesting web site: <http://tinyurl.com/28xaq7l>
3. Teach me how to properly shoot a two-stage trigger: <http://tinyurl.com/32tf8xh>
4. Target aid - can someone explain why it worked? <http://tinyurl.com/2922seh>
5. Loading for a S&W Model 52. Years ago, I had one of these. (I should never have sold it!) <http://tinyurl.com/2bg5a7n>
6. Totally Subconscious Shooting?? (Long). There were nearly 9000 viewers of this discussion when I saw it in mid-August! <http://tinyurl.com/2965bnz>
7. Recommended Shooting Glasses. <http://tinyurl.com/2anrvvu>

bertsmith9845@hotmail.com

2010 Pan Pacific Games

The 7th Pan Pacific Masters Games will be held from 6 to 14 November 2010 on the beautiful Gold Coast. There will be 34 sports on the program, with more than 10,000 people from all over the world expected to participate.

The Pan Pacific Masters Games is a celebration of master's sport with both fierce and friendly competition and a jam-packed entertainment program at the Games Village at the end of each day. The slogan sums it up - "Play it, Live it, Love it!"

Participants at the Pan Pacs, as the Games are affectionately known, compete in their age group with no qualifying standards to enter. The only criteria for entry is a minimum age for each sport – and for most sports that is 30 years of age.

All sports are located in close proximity to the Games Village at the Gold Coast Convention & Exhibition Centre in Broadbeach. The Games Village will feature the registration centre, merchandise, live nightly entertainment, fully catered hospitality and an exclusive venue for competitors to meet up and enjoy the spirit the event is known for.

Australia's Gold Coast is renowned as one of the world's best holiday destinations. During the Pan Pacs, discover the spectacular coastline, exciting city centre, thrilling theme parks, entic-

ing shopping, appetising restaurants and picturesque rainforests. Major attractions include some of the world's tallest and fastest thrill rides, up close encounters with koalas and kangaroos, and tours to the hinterland and beaches.

What sets the Pan Pacs apart from many other major events is the vast array of accommodation available for all budgets offering more than just a place to stay. Expect warm conditions on the Gold Coast in November which will make it ideal for a splash at the beach and a few light everages in the evening.

The centre of the Pan Pacs is Broadbeach where the Games Village is located. Broadbeach is a thriving hub and includes a huge range of accommodation, dining and leisure options, all within walking distance of the Games Village and the golden sands of Kurrawa Beach. Just across the road from the Games Village is Conrad Jupiters casino and the internationally famous Broadbeach shopping and dining precinct. It is also just 20 minutes drive from Gold Coast Airport, 15 minutes from Robina Train Station and five minutes from Surfers Paradise. To research your holiday, book your travel and accommodation, visit www.verygoldcoast.com.au and www.broadbeachgoldcoast.com



Shooting - Pistol

Competition Dates

Friday 12 – Sunday 14 November

Competition Times

Friday 12 November: 8am – 5pm

Saturday 13 November: 8am – 3:30pm

Sunday 14 November: 9:30am – 5pm

Venue Details

Gold Coast Pistol Club
85 Edmund Rice Dr, Southport

Age Requirements

Age is determined as at 5 November 2010
Minimum age for competition is 30 yrs

Fees

Sport Fee: \$20 per shooter

Games Fee: \$95

(\$20 late fee applies after 3 September)

Online Discount

All online entries will receive a \$5 discount

Entries Close

Friday 8 October 2010

Contact Person

Laurie Hinton

Email: lhi96652@bigpond.net.au

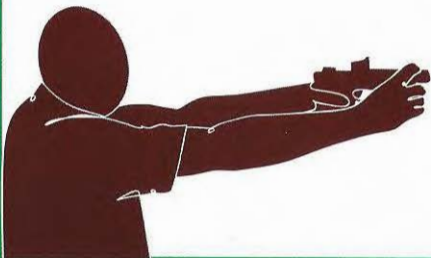
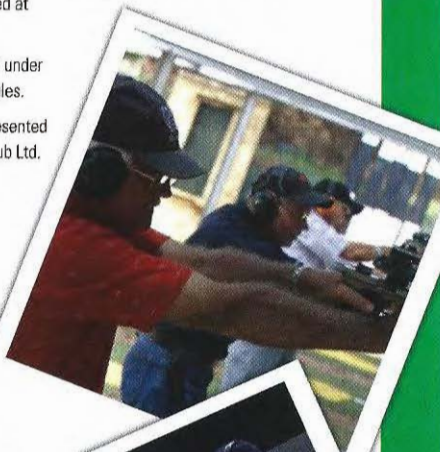
Phone: 0439 792 282

Web: www.goldcoastpistolclub.com.au

Additional Information

- Sport fee includes a light breakfast and lunch on match day.
- All shooters **must** be licensed.
- International participants can obtain information on importing firearms and download the necessary application forms from the Queensland Police website www.police.qld.gov.au
- Depending on the number of entries received, some events/categories may be combined at the organisers' discretion.
- Matches will be conducted under ISSF and Pistol Australia rules.
- The competition will be presented by the Gold Coast Pistol Club Ltd.

Age Groups		
30-39	40-49	50-59
60-69	70+	
Events		
50m Pistol		
25m Centre Fire Pistol		
25m Rapid Fire Pistol		
25m Standard Pistol		
25m Pistol Women (not Sport Pistol)		
10m Air Pistol Men		
10m Air Pistol Women		



"Play it, Live it, Love it!"

OAKLEIGH CELEBRATES 50 YEARS

By Alan Harris, President Oakleigh Pistol Club

25M ranges

2009 was a hallmark year for Oakleigh Pistol Club. Not only did we celebrate our club's 50th anniversary, it also saw the completion of our new building housing four 25m ISSF ranges, each able to accommodate up to six shooters. The new facility was officially opened by Cr. Arthur Athanasopoulos the Mayor of the City of Kingston on 2nd September 2009. Since then these new ranges have been the venue for many club competitions, ranging from Standard Pistol, Centre Fire Pistol and Rapid Fire Pistol matches, to Black Powder 25 Metres as well as Service 25 Metres. Service 25 matches are held almost on a fortnightly basis and are still growing in popularity with Oakleigh Pistol Club members.

