



# VICTORIAN PISTOL NEWS

**May 2010**



- **53rd PA National Championships**
- **ISSF World Cup Sydney**
- **State Selection Methods**
- **PA Smallbore & Field Pistol Nationals Report**

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# Victorian Pistol News

Official publication of the Victorian Amateur Pistol Association (A0030064P)

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Front Cover: The Bowral Range for the  
Smallbore & Field Pistol Nationals 2010

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## NOTICE TO READERS

The contents of this issue have been selected in an attempt to extend knowledge, improve practice and promote communication within the field of pistol shooting for the members of the Association. The Editor may at her discretion reject any contribution, hold it over for later publication, or edit out any unsuitable material. Opinions expressed are those of the original authors and do not necessarily reflect those of the Editor or the Association. Persons acting on any opinion, advice, fact or advertisement published in this issue do so at their own risk.

# Editorial

The idea for this editorial came to me during a recent conversation I had with a friend from my other hobby - bridge. At the bridge nationals, the volunteers worked days equivalent to our shooting volunteers & were paid around \$180 per day. Entry fees for a 5 day event were \$210 per person (approx 700 entrants). One day events (matches comprise 2 x 3 hour sessions normally) cost around \$40 per person to enter. My friend was commenting on how surprised he was at the low pay for volunteers, and was shocked when I said that in many sports most of the volunteers get no pay at all - just a t-shirt & lunch if they are lucky.

Entry fees for shooting events are incredibly low and the reason appears historical. This is true for both smallbore rifle & pistol competitions, although shotgun appears to have a different mindset. Mention increasing the entry fee and all manner of histrionics comes forth from the shooters. I'm sure all organisers have faced this issue. Yet many of these same shooters who would complain about the entry fees will be the first to complain if the trophy or medal doesn't meet their expectations. It is truly a mystery to me how organising bodies are supposed to provide good prizes without a realistic entry fee being charged. Yes it is true that sponsorship is possible & some companies are very generous in donating prizes to be used at events, but the fact remains that the average entry fee for open competitions in Victoria is \$10 per event and it has been \$10 per event for the last 20 or more years which in my view is a fairly unrealistic way to run a sport. Once an organising committee takes out the cost of targets, and takes into account the number of entrants per event vs the number of prizes that shooters are generally awarded by grade and the economics of running most events at an open barely stack up.

In contrast to VAPA opens, the Queen's Prize held annually at Bisley in the UK is used by the NRA as a major fund raiser for the sport for the year. The entry fees are horrendously expensive, but the NRA do have historical significance on their side in that the events have

been run for over 100 years, and shooters from around the world continue to come back attempting to win the "Prize".

Now not everything we do should be about making money and many of the events we run in our sport may just be about getting shooters together for a competition. However we do need some money to be made from activities even if it is just to keep our ranges up to a basic standard. Nevertheless, we seem to be in a vicious cycle where entries at opens are in decline leading to less money to spend on prizes & so the spiral continues. Shooters become increasingly unhappy when all they get for winning an event is a fairly poor quality trophy. The organisers may not be able to, or may not choose to provide better (because that's all that has been provided before), and on it goes - entries dwindle - prizes don't meet expectations...

It has been proven that when a good prize is offered, shooters will attend in numbers & even pay a higher entry fee. An example of one such event was run at Yarra in 2005. It asked for double the normal entry fee, only offered air pistol and offered good cash prizes for winners & a couple of quality gun cases. The participation was remarkable. So as long as value for money is offered, people will participate.

Which brings me back to the efforts of the many volunteers involved in our sport without whom entry fees would be prohibitive and running the aforementioned opens would be impossible. These volunteers often don't just work at the competitions, but also do countless hours of work in preparation for events. As the world becomes busier and people seem to have less time available to help out at the range, it often falls to the same few to do more and more. As Gwen Roberts pointed out a couple of issues ago - it is the same people again and again who put their hands up to help. How nice would it be to be able to provide some of these volunteers with a little something extra for their efforts as well.

KF

# Letters to the Editor

Hi Kim,

In the last VPN you commented on the lack of new Victorian records being set and asked for possible causes.

The biggest hurdle is that Victorian Records may only be established at Victorian Championships. This gives our shooters ONE chance per year to establish a new record!

Over the past few years, our ISSF Victorian Championships have clashed with an AISL selection competition, so many of the shooters who could establish a new Victorian Record were at the AISL competition and not at the Victorian Championships.

Having a look back through the Victorian Top Ten for the past few years revealed many cases where the top score shot by a VAPA Member was greater than the Victorian Record at the time, many shot at International Competition.

In 2005 the top score in the Top Ten was better than the Victorian Record in eight events. Two were shot at the Commonwealth Shooting Federation Championships, two at the PA Nationals and one at an Australia Cup.

2006 also had eight events where top score in the Top Ten bettered the Victorian Record. In this year one was at the Commonwealth Games, one at an ISSF World Cup and three at Australia Cup's. The story continues through to the present day. Between 2007 and 2009 there were 18 occasions where the highest score shot by a VAPA member was better than the Victorian Record at the time, 10 of these scores were shot at Oceania Championships, World Cups, PA Nationals or Australia Cups.

VAPA members have, over the years shot many scores that are better than the current Victorian Records; they have just shot them at the wrong competitions.

Even looking at the Australian Records, there are three Australian Records shot by VAPA Members that are not recognised as Victorian records because they were not shot at Victorian Championships. If the score is good enough to be an Australian Record, why is it not a Victorian Record?

In November 2005 a motion was put to the VAPA Committee of Management to enable Victorian Records to be established by VAPA Members at Victorian Championships, Championships held by PA Affiliated States or Territories, PA National Championships, Australia Cups and International Competitions but the motion was lost.

Under the current system, it is possible for a VAPA Member to hold the World, Olympic, Commonwealth and Australian Records, but the score would not be recognised as a Victorian Record because the score wasn't shot at a Victorian Championships!

Neil Stewart

*Ed: The rationale for rejecting the motion is unclear, and you have eloquently pointed out the impact of this decision. Perhaps now that the ramifications are obvious it is time for the motion to be revisited.*

# Management Matters

*By Graeme Roberts, President VAPA*

Welcome new Members, I am pleased to say I saw a lot of new faces at clubs recently and it is certainly a good sign for future opens as the new members get a taste for open shooting. It is different to club shooting - very rewarding, and meeting new and old friends is a plus.

I travelled to Geelong Pistol Club for their 50th Anniversary. We were warmly welcomed by Eileen Pile and the Saturday was a pretty good day, well run and the range staff did an excellent job. My apologies to them all for forgetting them in my speech at the presentations. It was a warm and humid day which was felt by all. People travelled a long way for the day including a group from Yackandandah.

The State Titles at Yarra went off with a bang to say the least, a dark cloud arrived over Lysterfield and a few drops of rain fell and then the heavens opened. Hail varied in size from golf balls to large marbles and just as hard. One member estimated a conservative 30 or 40 thousand dollar damage bill just for the car park. One Official received a cracked windscreen, a judge received a broken rear window, another judge a rhs driving mirror demolished and countless small dents in all vehicles. Five skylights were broken in the club house and several leaks appeared, the kitchen was flooded and some ranges were flooded as well. I had never seen a hail storm so long and intense in all my life - it must have hailed for at least an half an hour.

The President marshalled his troops, a Scottish sounding committee man organised a quick meeting to deal with the mayhem as one of the matches was not finished, the membership all hopped in and did something. Several ladies organised the bucket and mop brigade and pro-

ceeded to clean up the kitchen and clubhouse. Well done the members of Yarra Pistol Club and other club members who helped.