To further utilize these new 25m ranges, Oakleigh Pistol Club is extending an invitation to all VAPA members to participate in their ISSF open competition. This will be on the 13th & 14th November 2010 and entry forms can be downloaded from the recently updated website at www.OakleighPistolClub.com

Other facilities offered at Oakleigh Pistol Club include three 50m ranges which cater for competitions such as Free Pistol and Service

Match 50 Metres, as well a large Air Pistol facility which can accommodate over 40 shooters at any one time. A comfortable modern club house that offers refreshments and snacks is also available, as well as some commonly needed accessories and reloading products being available for purchase at very reasonable prices.

Oakleigh Pistol Club is open on Wednesdays from 7pm-10pm and on Saturdays from 1pm-5pm, and VAPA members from other clubs are welcome to use our facilities. Special bookings and range hire for training courses are available on request and further details can be obtained through their website or emailing the Club Secretary Rod Cheney at Rod.C@OakleighPistolClub.com.



The commemorative stone unveiled by the Mayor at the official opening.

Large construction from top to bottom - the new slab; framework; finished building



Oakleigh Pistol Club

ISSF Open

13th/14th November

Saturday

25M Rapid Fire

50M Pistol

25M Pistol (Women & Jnr)

10M Air Pistol

Sunday

25M Standard

10M Air Pistol

25M Centre Fire

Aggregate: 5 Match Aggregate for Men [25m Pistol not included], 3 Match Ladies Aggregate [25m. Pistol , 10m Air Pistol & Standard Pistol]. 2 Match Aggregate for Junior Ladies and Men [25m Sport Pistol & 10m Air Pistol (First 40 shots for Junior Men)]

Entry Fee \$12 per match

All entries by post to:

Ian Ross

The Club Captain

Oakleigh Pistol Club

PO Box 1446

CLAYTON SOUTH Vic. 3169

Tel: [03] 95442093

Email: iross3@bigpond.com

Entries Close:

23rd October 2010

Late entries accepted at discretion of organisers.

Technical Talk - Handgun

Over many years, I have reloaded thousands of cartridges for centre fire rifles and handguns. I admit to making silly mistakes. When I did, I tried hard to learn from them. Hopefully the beginning reloader will find something here that is of benefit! My emphasis is on safety.

First, a little anecdote. A few years ago, I was reloading .32 S and W long cartridges in my garage. Whilst seating a primer in an empty case there was a loud explosion, which scared hell out of me. I looked around to find out what had happened. What had blown up? What part of me was now missing? I looked round fearing the worst! Through the open garage door, an old clunker appeared bellowing smoke and backfiring.

Someone is sure to ask, "Why reload?" Fair enough. There are several good reasons. Included are the following:

1. Reloaded ammunition is generally more accurate than factory ammunition as it can be tailor-made for your handgun.
2. It is far cheaper to use reloads than new ammunition. The most expensive part of the cartridge is the brass case that can be reused many times.
3. It is both challenging and fun to do this! I can still remember with pride the 295 I once shot in the 30 shot precision part of the 25 m ISSF match.

Begin by doing some homework. A web search from reputable web sites, such as Hornady, and Speer, can give much useful information. I suggest that the beginner seeks advice from a club member who is knowledgeable about reloading the cali-

bre you wish to reload. Ask can you come and watch what he/she does. Offer to provide the supper, etc.

Take a notebook with you and *without getting in the way*, carefully observe and record what you see. I suggest recording:

1. The equipment that is used. (Press, scales, powder, powder thrower, primers, reloading manual, primer pocket cleaning brush.)



RCBS single stage reloading press



.32 S and W Long reloading dies

2. How the equipment is used.
3. How the equipment is maintained.
4. How primers and powder are used

Cartridge Reloading 101

By Bert Smith

and stored.

The picture at right shows what can happen when things go wrong. It is not there to scare the beginning reloader but to warn him or her.

WEB Suggestions:

A Beginners Guide to Cartridge Loading- Part 1. <http://tinyurl.com/2abd7xf>

Good videos are available at: <http://tinyurl.com/24ot3yr>



Safety Considerations When Reloading

When reloading, you should:

- Exercise care and common sense at all times while reloading.
- Pay attention to what you are doing and not be distracted.
- Develop a routine in reloading to guard against mistakes.
- Hasten slowly!
- Use equipment as the manufacturer intended and look after it.
- Store your powder in a safe, cool dry place.
- Never use a powder unless you're positive of its identity.
- Never smoke while handling powder.
- Never mix different types of gun powders or primers.
- Never store primers in any kind of container except the factory packaging.
- Observe all maximum load warnings in reloading data.
- Inspect all cases for condition before loading, and discard any that are imperfect.
- Look for signs of high pressure while working up a hand load. Don't start with the maximum powder load!
- Before seating projectiles go over the tops of the primed and powdered cases to make sure that there is powder in each and not twice or three times as much. I always go to extremes and quickly weigh a powder charge before it goes into the primed case.

MOUNTAIN DISTRICT RANGE NEARING COMPLETION

19 Months on from the devastation of the Black Saturday Bushfires and 11 Months into our rebuilding we are progressing and working hard to complete this mammoth project. The shooting complex has had the concrete floor and paths completed by Daniel Di Paolo from Alitalia Constructions Pty Ltd who generously supplied concrete and reinforcing mesh to us at his cost price. Once this was completed it



L to R: Ralph, Neil, John & Paul shovelling stones

enabled us to start on the construction of the toilet and shower facilities. Contact was made with Frank Walker, Managing Director of National Tiles Company Pty. Ltd. who gave us a 50% discount off our purchase of tiles, glue and grout. The painting, tiling and the installation of the toilets, vanities and shower are almost finished downstairs.



Alitalia boys concreting

On the upper range level the wall separating

the 25 Mt and 50 Mt. ranges has been erected. Alex Inglese our Electrician has finished the wiring of all the overhead lighting, power points and hot water service that we can use when we run our generator. For days when we don't use the large generator we are able to



Geoff Hollow from Exposure Signs

run 12 volt lighting in the toilets that is run off batteries donated to us by Kiran Field from Century Yuasa. New barricades have been made and thanks go to Geoff Hollow from Exposure Signs for making and donating all signs that we require to be displayed. Previously we

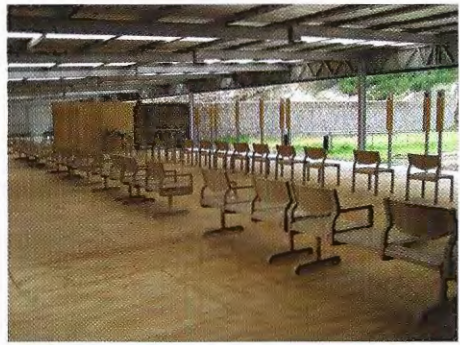


Mal our painter

used whiteboards to record scores and competitors details. We contacted Sam Vitone, General Manager of Mr Whiteboards Pty Ltd of Williamstown. Sam didn't hesitate to donate to us 2 whiteboards and a pin board for use on the range. The amount of rain we have encountered recently has hindered our land-



Shooting Complex



View of 50m Range



Transrock - delivery of rock & truck

scaping work, something we have no control over, this will have to wait till better weather.

Those of you who have come to Mountain District know that we can get 4 seasons in 1 day. We were fortunate enough to have donated a very large rock by Mark from Transrock Pty. Ltd. in Wonga Park. A plaque to commemorate our official opening will be fixed onto the rock and placed near the flag pole. Kelly Mulcahy the Regional Sales Manager for Phoenix Foundry Pty Ltd has generously donated the plaque to the club and also assisted other clubs and individuals affected by the fires.



Darren & Daniel - our two chippys

Gates were purchased for each end of the building from Shaun Halit owner of Rural Fence & Trade Pty Ltd in Lilydale at a good price and delivered to us free of charge. As we have suggested before please check your Insurance policy to see if you are adequately covered. Essential items that you require like brooms, rubbish bins, mop and bucket all add to more expense. We are fortunate that Sabco Australia Pty Ltd have kindly donated these items to the club.

We have been very lucky to have the support of so many different Companies and we recommend that you support them by purchasing items that you may require. If you need details of any of the Companies that have supported us we can forward the information onto you.

Any enquiries can be made via email to secretary@mountaindistrictpc.net

MISC's New Bullet Traps

By Kim Frazer, Vice President MISC

Since the 2006 Commonwealth Games, the management of lead waste on the 50m electronic shooting range at Melbourne International has presented a problem for the club. At the time of construction of the range, the sand barrier which was installed was thought to have a dual purpose - one was to prevent splashback, however the recycling of lead mixed with sand is expensive.

The recent installation of new bullet traps behind the targets will finally resolve this issue for the club. The new bullet traps will allow the club to easily collect the lead waste for recycling.

Furthermore, the bullet traps have been designed to prevent splashback onto the electronic targets which has often been a cause of false shot readings during competitions.

The bullet traps, based on the models available at the Sydney International Shooting Centre were designed by the club's maintenance manager Richard Lightfoot and the development was managed by Kris Aitchison of Hekate Engineering and Maintenance solutions.



New bullet traps behind 50m electronic targets



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2010 Postal Finals

by Sharon Reynolds

I shot air pistol last Saturday – and realized that

a) it was almost 2 months since I picked up a gun in earnest, and

b) it was probably 6 weeks since I had been to the club – as several of my “friends” were quick to tell me!

However, since part of the reason was the five Postal Finals I felt I could be excused!

First off were the ISSF Finals at Castlemaine. Despite the cold, grey weather everyone managed to enjoy both the shooting and the camaraderie around the blazing fire. With three of their top shooters competing overseas Outtrim were not confident – but still managed to walk away with the Centre Fire shield. Shepparton took out the Rapid Fire and Standard Pistol championships while MISC kept the Men’s Air and 50m Pistol shields. Yarra and Oakleigh shared the ladies’ honours, with Air going to Yarra and 25m Pistol to Oakleigh. Castlemaine (Chelsea Mullens) kept the Junior Air shield but Mid Murray (Douglas Scougall) managed to pip Castlemaine by one point to take home the Junior Sport shield.

The following weekend saw the Service shooters at Yarra Pistol Club on the Saturday. Yarra ran the event with their usual efficiency, dealing admirably with the cranky old judge who complained about his target (he was moved!) and with a range equipment breakdown that caused some angst. Once again

Outtrim managed a clean sweep of the trophies!

On Sunday it was Bendigo for the ICORE finals. The weather was horrible – cold and wet – but the shooters all seemed to enjoy themselves. Once again Bendigo took out Limited and Pine Grove took out Open. Bendigo seem to see the shield as a permanent fixture – so come on all you ICORE shooters it’s time to at least give them a scare!

Black Powder the following Sunday was hosted by Peninsula – and by all reports ran without any problems. I didn’t make it to this one – since I get high on the smell of black powder I was sorry to miss it. In the end Outtrim once again proved what a truly multi discipline club they have by winning the 50m shield. The 25m shield was won by Beaconsfield.

Four down, one to go. Once again up to Bendigo, this time for the Practical Finals. The weather was much kinder than for ICORE – a bit cold but clear and still. Goodness those guys shoot quickly – it was all over by lunchtime! Everyone seemed to enjoy themselves, with Geelong retaining the Open shield and Cobram taking home the Standard shield.

Finding the venues for the Finals is not always easy and I express my heartfelt thanks to those clubs that ran Finals this year. Thank you also to all the clubs that support the postal competition, and the shooters who travel to the finals, sometimes just to shoot one match.