There has been some updating to the Firearms Appeals Committee information and members please note it is there for your use legally. Members of the shooting sports should be aware that they have the right of appeal if by any chance the Chief Commissioner confiscates firearms or cancels, refuses to issue a licence or relating decisions concerning shooting range approvals. The steps to appeal are:

**Step 1** Lodge your appeal with the Firearms Appeals Committee within 28 days of the notice of decision being given to you by the Victorian Police (either download the form from the Department of Justice web site or write a letter stating your reasons for the objection to the decision or ring 8684 1050 requesting a form to be sent to your address).

**Step 2** Send a copy of the completed application form to the Chief Commissioner at the following address by registered mail (suggested to lessen the chance of loss of letter)

Chief Commissioner of Police  
c/o Licensing Services Division  
Victoria Police  
GPO Box 2807AA  
Melbourne Vic 3001

The Firearms Appeals committee cannot send this letter for you.

**Step 3** The fee of \$34.10 must be made payable to the Firearms Appeals Committee as a cheque or money order. DO NOT send cash in the mail.

Keep copies of all material sent and include phone numbers where you can be contacted. You will be notified in writing of

the time, date and location of the hearing. For further information contact the executive of your Association for assistance.

Today I received the results (thank you Kim) from the Sydney World Cup and I must say I'm quietly impressed with them. Perhaps as a result of the fine performances, some more financial aid may come down the line as well. A bold and somewhat naive thought, but one can hope!

On March 30th, I attended a site meeting at Mountain District Pistol Club for a progress report of the latest damage caused by flooding with Alan Howard, Evan Whelan, Alex Eagle and a large group of members.

We were met by the Minister of Sport Mr James Merlino and his staff who came along for a briefing. Also attending was the Member for Seymour Mr Ben Hardman who along with the Minister is very interested in the future of MDPC. Members' wives baked and supplied morning tea which was very much appreciated by all, well done ladies. During his Minister's speech James announced a further

\$76,000 to help with the further damage caused by the storm in April. The announcement took the members by surprise and their reaction was very positive towards the Minister and his staff. It must be said that the Grants awarded by the Victorian Government are greatly appreciated by the Victorian Amateur Pistol Association for the rebuilding of a club that would have found it difficult to rebuild successfully and the acknowledgement of our sport that takes its place with all the other recognized sports in our state.

Pistol Australia Nationals were held in Brisbane at the Belmont range this year. Geoff Horton and Brian Hardy have seen their teams head off for Brisbane to retain the Manton Shield. Returning from Brisbane where we retained the Manton Shield thanks to our team's effort and good scores. I noticed the range was in top condition and there had been some extra improvements completed which resulted in a very pleasant place to shoot. Congratulations to P.A. and QAPSA for a top competition and to our members who shot their best and brought home the Shield. Geoff, Brian and chauffer Paul your contribution was excellent also.

## Congratulations

The council and members of VAPA congratulate our shooters on their excellent results at the Sydney World Cup, March 2010:

Dina Aspandiyarova - Silver Women's Air Pistol

Lalita Yauhleuskaya - 4th Women's 25M Pistol

Linda Ryan - 5th Women's 25M Pistol

Warren Potent - Gold & EWR Men's 50M Prone Rifle

Robyn Van Nus - 4th Women's 3 Position Rifle; 1st Women's Prone Rifle Grand Prix

With 5 shooters making the finals at the World Cup things are certainly looking bright for the Commonwealth Games later in the year. We wish our shooters all the best with their shooting for the World Championships & Commonwealth Games later in the year.

Occasionally match scores deteriorate for no obvious reason. This happens to all of us at some time or other. Then inevitably, some soul searching takes place. Is the cause some new and not obvious deficiency in the handgun, its ammunition, or is it something else?

Consistently shooting good scores involves accurate shooting with your handgun functioning reliably. Which is much easier said than done!

There are many variables in pistol shooting that play a significant role in obtaining good scores. I will broadly classify them in four categories: The handgun, the ammunition used, the environment and lastly and not least, the shooter.

The importance of keeping good records of your shooting experiences cannot be over emphasised. For example, today I tried pellets of 4.49 mm diameter and scored 551, adjusted the trigger pull to just exceed 1 kg, increased the first stage in a two stage trigger, shot the match on a wet and cold day, found it difficult today to concentrate on the fundamentals, etc. I suggest that this is done in a diary that you keep in your shooting box. Keeping it up-to-date helps you to find patterns which can indicate solutions to problems.

Let's begin by looking at the handgun and ammunition you are using.

- **What has changed since you last**

**shot a good score?** For example, has the trigger action, grip or ammunition been changed or altered? (Please excuse me for repeating myself. I have learnt the very hard way to keep a record of my changes!)

- **Has your handgun suffered any damage?** They are precision pieces of equipment and most don't take too kindly to rough usage.
- **Are the sight adjustment screws working correctly to change elevation and windage?** Screw (say) the backsight windage screw 15 clicks in one direction and see if the notch in the backsight appears to move in the appropriate direction.
- **Was the handgun thoroughly cleaned and lubricated according to the manufacturer's instructions after its last use?**
- **Have you checked your gun for missing or loose parts?** Before I shoot a match, I now go over my air pistol making sure that all screws are tight. (Last year I found, much to amazement in the middle of the state air pistol championship, that several socket screws on my Feinwerkbau P34 were not tight.)
- **Does your handgun malfunction?** If so, how frequent are malfunctions? Under what conditions do

# Match scores disappointing?

by Bert Smith

they occur? Is there a pattern in the malfunctions? (For example, do they occur only on the fifth shot in a five shot string?) There is no use having accuracy without reliability! Pay particular attention to the magazine lips of self-loading pistols. If you have trouble (say) with one of 2 magazines, carefully look at the cartridge feeding lips and magazine springs in the troublesome magazine and compare them with the other magazine. Unless you know what you are doing, don't mess around with a magazine yourself! Altering magazine lips and springs requires expert knowledge!

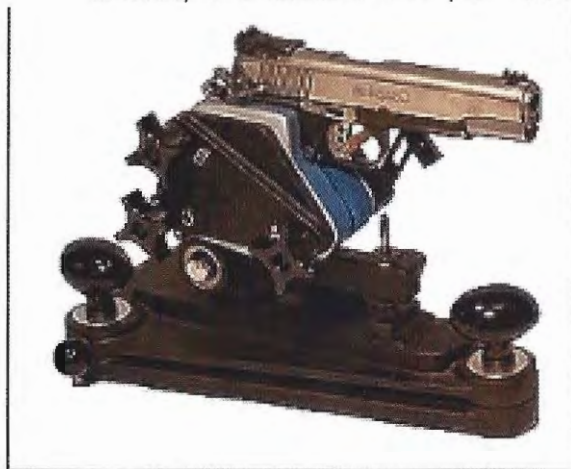
- **On a practice day, ask a friendly A Grade shooter to fire (say) 20 or so shots from your pistol with your ammunition under simulated match conditions and seek his/her comments.** If it is a self-loading (auto) pistol look where cartridge cases land and when the range is clear, pick a few up and inspect them for satisfactory firing pin indentations, signs of excessive pressure with centre fire cartridges, case rim damage, etc. (For example, are the firing pin indentations too light, or are the fired primers in the cartridge cases bulged?)
- **Is the ammunition "right" for your pistol?** You can't sacrifice

reliability for accuracy! If your pistol is new, test it for proper functioning and accuracy with different makes of suitable ammunition. Watch out for overly greasy .22 lr ammunition. If you are hand loading ammunition for a centre fire pistol, start with the lowest recommended powder charge suggested in a leading commercial loading manual for the projectile and powder you are using and gradually work upwards looking for accuracy and proper functioning.