The State Multidiscipline Shooting Centre

From the Combined Firearms Council of Victoria

Three years ago the Victorian State Government made a joint announcement with the Combined Firearms Council of Victoria (CFCV), that they were going to establish a Multidiscipline Shooting Centre. Although, at times progress seemed slow, the initial Feasibility Study has now been completed, the process of securing a suitable site is in its final stages and Technical Advisory and Steering Committees have been established. Most importantly, the State government identified \$12.7m in the 2010/2011 budget for the acquisition of a site.

The shooting sports in Victoria have many different requirements for ranges and these can be as simple as an unobtrusive hall next to a railway siding, up to large rifle ranges requiring many acres. As shooters, we tend to act as separate groups and work on our own range problems. However, when you take an overall view, it is clear that we as a group are losing ranges and establishing new ones is becoming more and more difficult. The loss of ranges is the biggest single threat to the shooting sports, they are our lifeblood. However, our strength is the large number of registered shooters in Victoria and their ability to be heard as a single voice. Politicians are always ready to listen to groups who can speak with a combined voice and we have demonstrated that we can influence key seats at elections. It is very much a numbers game and a continued loss of ranges will inevitably lead to a reduction in the number of shooters. On the other hand, an improvement in range access and facilities will draw more people to our sports. It is important to understand that no shooting sport is immune to the impact of reduced shooter numbers, or to take comfort in the fact that your particular discipline is an Olympic competition. The example of the latter was pistol shooting in the UK, which was not shielded from the handgun ban, despite being an Olympic sport.

When the State government closed the Williamstown Rifle Range an undertaking was given to provide a replacement. Until now,

this had not happened. The CFCV called on the government to honor this commitment and to take the opportunity to provide the shooting sports with a major multidiscipline centre, as they have already done for many other sports. Such a centre would not only be a major event facility for local and international competitions, but would also cater for casual and recreational shooters as well as those wishing to try shooting for the first time, or experience different disciplines. The ability to house various shooting sports at the one range will encourage existing shooters to try other disciplines, who may otherwise not make the effort to make a special trip to a single purpose range.

The location has been targeted as east of Melbourne within a one and a half hours drive. This recognizes the lack of ranges in this area and the accessibility of ranges to the north and west of Melbourne. Such a centre is no small undertaking in terms of cost or complexity and given the difficulties in obtaining permits, licenses etc for new ranges, it is fair to say that one such as this could only be handled by the government's major projects group. There are, of course, given the numbers of shooters such a centre will attract, opportunities for synergies such as common catering facilities, operational staff and club rooms, workshops etc. This is a great opportunity for clubs with limited financial resources to share in facilities they would not be able to afford on their own. In the past, unlike other sports which had major facilities built for them, individual shooting sports only got facilities required to meet the minimum requirement for an upcoming Olympic or Commonwealth Games. Hence, we have never had a multidiscipline home for the shooting sports. Until now!

The range is planned to cater for rifle, shotgun and handgun shooting at the elite, club competition and recreational levels. It is recognized that the facility will need to be able to generate income to cover its costs and that this will come principally from the high attend-

Judge's Corner

By Peter Davis, National A Judge

This issue I am going to discuss the topic of Range Etiquette.

From observation this is something that seems to have slipped under the carpet. There are multitudes of things that come under this banner; I will cover some of them now.

The first and foremost is late arrival on the range for a competition. Etiquette requires that the competitor report to the Range Officer before entering their bay. Depending upon the event and competition the Range Officer may request that the competitor wait until that series is completed before allowing the competitor to enter the bay and set up his equipment. Rule 8.6.6.1.3 (page 371) also states that unless the late arrival is beyond the competitor's control he will not be credited with any extra time. If it is a time fired event i.e. Standard Pistol etc the competitor may have to forgo sighters. Each occurrence will be determined on the event and circumstances at the time.

I would also like to point out that if you have a vacant bay next to you when you set up your shooting equipment you should not encroach into the vacant bay. This maybe occupied by a competitor who has been held up on another range and will arrive shortly. If you have encroached into this bay when that competitor arrives you will need to move your equipment back into your own bay. This comes into play in particular in Air Pistol.

It should be also noted that if there are spare bays further down the range (again refers in particular to Air Pistol) where the late arrival could set up without disturbing competitors already started the match then this is where that competitor should be placed moving their targets into that bay.

The next is noise on the range. Rule 8.9.1 (page 387) states 'Loud noise is not permitted near the firing line'. Range officers, Jury members, Team officials and shooters must limit their conversation to official business when they are near the competitors. This means that when you have finished shooting please consider those who have not and be quiet or move off the range if you wish to converse with somebody else. Of course this is after obtaining the Range Officers permission to leave the range.

The last one I will mention is that of packing up any of your equipment before the Range Officer is told you to do so, or moving your bench to another position whilst other competitors are still shooting. Etiquette requires that you do not pack up any of your equipment until told to do so by the Range Officer. Also if you need to move your bench to another position i.e. going from 150 seconds to 20 seconds in the Standard Pistol event, you will be given time before being told to load for the first 20 second series to relocate your bench.

ance activities such as Simulated Clay Target and casual rifle range use, with other club competitions topping this up. The next critical step is the purchase of the land for the range. Once this is completed then the detailed planning can proceed to work out who is where and what is possible.

This range complex is a major commitment by the State government to the shooting sports, with an estimated total cost in the region of \$30 million dollars and is a clear indication

of their commitment to the continuation of shooting sports in Victoria. The enthusiasm with which the various disciplines have embraced the concept and the commitment they have made in providing members with the expertise to assist in the design and development of the centre has been very well received by the government and will ensure the success of this great project.

Victorian Top Ten-2010

Compiled by Neil Stewart

COMPETITIONS INCLUDED IN THIS ISSUE:

Castlemaine ISSF, Outtrim WA1500 & Service, Peninsula Black Powder, Geelong ISSF. Melton Service, ISSF Vic Titles, PA/ISSF Nationals, Echuca Int 1920, Ballarat ISSF, Sale Service & WA1500, M.I.S.C. ISSF, Mid Murray ISSF, Service & Black Powder, Castlemaine Black Powder, Bendigo ISSF, Int 1920 State Titles. Tri State Junior Comp.