- **The accepted standard in measuring groups** is shooting five groups of five shots each, then measure the extreme spread of each group, and then to average the results. For obvious reasons, it is preferable to fire these groups from a rest.
- **Revolver checkout:** A link to a very useful web site is at the end of this article. (The information given is also useful if you are considering buying a used revolver.) Make sure the revolver is unloaded before you carry out the tests!
- **Is a machine rest available for testing the handgun?** For me, the value of a machine rest is in testing ammunition against an established benchmark using your own pistol. The standard for machine rests is the (expensive) Ran-

som Rest.

- I have never seen a Ransom Rest here in Tasmania, but I have used a clone made by an expert local engineer. I suggest that you don't use a machine rest to test accuracy of a locked breech pis-



The Ransom Rest

tol. "Why?", you ask. Unlike a revolver, the sight and barrel axis of these pistols is independent of the frame and this produces variations that make mechanical rests a risky tool for testing accuracy. This, of course, is only my considered opinion and I may stand corrected. What about alternative rests? MTM make a reasonable pistol rest (not a machine rest) that can remove some of the variables introduced by the shooter. Using one restored my faith in my FWB P34. When I checked, the cost of the MTM Pistol Rest was

about \$60.

**Do you have access to a chronograph?** Target shooters need to standardise their ammunition, and many of the Practical Pistol competitions require a competitor to use ammunition that meets a minimum power factor.

If you need to know projectile speed, a chronograph is necessary. Look for great variances in projectile speeds over a 10 shot test run that could indicate variations in powder charges, or other problems.

- **The shooter:** Before you blame your pistol, ammunition or the weather, etc, ask yourself if the problem lies within you, ("The nut behind the butt.") How do you feel? Has the working week been kind to you? What trials and tribulations have you recently experienced? Are you on any new medications that might interfere with your shooting? Do you have new spectacles? Have you changed your stance, or your



MTM Pistol Rest

grip? Don't make the fatal mistake of practicing your mistakes! (Seek help!) Etc.

- **Finally:** The other day I heard an interesting and unusual explanation for a nice group of five 6s at six o'clock in an air pistol match. Excellent precision was shown (a five cent piece would have covered all the holes), but the accuracy was disappointing. "The acceleration due to gravity in-

creased as the pellets flew to the target". (The shooter is a Physics student.) Another shooter in a 50 m match complained that a shot hole in the 5 ring was moving! It turned out that the moving shot hole was a blow fly viewed through his telescope!

Good shooting! Enjoy your sport!

bertsmith9845@hotmail.com

### Useful web references for further reading:

[accuracy.martinchick.com/handgun\\_rifle.html](http://accuracy.martinchick.com/handgun_rifle.html)

[gunsandammo.com/content/defining-handgun-accuracy](http://gunsandammo.com/content/defining-handgun-accuracy)  
[ransomrest.com](http://ransomrest.com)

Revolver Checkout: <http://tinyurl.com/y8bwve4>

### BERT SMITH'S WEB GEMS YOU MAY HAVE MISSED

1. Choosing between a Toz 35 and a Morini CM84E. <http://tinyurl.com/yjsmq6j>
2. How do you disassemble and assemble the FX hand pump? Worth reading if you use one of these pumps. <http://tinyurl.com/ya2usxz>
3. Beating Chicken finger? If you don't know what chicken finger is and how to cure it, read this article! <http://tinyurl.com/y9epoc4>
4. Starting trigger pressure while on the 45 degree down. Should you or shouldn't you? <http://tinyurl.com/ydhb9kz>
5. What distinguishes 50 vs 25 yd cartridge accuracy? Why are some cartridges accurate at 25 yds, but not 50 yds? <http://tinyurl.com/ygrvxzs>
6. Prescription drugs - who'da thought! <http://tinyurl.com/yeztzah>

This year the Victorian Pistol team travelled to Brisbane for the Nationals which were to be held on the city of Brisbane Pistol Club, and Metropolitan Pistol Club ranges at the Belmont Shooting Complex. There were three new team members this year, Andrew Hall from Sale, Greg Lowe from Melton and Steven Jenner from Beaconsfield.

For those not familiar with the Belmont Complex, it is a unique facility covering many acres in what is now a rapidly expanding residential area about 10 kilometres south of the Brisbane CBD. It is relatively close to the Chandler Stadium, where the 1982 Commonwealth Games field events were held. It was announced at the Nationals that the lease for the Complex has just been re-signed until 2041. The Complex has facilities for all aspects of ballistic sports, pistol, shotgun, rifle and archery. Address is 1485 Old Cleveland Road, Belmont and it can be easily located on Google Earth.

The service pistol and black powder teams were the first to arrive, to hot and humid conditions, and competitions commenced on 28th March, with a NSW shooter setting the pace winning Service Pistol with 882/900. Highest placed Victorian was Andrew Hall in 10th place, a very good effort for his first Nationals. The Vic Team placed 4th. Individual titles for Unrestricted (887/900), WA1500 (1,492/1,500 96X) also went to NSW shooters, Service 25 to a Queensland (641/650), and WA 1500 Semi-auto (1,478/1,500 69X) to WA. Victorian teams placed 4th or 5th in the service events.

As the service events were being held at the Metropolitan range, several hundred metres away on the CoB range, the black powder events were underway. Firstly BP25 which was won by our John Sammartino with 378/400, and first place to the team of John, Les Moncreiff and Wayne Davis.

David Moore (NSW) won BP50 with 362/400, with Wayne 3rd, John 4th, Les 8th and David Hastie 10th. With this strong representation in the top 10, Victoria took the team trophy from NSW.

On the Wednesday evening, a BBQ dinner was prepared by the members of the City of Brisbane Pistol Club, with many of the service and black powder shooters from all states heading home. Shooters competing in the ISSF matches had been arriving throughout the beginning of the week and their matches commenced on Thursday 1st April, with Centre fire, and Ladies and Junior Air Pistol matches conducted.

Ben Hall placed 4th in Centre Fire and Victoria 5th.

Women's Air saw four Vics in the final and placings were, Emma Crouch 3rd, Linda Ryan 4th, Kristy Gillman 6th and Elena Galiabovitch 7th, and Victoria winning the Team event by 26 points.

Janek Janski placed 3rd in Junior Air 60 and Victoria 3rd in the teams' event.

The next day was devoted to Free pistol, Rapid fire and Junior women Air. Bruce Quick won Free with Chris Roberts in 7th position, with the team of Bruce, Chris and Daniel Repacholi placing 2nd,

# Pistol Championships

*By Geoff Horton*

2 points behind Queensland,

Bruce also won Rapid fire with Lucas Finken in 4th position. Bruce, Lucas and Ben Hall was our first placed team in this event.

Junior Air 40 saw Marlo Wilson in 3rd place and Chelsea Mullens in 8th.

Saturday events consisted of Sport pistol, women and Juniors and Men's Air. Again Victorians held five of the top 10 positions and after the final, our members placed, as follows. Linda Ryan 1st, Emma Crouch 3rd, Elena Galiabovitch 4th, Kristy Gillman 5th, and Renata Janska 8th. Our team of Marianne Austin, Linda and Kristy taking the team event by 20 points from WA.

Victorians again placed well in the Men's Air with Daniel Repacholi 1st, Chris Roberts 2nd, Bruce Quick 7th and Ben Hall 10th, and Daniel, Chris and Lucas Finken taking first in the teams.

Chelsea Mullens was 7th in Junior Sport, Nathan Jackson 14th with Janek Janski 15th, Marlo Wilson 18th and a creditable performance for his first Nationals from Steven Jenner in 20th position. Victoria placed 3rd.

The final event on the calendar, Standard pistol, was won by Chris Roberts (566/600) and after a shoot off for second place, Gary Mullens was relegated to 3rd. Shoot off scores were David Chapman SA 47 and Gary 46. Bruce Quick, Linda Ryan and Lucas Finken all placed in the top 10, and our team, Bruce, Daniel and Chris finished first.

A very successful year for the Victorians

and full results can be found on the PA website or <http://www.2010panationals.com/>, the Nationals website.

Women's 3 match Aggregate went to Linda Ryan with 1,502 points.

Men's 5 match aggregate to Bruce Quick with 2,796 points.

One of the most sort after trophies at National Championships, after individual trophies, is the Manton Shield, awarded to the State or Territories who has the highest team's scores for the 5 men and 2 ladies ISSF events, and Victoria has won this trophy, in 1967 and 8 times between 2000 and 2009.

Therefore it gives me great pleasures to advise that Victoria was again victorious, winning the Manton Shield in 2010, with 9,442 points, 128 points ahead of Qld, and 176 ahead of NSW. The tenth time since it was introduced in 1964.

The Shield was held by South Australia from 1964 through to 1984, with New South Wales the holder until 1999. I know Neil Stewart will be grinning from ear to ear with this year's result.

In closing, I would like to thanks all the Team members for their efforts during these nationals, also thanks to Brian Hardy who has taken on the second Team Manager's role, and to Alan Wattz and Paul Jenner for their support in Brisbane, chauffeuring team members from accommodation to ranges and to the airport.

(See our Nationals photos on the centre pages)

*Col Bill Pullum was the Officer-in-Charge of the famous US Army Marksmanship Unit International Rifle Team. He was instrumental in developing the unit's participants into a team of World & Olympic Champions. Shooters in Pullum's program included Gary Anderson and Lanny Bassham as well as several other top rifle shooters. I hope you enjoy this article which was sent to me several years ago and which Bill invited me to use as necessary to help shooting. KF*

I was listening to several shooters talking several days ago and they represented about every level of skill. A question was asked: "what value does a pre-shot routine have, and what's the relationship to your score?" No one there had a satisfactory answer, even though most agreed it was necessary. I didn't get involved in the conversation I just listened. No one knew who I was so I just kept my mouth shut. When I got home I thought about the question and couldn't remember ever hearing a good explanation. Everyone agrees it's a good idea but it appeared to me that not many know why. I decided to try and explain why a pre-shot routine is an absolute necessity. So here are my thoughts on the subject.

When watching top athletes, especially shooters, at the beginning of a tournament, one can sense an almost eerie quietness about their demeanor. Everything they do seems to be in

slow motion, methodical, and deliberate. There is never any hurry, no one seems to be in a rush, physical exertion is almost totally absent. A well coordinated, almost gentle rhythm seems to dictate their every move. In short they are getting into their own personal cocoon. (Cocoon is another term for the flow state of peak performance.) The next logical question is then, how do they get into that cocoon? Well I believe doing most of the following will help.

### **1. Practice a pre-shot routine.**

Now that's a very simple statement but what does it mean? What is a pre-shot routine? Before you can begin to practice it you must understand what it is and what it does for you. A pre-shot routine begins before the shooter (or any other athlete) begins setting up his equipment. When he begins unpacking his gear it should be done in an orderly and organized fashion. The best way to do that is to do the same thing the same way every time it's done.

The routine continues as he gets set up - study the range condition, assess the elements and how you are going to deal with them. Other range conditions are assessed as well, for example, some ranges have some firing points where the elements aren't as severe as other points. You must make a preliminary assessment of how you are going to handle that situ-

# ights on Pre-Shot Routine

*By Bill Pullum*

ation and it must be done before you encounter the problem. Once a routine is established it must be practiced each and every time you prepare to shoot. While firing a match is no time to be fiddling with your preshot routine. This routine is the very fibre of your personal cocoon.

## **2. Rehearse your first shots.**

To get a head start on your match, rehearse each shot in your string. Imagine the ten ring to be as big as a water bucket and you place each and every shot right in the middle of it. You feel the recoil and see the muzzle jump you then see the hole right in the middle of the ten ring. Actually what this does for you is to help begin the thought process that will take place during each shot in your string it will also help to strengthen your cocoon.

## **3. Review your self-talk.**

Is it always in a positive vein? What are you going to say to yourself before you shoot? What are you going to say after a bad shot? What calming images can you use to overcome a potential disaster? If you don't know how to react to any given situation before it occurs, how can you expect to deal with it when it appears during the heat of action?

All these things are stored away in your cocoon before they are needed and that must happen during the pre-shot routine preparation.

Now your cocoon is ready and it is composed of all the preparation elements. It consists of the routine, game plan, self-talk and mental imagery.

How do you keep yourself in your cocoon? How do you remain focused while performing in a very hostile atmosphere? The answer lies in choosing the correct focus for your attention. That's focus on the here and now and not on the outcome, not on any result. If you allow yourself to let your focus, even for an instant, drift into the pitfall of result, your cocoon will be destroyed. You may question that you need to see the result of your shot on the target and you are right, but you must always view the shot with an air of detachment. It's done for the sole purpose of evaluation. Not to pass judgement or berate yourself if you don't see what you expected. Staying detached is of supreme importance. Results are only of secondary importance. Having confidence is the best way to stay detached. An excellent technique is to tell yourself to just look through the sights and don't abuse the trigger and everything will be all right. Always stick with your routine no matter the distractions. You can always use it to return to your cocoon when something causes you to lose it.

# News Snippets

*Our quarterly roundup of news & information from VAPA council & others*

ISSF:

New Dress Code rules have been introduced for National teams. These can be found at:

<http://www.issf-sports.org/news.ashx?newsid=1144>

Before any PA shooters get their knickers in a knot, this is not applicable at PA competitions; it is applicable at ISSF Sanctioned competitions (World Cups, Oceania, etc.).

Its application at AISL AusCups will be up to that body.

HOLSTER RULES:

If you wish to participate in Pistol Australia organized matches (Nationals etc.), a Pistol Australia Holster Qualification Card will be required.

If your score at an open is to be used for eligibility in a Pistol Australia team, then you must comply with PA rules i.e. you must have a PA Holster Qualification Card for those matches requiring the use of a holster.

If you wish to participate in IPSC organized matches, an IPSC Holster Qualification Card will be required.

NEW TEAM MANAGER:

We congratulate Brian Hardy on his appoint-

ment as one of our new Team Managers - Brian will be attending the PA Nationals.

**Congratulations  
to Lucas Finken  
on  
the new state record  
of  
570 in Rapid Fire**

## VAPA Capitation Fees 2010 – 2011

P.A. increase \$ 1.00 plus GST

No increase in VAPA fees

	<b>VAPA</b>	<b>PA</b>	<b>GST</b>	<b>Total</b>
Full Year :				
Adult	\$ 53.50	41.55	9.51	\$ 104.56
Junior	\$ 22.75	20.78	4.35	\$ 47.88
Part Year :				
Adult	\$ 25.00	13.82	3.88	\$ 42.70
Junior	\$ 7.83	6.91	1.47	\$ 16.21

# The PA Smallbore and Field Pistol Nationals

*Victoria on the Move*

*By Mick Arden*

Conducted over the weekend 5-7 March 2010, at the Bowral Pistol Club located in the very green Belanglo State Forest area in NSW.