50m Pistol

State Record 555

John Gillman (1976), Bruce Quick (1998)

1	Quick, Bruce	547	Nationals Mar
2	Roberts, Chris	541	Vic Titles Mar
3	Repacholi, Daniel	536	Nationals Mar
4	Finken, Lucas	532	Vic Titles Mar
5	Mullens, Gary	525	Nationals Mar
6	Moncrieff, Les	524	Nationals Mar
7	Edwards, Norm	520	Ballarat Apr
8	Sammartino, John	512	Vic Titles Mar
9	McMillan, Scott	511	Castlemaine Jan
10	Telfer, David	507	Ballarat Apr

Standard Pistol

State Record 580

Bruce Quick (1999)

1	Roberts, Chris	573	Castlemaine Jan
2	Mullens, Gary	562	Nationals Mar
3	Quick, Bruce	562	Nationals Mar
4	Ryan, Linda	557	Nationals Mar
5	Finken, Lucas	550	Nationals Mar
6	Eagle, Grant	549	Vic Titles Mar
7	Moncrieff, Les	540	Mid Murray Jun
8	Chng, Aik Pin	539	Nationals Mar
9	Smith, Ern	539	Vic Titles Mar
10	Horton, Geoff	536	M.I.S.C. May

Rapid Fire

State Record 570

Lucas Finken (2010)

1	Quick, Bruce	571	Nationals Mar
2	Finken, Lucas	570	Vic Titles Mar
3	Hall, Ben	556	Castlemaine Jan
4	Roberts, Chris	552	Castlemaine Jan
5	Tretiakov, Mikhail	546	Castlemaine Jan
6	Mullens, Gary	545	Vic Titles Mar
7	Repacholi, Daniel	529	Nationals Mar
8	Eagle, Grant	525	Vic Titles Mar
9	McMillan, Ross	523	Mid Murray Jun
10	Davis, Wayne	522	Mid Murray Jun

10 Metre Air Pistol Men

State Record 577

B Sandstrom (1999)

1	Repacholi, Daniel	577	Nationals Mar
2	Roberts, Chris	572	Castlemaine Jan
3	Mullens, Gary	567	Ballarat Apr
4	Cumberland, Nick	564	Vic Titles Mar
5	Quick, Bruce	562	Nationals Mar
6	Tretiakov, Mikhail	561	Castlemaine Jan
7	McMillan, Scott	560	Vic Titles Mar
8	Edwards, Norm	559	Castlemaine Jan
9	Hall, Ben	559	Nationals Mar
10	Dench, Tony	558	M.I.S.C. May

25m Centrefire

State Record 585

Bruce Quick (1996)

1	Mullens, Gary	573	Bendigo Jul
2	Bowron, Peter	569	Castlemaine Jan
3	Hall, Ben	567	Nationals Mar
4	Tretiakov, Mikhail	567	Vic Titles Mar
5	Roberts, Chris	563	Vic Titles Mar
6	Finken, Lucas	561	Vic Titles Mar
7	Davis, Wayne	560	Nationals Mar
8	Moncrieff, Les	554	Mid Murray Jun
9	Quick, Bruce	554	Nationals Mar
10	Smith, Ern	553	Vic Titles Mar

10 Metre Air Pistol Women

State Record 387

Lalita Yauhlevskaya (2002)


1	Gillman, Kristy	387	Vic Titles Mar
2	Ryan, Linda	377	Vic Titles Mar
3	Gobbert, Irene	375	Ballarat Apr
4	Crouch, Emma	372	Nationals Mar
5	Galiabovitch, Elena	372	Castlemaine Jan
6	Janska, Renata	371	Vic Titles Mar
7	Wilson, Marlo	368	Vic Titles Mar
8	Alexander, Ainsley	367	Castlemaine Jan
9	Kelly, Jan	365	Bendigo Jul
10	Gale, Vivian	364	Nationals Mar

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Stories & Photos Wanted

VAPA Pistol News is a great way to tell others in our sport about your club & what you are doing. Whether it's a story about something that's happening at your club, one of your members, an article about an Open you've held or just something you think others will be interested in, we'd love to hear from you.

Email your story (and photos) to
 The Editor- Victorian Pistol News at
vicpistolnews@bigpond.com

25 Metre Pistol Women

State Record 583

Linda Ryan (2001)

1	Aspandiyarova, Dina	579	Vic Titles Mar
2	Ryan, Linda	575	Nationals Mar
3	Gillman, Kristy	574	Vic Titles Mar
4	Crouch, Emma	571	Nationals Mar
5	Austin, Marianne	567	M.I.S.C. May
6	Alexander, Ainsley	565	Castlemaine Jan
7	Mullens, Chelsea	560	Bendigo Jul
8	Galiabovitch, Elena	557	Nationals Mar
9	Gobbert, Irene	552	Vic Titles Mar
10	Janska, Renata	552	Nationals Mar

10 Metre Air Pistol Junior Women

State Record 385

Annemarie Forder (1998)

1	Wilson, Marlo	364	Nationals Mar
2	Mullens, Chelsea	357	Tri State Jun
5	Payne, Alison	332	Ballarat Apr
4	Dunlop, Erin	289	Castlemaine Jan
5			
6			
7			
8			
9			
10			

25 Metre Pistol Junior

State Record 578

Andrew Gonczol (1990)

1	Mullens, Chelsea	559	Vic Titles Mar
2	Janski, Janek	557	Tri State Jun
3	Wilson, Marlo	526	ASG Jul
4	Jackson, Nathan	520	Tri State Jun
5	Scougall, Douglas	518	Vic Titles Mar
6	Foster, Brydon	496	Geelong Feb
7	Jenner, Steven	496	Castlemaine Jan
8	Egan, Nicholas	476	Tri State Jun
9	Payne, Alison	460	Castlemaine Jan
10	Janski, Joshua	423	M.I.S.C. May

Black Powder 25 Metre

State Record 378

Noel Ryan (1980)