The weather ranged from light showers to bright and sunny with Saturday being almost tropical. We were however saved from the torrential rains that a lot of the southern part of NSW and Victoria experienced over that weekend.

Excuses for the weekend (from all states) ranged from but were not limited too; it was working fine on practice day, four clicks different than yesterday, great sight picture just couldn't get on to them, it was very bright and I just couldn't hold the gun steady.

Victoria sent up a team of two being Les Parker (MISC) and Mick Arden (Euroa) for the event and they are starting to settle into this level of competition. Victorian scores are creeping up and our aggregates are improving to the point of one member (Les) getting into the National top four for the 100 Metre Small Bore Rimfire Standing match.

The Vic's also snuck into three other top tens being, Field Pistol Production (Les 9th), Field Pistol any Sight (Mick 8th) and 100 Metre Small Bore Rimfire Unlimited (Mick 10th). Mick was placed 9th overall in the 2 match aggregate for Field Pistol.

## Individual Team Members Scores for 100 Metre Rimfire

Aggregate	Surname	Name	Club	Prod	Rev	Stand	Unlimited
131	Arden	Michael	Euroa	37	34	22	38
122	Parker	Les	Melbourne	30	30	27	35

## Individual Team Members Scores for Field Pistol

Aggregate	Surname	Name	Club	Production	Any Sight
57	Arden	Michael	Euroa	26	31
56	Parker	Les	Melbourne	29	27

## Team Scores

### 100 Metre Aggregate

TAS - 283

NSW - 282

ACT - 274

VIC - 253

QLD - 252

### Field Pistol Aggregate

NSW - 129

ACT - 125

TAS - 119

QLD - 115

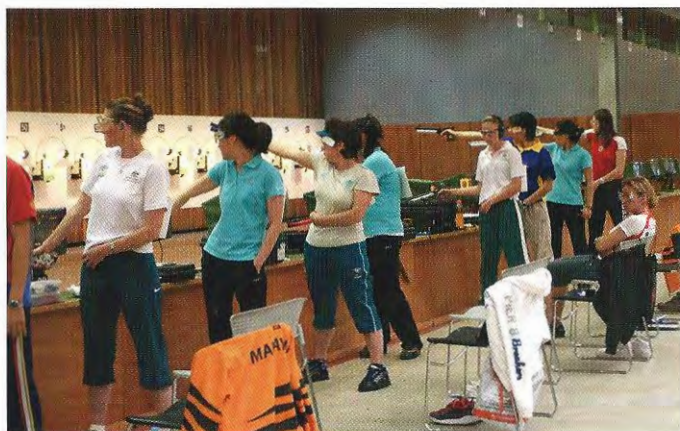
VIC - 113

# ISSF World Cup - Sydney 2010

By Sharon Reynolds

Australia has had a good start to the ISSF competition year, not only hosting the opening competition of the season but also finishing with two gold medals, a silver medal and several shooters in Finals. Victoria featured heavily in the women's events with Dina winning silver in Air, and both Linda and Lalita making it to the final of the 25m Pistol event. In rifle Robyn van Nus made the final of the women's 3 position event, and also took gold in the Women's Prone rifle Grand Prix event.

This World Cup was sprung on us when



Women's Air Pistol - Linda Ryan in action

Delhi withdrew their application at the last minute. As there are no Olympic quotas available this year the event was smaller than we had originally hoped. Nonetheless we had in excess of 20 countries attending, with around 250 athletes in total. It should be a matter of some pride to Australia that we were able to put on a very well run competition at very short notice.

This can only happen with the support

of our volunteers – all of whom travel to, and stay in, Sydney at their own cost. AISL arranges for the “cottage” at SISC to be available to volunteers on a first come, first served basis which provides a low cost accommodation option for some. Others arrange to stay with “locals”, and a few hardy souls spend the time in caravans.

At the start of an event such as this it seems we are going to be on the range forever – a week seems a long time and the programme is always quite full. And then suddenly it is all over and it is time to say goodbye to old and new friends until next time.

Next time?? – well, yes we will be doing it all again in March 2011! Only this time there will be quotas available and we anticipate a much bigger event with a much larger entry, including shotgun which was not included this year, and many more countries participating.

If you would like to get involved, even for just a part of the time, AISL would love to hear from you. Follow this link, [www.ausshooting.org/html/volunteer.html](http://www.ausshooting.org/html/volunteer.html), download and complete the volunteer form and forward it to AISL. If you would like to know more before committing please contact me (you can get my number from VAPA) – I'll be only too happy to answer your questions.



Some of the judges enjoy lunch together: L to R: Peter Davis (Vic), Jack Medley (NSW), Helen Medley (NSW), Doug Gregory (ACT), Christina Ahlstedt (Sweden), Pauline Pilkington (Canada) (at front).

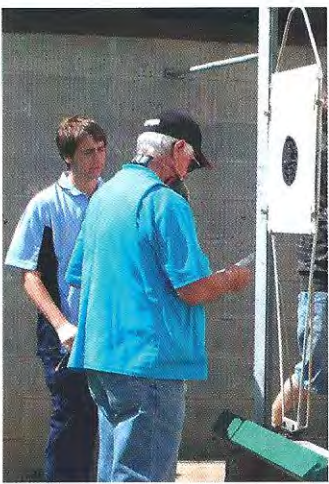
## Acme Firearms



**SK Lapua  
Eley  
RWS  
Fiocchi  
H&N Finale  
VFG**

**Quality products for target shooters  
Visit us on-line for more information  
[www.acme-firearms.com.au](http://www.acme-firearms.com.au)**

**576-478-30F - Firearms Dealer Licence - Class 1**



Steven Jenner helping out



Marianne Austin watching



A little damp underfoot



Lucas Finken (Rapid Fire)



Alex Eagle & Geoff Horton



Les Moncrieff, Brian Hardy and Irene Gobbett



Paul Jensen in preparation time



Les Clark (WA 1500)



Daniel happy with Air Pistol win



Right: Women's sport  
Team winners



Vics Howard Reed, Ern Smith, Les Moncrieff &  
Brian Hardy



Bruce, David Moore and Daniel - Air final



Black Powder Teams - Winners are grinners



John Sammartino, BP aggregate winner

14 Months on, building works are slightly behind schedule due to the deluge of rain that we experienced in February. We were fortunate to be there on the day and witness the sheer volume of water

wood flooring that we purchased at a special discount price from Gunnersens Timber, as the water and mud would have totally covered the whole floor.

The retaining walls required for the new building have had the sealant and water proofing membrane kindly donated by Bruce Falkingham, Sales Manager from Hanlay Industrial Group in Boronia.

Corex Plastics Australia situated in Dandenong was contacted and Marc Aliotti, National Marketing Manager kindly donated Corflute that was suitable to use as a protective cover to be fitted before backfilling the retaining walls. In the past we have only used corflute as excel-

lent target backing boards.

Our toilet complex is awaiting the concrete floor to be poured and when this happens the construction for our toilet and shower facilities will begin.



Water Devastation from Melbourne's rain storm

that came down. The drainage that had been installed was not adequate enough to handle the water run off that came off the mountain, due to the lack of vegetation growth.

A desperate phone call was made to David Allen from Rocla Pipeline Products seeking his advice. Not only did we receive advice but Rocla donated another quantity of larger concrete pipes and headwalls at no cost to the club. That put us in the position to be able to use the original pipes for additional drainage that we desperately needed.

Vin Bourke with his excavator and truck has been working flat out to prepare for our extra drainage works.

We were very lucky that we hadn't installed our tongue and grooved ply-



Vin Bourke setting levels for drainage

# CLUB'S REBUILDING PROGRESS



Sponsorship from Marbletrend

Robert Walton CEO/General Manager of Marbletrend in Bayswater has generously donated a one piece fibreglass shower enclosure with glass pivot screen. This will enable competitors staying for the weekend, to be able to enjoy some home comforts like having a hot shower.

To enhance our new building Stevens Glass Pty. Ltd. of Croydon has kindly donated two beautiful silver framed mirrors for the toilet complex.

Melton Pistol Club have supported us with a cash donation which was greatly appreciated.

We urge all Pistol Clubs to check that their Insurance coverage is adequate because you just don't realise the total cost of rebuilding when everything is destroyed, so please check.

Due to unforeseen building costs a request for additional funds was put to the Department of Sport and Recreation.

On Tuesday the 30th March The Honourable Minister for Sport and Recreation Mr James Merlino and staff and the Member for Seymour Mr Ben Hardman visited Mountain District to inspect our rebuilding progress.

As a show of support we asked VAPA President Mr Graeme Roberts and his wife Gwen, Mr Alex Eagle VAPA Executive Officer along with Mountain District Committee and members to attend the Ministers visit and enjoy a chat and morning tea.

During morning tea Mr James Merlino addressed the group at which time he made an announcement that Mountain District Pistol Club would be given an additional \$76,000 towards our rebuilding costs.

No words can express the gratitude to the Government for their support of Mountain District at this time and for the sup-



Barry MacFarlane - a plumber donating time and knowledge

port that they have given to all the sporting groups that have been affected.

Thank you also to VAPA for the extension given to us for our loan repayments as without the ability to run open competitions our loan repayments would have also slowed our progress.

Any Enquires can be made via email to [secretary@mountaindistrictpc.net](mailto:secretary@mountaindistrictpc.net)

# STATE TEAM SELECTION METHOD fo

## PURPOSE:

To form a squad from which the State Team to compete at 2011 National Championships will be selected.

## THOSE ELIGIBLE TO NOMINATE:

**SENIORS:** All shooters of "A" or Master Grade for PA and ISSF events. Master Grade or High Master Grade for WA1500 Events.

**JUNIORS:** All Juniors who will still be 20 years of age as at **DECEMBER 31** in the year of the Championships.

## AUTOMATIC INCLUSIONS:

All current State Team Members are automatically included for their Team Event/s in next year's squad. If you wish to nominate for extra Events please complete the Nomination Form.

## NOMINATIONS:

Shooters wishing to nominate for the State Team complete and mail the nomination form to:

Geoff Horton  
P O Box 36  
Bentleigh Vic 3204

Nominate for only the event/s in which you are currently qualified.

## INVITATIONS:

Any shooter who has not nominated, and has shot two or more scores that give the shooter a qualifying Mean Average in Sanctioned Open competitions, may apply to join the squad, or may be invited to join the squad by the Team Managers.

## SELECTION METHOD:

Shooters are required to compete in a minimum of four (4) Sanctioned Open Competitions. There is no limit to the number of such competitions and they may include interstate and overseas competitions. For a competition to be eligible there must be a minimum of a Judge "B" in attendance. In the event

that there are less than six (6) Open Competitions planned for a particular event closed elimination/s may be conducted.

It is the shooter's responsibility to ensure the Team Managers receive a full copy of the results (not just individual scores) within 28 days of the competition.

A final squad of 4 will be selected for each match at the conclusion on the elimination series. Ranking will be in order of Mean Average.

## SELECTION PERIOD:

From 1st January to the first weekend in December each year. Should the PA and ISSF National Championships be split, selection periods will be advised.

## SELECTION AVERAGES:

To be eligible for selection shooters must maintain the following Mean Average (Average of all scores submitted, discarding the lowest).

### Open

50M	535	R/F	550	C/F	565
Std	555	Air	565	Serv	855
Unrest	870	Serv 25	605	1500	1440
BP25	360	BP50	350		

### Ladies

25M	560	Air	370
-----	-----	-----	-----

### Junior

25M	545	Air	355
-----	-----	-----	-----

In the event there are insufficient qualifiers in any particular match (event), meaning that a team is unable to be selected in that match, the Selection Sub Committee MAY select from those who have not fully qualified as follows:

There must be at least one shooter to have qualified in that particular event.

Other shooters to be considered must have a Mean Average of 99% of the Qualifying Mean Average.

# ISSF and P. A. National Championships

Shooters who have qualified in other matches may fill the position/s.

## **SELECTION OF FINAL TEAM:**

The final squad of 4 selected for each event will be required to compete in nominated competition/s to select the three Team Members and Reserve.

## **TEAM SELECTION SUB-COMMITTEE:**

There shall be a Team Selection Sub Committee.

The Sub-Committee will have discretionary powers when selecting the State Team.

The decision of the Sub-Committee shall be final.

## **REPLACEMENT OF TEAM MEMBERS:**

Once selected should any member of the Team be unable to attend the National Championships, his/her position will be filled or left vacant at the discretion of the Team Managers.

If, at the National Championships, it is considered that any Team Members may, in any way, jeopardise the chances of the Team, the Team Managers may replace that member.

Team members will at all times comply with the Team Managers' instructions relating to Team activities.

## **BENEFITS:**

VAPA will provide Team Members with:

- (a) Accommodation on a twin or triple share basis from up to 2 nights before the Team Members first Team competition, or from the commencement of Official Training (whichever is the later) until up to 2 nights after the conclusion of the Team Members final team competition or the conclusion of the Championships (whichever is the earlier);
- (b) Transport to the city of the Event, or the equivalent cash reimbursement. Should two or more Team Members travel in the

same vehicle the cash reimbursement will be adjusted accordingly;

- (c) Transfers to the site of the Event, as appropriate;
- (d) Entry and nomination fees for team event/s;
- (e) Ticket to the Presentation Dinner should Team Members attend;
- (f) An allowance of \$25.00 per day for the period accommodation is paid for by V.A.P.A., or the Team Members attendance at the Championships, whichever is the shorter; except that if the accommodation paid for by V.A.P.A. includes daily breakfast the allowance will be reduced to \$10.00 per day.
- (g) Other benefits as may be made available from time to time.

## **GENERAL:**

Team members will be in attendance at the venue of the National Championships at least 24 hours prior to their first event/s - or earlier - so that each member can engage in at least one practice session of their event/s, and acclimatise to local conditions.

On completion of their competition events, members may depart the Team although it is hoped that members will remain to support and encourage other team members for remaining competitions at their own expense.

It is expected that all Team Members will stay at the accommodation arranged. Any member (with good reason) may apply to live elsewhere, but it is preferred the accommodation be close to the venue. If any such request is approved, and dependant on the style of accommodation, the member may be reimbursed up to the equivalent of the accommodation arranged by the V.A.P.A.

Spouse or family may accompany Team members at their own expense, but Team activities will at all times take precedence.

# NOMINATION FOR 2010 ISSF/PA STATE TEAM

Return to: Geoff Horton P.O. Box 36, Bentleigh Vic 3204  
 Phone 0418 533 043 Fax (03) 9557 5062

by 31st May 2010.

I wish to nominate in the events I have listed for the Elimination Series to select the State team that will represent Victoria at the 2011 National Championships. I undertake to abide by the decision of the Team Selection Sub-Committee and, if selected, the conditions of the published State Team Selection Method 2011.