1	Sammartino, John	378	Nationals Mar
2	Davis, Wayne	372	Mid Murray Jun
3	Moncrieff, Les	368	Mid Murray Jun
4	Smith, Ern	364	Peninsula Feb
5	Burgess, Grant	363	Castlemaine Jul
6	Kennedy, Brynley	358	Castlemaine Jul
7	Sewell, Daryl	356	Castlemaine Jul
8	Horton, Geoff	355	Nationals Mar
9	Prewett, Rex	351	Castlemaine Jul
10	Dunbar, Stuart	349	Castlemaine Jul

10 Metre Air Pistol Junior Men

State Record 571

Daniel Repacholi (2000)

1	Janski, Janek	559	Ballarat Apr
2	Jackson, Nathan	530	Vic Titles Mar
3	Jenner, Steven	528	ASG Jul
4	Scougall, Douglas	521	Ballarat Apr
5	Elsmore, Samuel	504	M.I.S.C. May
6	Foster, Brydon	504	Geelong Feb
7	Egan, Nicholas	469	Tri State Jun
8	Janski, Joshua	459	M.I.S.C. May
9	Lees, Ben	449	Tri State Jun
10	Wons, Brodie	381	Tri State Jun

Black Powder 50 Metre

State Record 374

Dennis Martin (1998)

1	Davis, Wayne	359	Nationals Mar
2	Moncrieff, Les	358	Mid Murray Jun
3	Sammartino, John	358	Nationals Mar
4	Smith, Ern	348	Castlemaine Jul
5	Hastie, David	346	Nationals Mar
6	Dunbar, Stuart	323	Mid Murray Jun
7	Kennedy, Brynley	318	Castlemaine Jul
8	Healey, Peter	317	Castlemaine Jul
9	Reed, Howard	316	Nationals Mar
10	Pingiario, Brendan	310	Peninsula Feb

continued

Service Pistol

State Record 887

Peter Muscat (1991)

1	Hall, Andrew	866	Sale Apr
2	Rehlicki, Ivan	854	Melton Feb
3	Motton, Ralph	853	Nationals Mar
4	Jensen, Paul	851	Nationals Mar
5	Clark, Les	843	Melton Feb
6	Lowe Greg	840	Nationals Mar
7	Anastasi, Ercole	836	Melton Feb
8	Bishopp, Paul	836	Mid Murray Jun
9	Hutchins, Paul	827	Mildura Jul
10	Lewis, Andrew	826	Sale Apr

Service Unrestricted

State Record 886

Peter Muscat (1989)

1	Jensen, Paul	875	Nationals Mar
2	Motton, Ralph	875	Outtrim Feb
3	Winterhalter, Chris	872	Outtrim Feb
4	Rehlicki, Ivan	868	Melton Feb
5	Anastasi, Ercole	867	Outtrim Feb
6	Hall, Andrew	867	Sale Apr
7	Scott, Peter	865	Outtrim Feb
8	Lowe, Greg	864	Melton Feb
9	Davis, Wayne	863	Mildura Jul
10	Wilkinson, Chris	860	Sale Apr

Service 25

State Record 633

Dean Brus (2009)

1	Motton, Ralph	629	Outtrim Feb
2	Winterhalter, Chris	626	Outtrim Feb
3	Jensen, Paul	625	Outtrim Feb
4	Lowe, Greg	624	Melton Feb
5	Clark, Les	622	Nationals Mar
6	Hall, Andrew	622	Sale Apr
7	Olsen, Stuart	618	Outtrim Feb
8	Doherty, Joe	611	Outtrim Feb
9	Scott, Peter	609	Sale Apr
10	Wilkinson, Chris	606	Sale Apr

WA 1500 Match

State Record 1486 96x

Dean Brus (2008)

1	Motton, Ralph	1479	Nationals Mar
2	Winterhalter, Chris	1477	Outtrim Feb
3	Clark, Les	1466	Melton Feb
4	Hall, Andrew	1462	Outtrim Feb

5	Jensen, Paul	1461	Nationals Mar
6	Lowe, Greg	1460	Nationals Mar
7	Rehlicki, Ivan	1458	Melton Feb
8	Scott, Peter	1457	Melton Feb
9	Davis, Wayne	1455	Mildura Jul
10	Anastasi, Ercole	1451	Outtrim Feb

WA 1500 Pistol

State Record

1	Motton, Ralph	1464	Sale Apr
2	Hall, Andrew	1441	Sale Apr
3	Winterhalter, Chris	1435	Outtrim Feb
4	Lowe, Greg	1434	Nationals Mar
5	Neal, Luke	1424	Sale Apr
6	Anastasi, Ercole	1422	Sale Apr
7	Horton, Geoff	1386	Melton Feb
8	Scougall, Andrew	1365	Nationals Mar
9	Davis, Wayne	1363	Mildura Jul
10	McKean, Malcolm	1179	Mildura Jul

International 1920 Match (Open)

State Record 1918/169x

Zeljko Cvetnic 2008

1	Cvetnic, Zeljko	1916.163x	Echuca Apr
2	Clark, Les	1914.156x	Vic Titles Aug
3	Kerner, Charles	1913.155x	Vic Titles Aug
4	Siebert, Richard	1910.150x	Echuca Apr
5	Dajczar, Henry	1900.145x	Echuca Apr
6	Tretiakov, Mikhail	1891.160x	Echuca Apr
7	Tait, Frank	1870.144x	Vic Titles Aug
8	Whitehead, Tom	1856.134x	Echuca Apr
9	Hardy, Brian	1848.131x	Echuca Apr
10	Woods, Les	1826.110x	Echuca Apr

International 1920 Match (Metallic Sight)

State Record 1890/118x

Ivan Rehlicki 2009

1	Kerner, Charles	1851.119x	Vic Titles Aug
2	Siebert, Richard	1848.115x	Vic Titles Aug
3	Cvetnic, Zeljko	1824.114x	Vic Titles Aug
4	Clark, Les	1821.117x	Vic Titles Aug
5	Tretiakov, Mikhail	1798.097x	Echuca Apr
6	Renzow, Peter	1665.074x	Vic Titles Aug
7	Renzow, David	1641.083x	Echuca Apr
8	Adams, Frank	1525.063x	Vic Titles Aug
9	Woods, Les	1442.058x	Echuca Apr
10	Delic, Drago	1423.056x	Echuca Apr

THINKING OF BECOMING A COACH?