Nominated Match	Current Grade	Highest Score Shot In Open Competition In The Past 12 Months
50 Metre Pistol		/600
25 Metre Rapid Fire Pistol		/600
25 Metre Centre Fire Pistol		/600
25 Metre Standard Pistol		/600
10 Metre Air Pistol Men		/600
10 Metre Air Pistol Women		/400
25 Metre Pistol Women		/600
25 Metre Pistol Junior		/600
10 Metre Air Pistol Junior Men		/600
10 Metre Air Pistol Junior Women		/400
Service Pistol		/900
Service Pistol Unrestricted		/900
Service Pistol 25 Yards		/650
WA 1500		/1500
Black Powder 25 Metre		/400
Black Powder 50 Metre		/400

Full Name:			
Address:			
		Post Code	
Postal Address:			
		Post Code	
Telephone:	Home		Business
	Mobile		Fax
Date of Birth		Shirt size	
E-Mail:		Track suit size	
Club:			
Signature:			

# Judge's Corner

*by Peter Davis - National "A" Judge*

Having just returned from a World Cup in Sydney I thought I would talk about volunteers, what they do, how they keep our sport going and how you can get involved.

I have been a volunteer on the International scene since the Oceania Championships held in Sydney in November 1999; we had a large contingency of volunteers at that time as it was the lead up to the Olympics in 2000. Since then we have had World Cups, Commonwealth Games, etc, and you tend to see the same faces no matter where it is with a few new ones appearing. However not as many new faces appear as the old faces disappear due to age.

As a volunteer you are allocated a task, it may be a range officer, patcher (yes even on electronic targets there is patching to be done); you may be in the armoury, classification or on medal presentation ceremony duty or one of the many other tasks that need to be done.

What you get is usually colour coded polo shirts to be worn whilst working, a photographic accreditation card also to be worn and usually a voucher to enable you to buy your lunch. Unfortunately travel to the host venue and your accommodation costs have to come out of your pocket. However in saying that I believe the experience you get at that level of competition, the friends you make and seeing the elite shooters doing what they do best outweighs the cost incurred.

Some days you are on the range early and may finish late, other days you have an early finish, and at a venue like Sydney where you have three disciplines being shot, Pistol, Rifle and Shotgun when you have a break or have finished for the day,

you can have a look at the other events. If you've had enough shooting after completing the volunteer duties, you can go off sightseeing.

The friends I have made from around the world is incredible and I haven't left the country, and quite often you can renew old friendships from years gone by as shooters and officials return to Australia for another event.

How can I get involved you say? It is quite easy - just get onto the AISL web site go to the volunteers option; download the volunteer application form fill it out and send it in and that will get you registered. That is for World cups. etc within Australia.

There is an easy way to get started and that is at State and National competitions. All these events need people to run them and run them successfully.

And you don't even have to go outside your state to start. We have the International 1920 National Championships being held at Geelong at the end of October this year where I am sure they will need volunteers so if you want to get involved keep your eyes and ears open, or better yet talk to one of the VAPA executive about getting started & they will put you in touch with the right people.

I hope this has given you an insight to volunteers and what you can expect to get out of it for your own benefit as well as helping to keep our sport alive and kicking.

If anyone would like me to write a more detailed "A day in the life of a volunteer" write to the editor and I can do that for the next issue.

# 2010 Metallic Silhouette Team Selection Method

## PURPOSE:

To form a squad from which the State Team to compete at the respective 2010 Metallic Silhouette National Championships will be selected.

## THOSE ELIGIBLE TO NOMINATE:

**SENIORS:** All shooters of "AAA" or higher as designated by IHMSU from time to time

**JUNIORS:** All Juniors who will still be 20 years of age as at 31st December in the year of the Championships.

## AUTOMATIC INCLUSIONS:

All current State Team Members are automatically included for their Team Event/s in next year's squad. If you wish to nominate for extra Events please complete the Nomination Form.

## NOMINATIONS:

Shooters wishing to nominate for the State Team complete and mail the nomination form to:

Geoff Horton  
P O Box 36  
Bentleigh Vic 3204

Within 6 weeks of the 2009 National Championships.

Nominate for only the event/s in which you are currently qualified.

## INVITATIONS:

Any shooter who has not nominated, and has shot two or more scores that give the shooter a qualifying Mean Average in Sanctioned Open competitions, may apply to join the squad, or may be invited to join the squad by the Team Managers.

## SELECTION METHOD:

Shooters are required to compete in a minimum of four (4) Sanctioned Open Competitions. As there are no PA sanctioned competitions within Victoria, sanctioned competitions conducted by other shooting bodies are

eligible for recognition for the purposes of state team selection. There is no limit to the number of such competitions and they may include interstate and overseas competitions. For a competition to be eligible there must be a minimum of a Judge "B" in attendance.

It is the shooter's responsibility to ensure the Team Managers receive a full copy of the results (not just individual scores) within 28 days of the competition.

A final squad of 3 will be selected for each match at the conclusion on the elimination series. Ranking will be in order of Mean Average. Each shooter will have to qualify in at least 2 events.

## SELECTION PERIOD:

From the 2009 National Championships (Small Bore and Big Bore) to a date approximately 3 months prior to the respective 2010 National Championships.

## SELECTION AVERAGES:

To be eligible for selection shooters must maintain the Mean Average (Average of all scores submitted, discarding the lowest) as shown in Table A in at least two events.

In the event there are insufficient qualifiers in any particular match (event), meaning that a team is unable to be selected in that match, the Selection Sub Committee MAY select from those who have not fully qualified as follows:

- (a) There must be at least one shooter to have qualified in that particular event.
- (b) Other shooters to be considered must have a Mean Average of 99% of the Qualifying Mean Average.
- (c) Shooters who have qualified in other matches may fill the position/s.

## SELECTION OF FINAL TEAM:

The final squad selected for each event will be required to compete in nominated competition/s to select the Team Members

# 2010 Small and Big Bore National Championships.

and Reserve.

## TEAM SELECTION SUB-COMMITTEE:

There shall be a Team Selection Sub Committee.

The Sub-Committee will have discretionary powers when selecting the State Team.

The decision of the Sub-Committee shall be final.

## REPLACEMENT OF TEAM MEMBERS:

Once selected should any member of the Team be unable to attend the National Championships, his/her position will be filled or left vacant at the discretion of the Team Managers.

If, at the National Championships, it is considered that any Team Members may, in any way, jeopardise the chances of the Team, the Team Managers may replace that member.

Team members will at all times comply with the Team Managers' instructions relating to Team activities.

## BENEFITS:

VAPA will provide Team Members with:

- (a) Entry and nomination fees for team event/s;
- (b) Ticket to the Presentation Dinner should

Team Members attend;

- (c) An allowance of \$25.00 per day for the period of the Team Members attendance at the Championships.
- (d) Other benefits as may be made available from time to time including a contribution to travel costs and accommodation as agreed.
- (e) Team outfits as provided to other VAPA selected Teams.

## GENERAL:

Team members will be in attendance at the venue of the National Championships at least 24 hours prior to their first event/s - or earlier - so that each member can engage in at least one practice session of their event/s, and acclimatise to local conditions.

On completion of their competition events, members may depart the Team although it is hoped that members will remain to support and encourage other team members for remaining competitions at their own expense.

Spouse or family may accompany Team members at their own expense, but Team activities will at all times take precedence.