By Alan Wattz, Director Victorian Coaching Council

When I attended the recent National Coaching Council (NCC) meeting in Melbourne about a month ago, one of the many things discussed was the fact that we do not seem to have a lot of Club Coaches (level 1).

Now for NSW this is not a problem as they have about 120 coaches over all disciplines, but the rest of the states including Victoria have a big problem. We have 26 coaches and most of these are ISSF, with a few in Service/Action etc. What we need to do is address this situation. You may have noticed that I said WE as opposed to me being the Director!

This is because it is all our problem, what is happening is the higher level athletes are being look after, but the new or beginner athlete that joins the local club, starts his or her shooting, has not got a coach (qualified) to show them the correct stance/grip/sights/trigger. This is very important for them, because although they may not want to go to the Olympics, they will want to improve in their sport, and God forbid maybe win their D/C/B

grade or maybe just maybe they might want to achieve a much higher grade and be willing to do the training that goes with it.

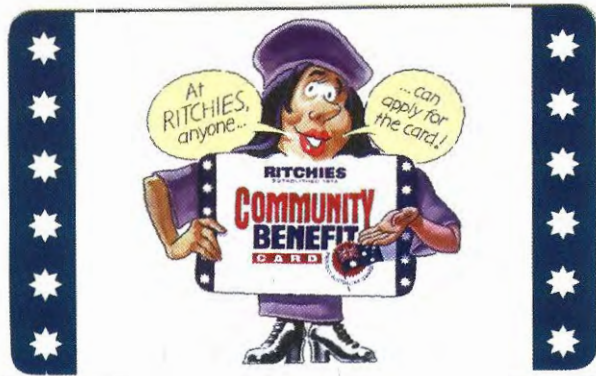
My point is we need **QUALIFIED** coaches on the ground to help these new/beginners in their chosen sport. So I would like to hear from the "older members" of our sport who would like to put something back into a sport they love.

The course is not difficult it is over 2 days with about 3 hours of mentoring and a final assessment. We run the course over a weekend with theory on Saturday and the practical part on Sunday.

If you are at all interested in giving something back to the sport or are at the moment teaching new members without having been qualified, please get in touch with me - we need you.

The truth is we are losing members because they feel they are not getting anywhere and this applies to all disciplines!

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VAPA GRADING STANDARDS

GRADES as at 1st October 2010*

Match	Master	A	B	C	D
50m Pistol	555	540	510	465	<465
25m Rapid Fire Pistol (.22LR)	575	560	525	470	<470
25m Standard Pistol	570	555	530	500	<500
25m Centre Fire (Men)	583	565	540	500	<500
25m Pistol (Women)	580	555	520	480	<480
10m Air Pistol Men (60)	575	560	540	500	<500
10m Air Pistol Women (40)	380	365	350	320	<320

JUNIOR EVENTS

50m Pistol	545	530	500	450	<450
25m Rapid Fire Pistol (.22LR)	565	545	515	460	<460
25m Standard Pistol	560	550	525	495	<495
25m Pistol	580	550	510	465	<465
10m Air Pistol (Men)	565	540	510	450	<450
10m Air Pistol (Women)	373	360	340	300	<300
50m Black Powder	373	350	320	290	<290
25m Black Powder Aggregate	380	360	340	300	<300
Service Match	870	850	800	750	<750
Service Unrestricted	885	870	840	800	<800
Service 25y	630	605	565	515	<515

	High					Unclas
	Master	Master	Expert	S/Shooter	M/Man	
WA 1500	1476	1440	1380	1290	<1290	0
	SHM	HM	M	Expert	S/Shooter	M/Man
1920 Match (all classes)	1916	1900	1844	1728	1536	<1536
METALLIC SILHOUETTE	INT	AAA	AA	A	B	C
Air (standing)	40	37 - 39	30 - 36	25 - 29	18 - 24	0 - 17

New grades for Service 25Y effective October 1 2010

As Approved by Victorian Referree Council

VAPA Fund Raising Sub-Committee

Some items now available through the Fund Raising Sub-Committee are listed below:

SCOREPADS

VAPA score pads \$1.50 ISSF shot calling \$4.40ea Service match \$4.40 ea

COVERS

Blue or Black cover with VAPA badge in gold on the front suit score pads or rule books. \$6.60ea

RULE BOOKS

Rule books for the 3 Service Matches (all in one book) 2005 edition, Black Powder 2005 edition and the PA ISSF rule book 2009 edition Metallic Silhouette all \$7.70ea. Also Full ISSF rule book \$39ea.

BADGES

VAPA Red metal Badge, VAPA Blue metal Badge, VAPA Blue cloth Badge all \$4.40ea. VAPA Red cloth Badge \$3.30ea. VAPA Blue iron on Badge \$3.30ea.

GAUGES

Gauge with magnifier in .177 to 45 \$5.50ea. Brass ISSF gauges in .177 to .38 \$9ea
NRC overlays for ISSF, Black Powder, Service match and 1920 \$5.50ea. Air pistol \$3.30ea
Eagle eye gauges \$34.65ea. Decimal scoring gauges for Finals \$6.60ea

VAPA CAPS

Soft cloth cap with navy blue side panels and pale blue centrepiece. Navy blue VAPA badge printed on front of centrepiece. Medium peak with plastic insert so cap is fully washable.

Sizes: Small, Medium and Large. \$4.40ea

BOOK \$21.00 each

Guide to Pistol Marksmanship - An easy to read guide to Pistol Shooting from the Basics up, which should benefit both beginners and experienced shooters.

VAPA Fund Raising Sub-Committee Order Form

Send to Peter Davis 409 Bay Rd, Cheltenham Vic 3192

E: pmdavis@bigpond.net.au

Item:	Qty	Colour	Size	Price per Item	Total
Plus Postage: (excess postage will be refunded)					
TOTAL: (please make cheques payable to V.A.P.A.)					
Name: (Please Print)					
Address: (Please Print)					
			Post Code		
For Club Orders Only:		Club Name:			
		Committee Position			

VAPA Common Entry Form

Club		Competition Date	
Entry Closing Date		Entry Fee	

NAME:			
ADDRESS:			
		P/Code	
Phone: ()			
E-mail:			
Club:		Licence Number	
Match	Grade	Match	Grade
25 Metre Standard Pistol		25 Metre Pistol Women	
25 Metre Rapid Fire Pistol		10 Metre Air Pistol Women	
50 Metre Pistol		25 Metre Pistol Junior	
25 Metre Centre Fire Pistol		10 Metre Air Pistol Jnr Men	
10 Metre Air Pistol Men		10 Metre Air Pistol Jnr Women	
Service Pistol		Service Unrestricted	
Service 25 Yards		WA1500	
Black Powder 25 Metre		Black Powder 50 Metre	
Black Powder International			
Modern Single Shot		Fixed Sight Revolver	
Adjustable Sight Revolver		Replica Single Shot	
International 1920 Match			
Open		Metallic Sight	
Veteran: Date of Birth		Junior: Date of Birth	

Open Competition Contacts

Club	Events	Contact Person	Phone
Ballarat	Black Powder/ISSF	James Fitzpatrick PO Box 1110 Wendouree Village Vic 3355	03 53399453 (ah) 0421 612476 (bh)
Castlemaine	Black Powder	Wally Dunstan E: waljud@bigpond.com	03 5473 4339
Kerang		No contact details available at time of publication	
Melton	ISSF	Spiro Abela 6 Milburn Cct Caroline Springs 3023 E: spiro@abela.com.au	9390 0919 or 0417 035841
Mid Murray	ISSF/Service /Black Powder	Geoff Scougall RSD Swan Hill 3585 E: scougs@hotmail.net.au	03 5037 6420
Mildura	Service/WA 1500	Wayne Davis PO Box 9 Irymple Vic 3498	0417 300602
MISC	ISSF	The Organising Secretary 120 Todd Road Fishermans Bend Vic 3207 E:comps@melbourneinternational.org.au	9646 3976 Fax 9646 9953
Mt District	Service WA1500	Evan Whelan - Organising Secretary 5 Ashbrook Place Mooroolbark 3138 E: ewwhelan@live.com.au	0402 349 878
Oakleigh	ISSF	Ian Ross - Club Captain PO Box 1446, CLAYTON SOUTH, Vic 3169 Email: iross3@bigpond.com	03 95442093
Outtrim	WA 1500	Neil Stewart PO Box 2193 Melton Sth Vic 3338 E: nste2369@bigpond.net.au	0417 121 378
Peninsula	Black Powder	Organising Secretary PO Box 3102 Frankston East Vic 3199	03 9783 4064 Fax 97696047
Sale	WA1500 Service Practical	Joe Doherty, P/o box 462, Sale, Vic 3853 E: salepisto.club@gmail.com	03 5146 0889 or 03 5146 8356 club days
Warrigul/Drouin		No contact details available at time of publication	
Yackandandah	ISSF	Annette Holden 1204 Indigo Valley Rd, Barnawartha 3688. E: jack.holden@ozemail.com.au	02 6026 9208 or 0438 291178
Yarra	ISSF	Alan Wattz PO Box 450 Croydon Vic 3136	0418 149231
Yarra	Service & Black Powder	Rodney King PO Box 4072, Knox City Vic 3152 E: rodney.king@nec.com.au	03 92714702 (b) or 0411 091 335

This column will be a standard listing of competition contacts for clubs. For changes, please email the editor at vicpistolnews@bigpond.com by the closing date for publication.

Open Competition Calendar

Month	Date	Competition	Venue
Oct	2-3	Service & Black Powder	Yarra
	9-10	ISSF	Melton
	16-17	Black Powder State Titles	Ballarat
	23-24	ISSF	Yackandandah
	26-30	International 1920 State Titles	Geelong
Nov	6-7	WA 1500 & Service	Ballarat
	13-14	ISSF	Oakleigh
	20-21	Service & Unrestricted State Titles	Mildura
	27-28	ISSF	Yarra
2011			
Jan	29-30	ISSF	Castlemaine
Feb	5	WA 1500 & Service Unrest & Service 25	Outtrim
	26-27	ISSF	Geelong
Mar	12-14	ISSF State Titles	Ballarat
Apr	16-24	PA/ISSF Nationals	Adelaide
May	21-22	ISSF	M.I.S.C

Program details & entry forms available at www.vapa.org.au/open_calender.htm

* Australia Cup details at: www.ausshooting.org

Special Events this year

Oct	3 - 14	Commonwealth Games	Delhi
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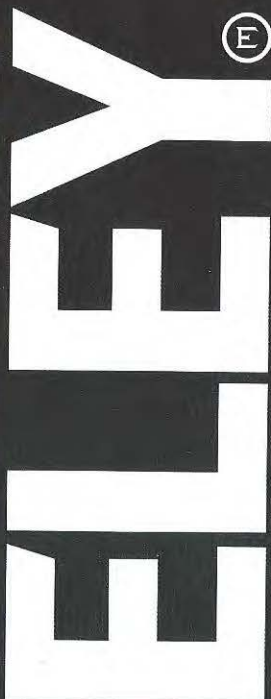
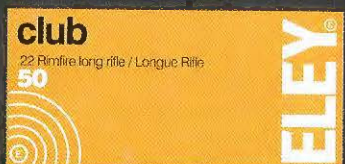
Check out the action and results on international events at www.issf-sports.org and click on results.

VAPA Target Orders

VAPA target orders are now being managed by
Beaconsfield Pistol Club.

E: targets@beaconsfieldpistol.org.au

Fax: 03 9796 2250



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