Event	Production	Unlimited	Unlimited (Any Sight)	Standing	Unlimited Standing	Revolver
Big Bore	AAA 33	AAA 37	AAA 37	AAA 22	AAA 30	AAA 33
Small Bore	AAA 33	AAA 37	AAA 37	AAA 22	AAA 30	AAA 33
Field Pistol	AAA 23		AAA 30	AAA 23	AAA 30	AAA 23
Air Pistol					AAA 30	
<b>Table A</b>						

# NOMINATION FOR VICTORIAN STATE TEAM

## 2010 Metallic Silhouette

Return to: Geoff Horton, PO Box 36 Bentleigh Vic 3204  
 E-mail: malpeso@three.com.au PH: 0418 533 043

by 31st March 2010.

I wish to nominate in the events I have listed for the Elimination Series to select the State team that will represent Victoria at the 2010 National Championships. I undertake to abide by the decision of the Team Selection Sub-Committee and, if selected, the conditions of the published State Team Selection Method 2010.

Event	Big Bore		Small Bore		Field Pistol		Air Pistol	
	Current Grade	Highest score shot in competition in past 12 months	Current Grade	Highest score shot in competition in past 12 months	Current Grade	Highest score shot in competition in past 12 months	Current Grade	Highest score shot in competition in past 12 months
Production								
Unlimited								
Unlimited (Any Sight)								
Standing								
Unlimited (Standing)								
Revolver								

Full Name:							
Address:							
				Post Code			
Postal Address							
				Post Code			
Telephone:		Home				Business	
		Mobile				Fax	
E-Mail:							
Club:							
Date of Birth:							
Track suit Size:				Polo shirt size			

# Victorian Top Ten-2009

Compiled by Neil Stewart

## COMPETITIONS INCLUDED IN THIS ISSUE:

Castlemaine ISSF, Outtrim WA1500 & Service, Peninsula Black Powder, Geelong ISSF, Melton Service, ISSF Vic Titles, PA/ISSF Nationals (part, sorry folks. Can't find the Service 25 Yards results anywhere)

### 50m Pistol

State Record 555

John Gillman (1976), Bruce Quick (1998)

1	Quick, Bruce	547	Nationals Mar
2	Roberts, Chris	541	Vic Titles Mar
3	Repacholi, Daniel	536	Nationals Mar
4	Finken, Lucas	532	Vic Titles Mar
5	Mullens, Gary	525	Nationals Mar
6	Moncrieff, Les	524	Nationals Mar
7	Sammartino, John	512	Vic Titles Mar
8	Edwards, Norm	511	Vic Titles Mar
9	McMillan, Scott	511	Castlemaine Jan
10	Bowron, Peter	506	Geelong Feb

### Standard Pistol

State Record 580

Bruce Quick (1999)

1	Roberts, Chris	573	Castlemaine Jan
2	Mullens, Gary	562	Nationals Mar
3	Quick, Bruce	562	Nationals Mar
4	Ryan, Linda	557	Nationals Mar
5	Finken, Lucas	550	Nationals Mar
6	Eagle, Grant	549	Vic Titles, Mar
7	Chng, Aik Pin	539	Nationals Mar
8	Smith, Ern	539	Vic Titles, Mar
9	Tomassini, Paul	536	Castlemaine Jan
10	Austin, Marianne	534	Castlemaine Jan

### Rapid Fire

State Record 570

Lucas Finken (2010)

1	Quick, Bruce	571	Nationals Mar
2	Finken, Lucas	570	Vic Titles Mar
3	Hall, Ben	556	Castlemaine Jan
4	Roberts, Chris	552	Castlemaine Jan
5	Tretiakov, Mikhail	546	Castlemaine Jan
6	Mullens, Gary	545	Vic Titles Mar
7	Repacholi, Daniel	529	Nationals Mar
8	Eagle, Grant	525	Vic Titles Mar
9	McMillan, Ross	520	Castlemaine Jan
10	Telfer, David	519	Castlemaine Jan

### 10 Metre Air Pistol Men

State Record 577

B Sandstrom (1999)

1	Repacholi, Daniel	577	Nationals Mar
2	Roberts, Chris	572	Castlemaine Jan
3	Cumberland, Nick	564	Vic Titles, Mar
4	Mullens, Gary	563	Castlemaine Jan
5	Quick, Bruce	562	Nationals Mar
6	Tretiakov, Mikhail	561	Castlemaine Jan
7	McMillan, Scott	560	Vic Titles, Mar
8	Edwards, Norm	559	Castlemaine Jan
9	Hall, Ben	559	Nationals Mar
10	Finken, Lucas	557	Vic Titles, Mar

### 25m Centrefire

State Record 585

Bruce Quick (1996)

1	Bowron, Peter	569	Castlemaine Jan
2	Hall, Ben	567	Nationals Mar
3	Tretiakov, Mikhail	567	Vic Titles Mar
4	Mullens, Gary	564	Castlemaine Jan
5	Roberts, Chris	563	Vic Titles Mar
6	Finken, Lucas	561	Vic Titles Mar
7	Davis, Wayne	560	Nationals Mar
8	Quick, Bruce	554	Nationals Mar
9	Smith, Ern	553	Vic Titles Mar
10	Kennedy, John	552	Geelong Feb

### 10 Metre Air Pistol Women

State Record 387

Lalita Yauhlevskaya (2002)

1	Gillman, Kristy	387	Vic Titles, Mar
2	Ryan, Linda	377	Vic Titles, Mar
3	Crouch, Emma	372	Nationals Mar
4	Galibovitch, Elena	372	Castlemaine Jan
5	Janska, Renata	371	Vic Titles, Mar
6	Wilson, Marlo	368	Vic Titles, Mar
7	Alexander, Ainsley	367	Castlemaine Jan
8	Gobbert, Irene	365	Castlemaine Jan
9	Gale, Vivian	364	Nationals Mar
10	Meredith, Greta	364	Vic Titles, Mar

**25 Metre Pistol Women**

State Record 583

Linda Ryan (2001)

1	Aspandiyarova, Dina	579	Vic Titles, Mar
2	Ryan, Linda	575	Nationals Mar
3	Gillman, Kristy	574	Vic Titles, Mar
4	Crouch, Emma	571	Nationals Mar
5	Alexander, Ainsley	565	Castlemaine Jan
6	Austin, Marianne	562	Castlemaine Jan
7	Galiabovitch, Elena	557	Nationals Mar
8	Gobbert, Irene	552	Vic Titles, Mar
9	Janska, Renata	552	Nationals Mar
10	Woodward, Kathryn	543	Castlemaine Jan

**10 Metre Air Pistol Junior Women**

State Record 385

Annemarie Forder (1998)

1	Wilson, Marlo	364	Nationals Mar
2	Mullens, Chelsea	352	Vic Titles, Mar
5	Payne, Alison	317	Castlemaine Jan
4	Dunlop, Erin	289	Castlemaine Jan
5			
6			
7			
8			
9			
10			

**25 Metre Pistol Junior**

State Record 578

Andrew Gonczol (1990)

1	Mullens, Chelsea	559	Vic Titles, Mar
2	Jackson, Nathan	519	Nationals Mar
3	Janski, Janek	518	Nationals Mar
4	Scougall, Douglas	518	Vic Titles, Mar
5	Wilson, Marlo	511	Vic Titles, Mar
6	Foster, Brydon	496	Geelong Feb
7	Jenner, Steven	496	Castlemaine Jan
8	Payne, Alison	460	Castlemaine Jan
9	Egan, Nicholas	421	Castlemaine Jan
10	Janski, Joshua	285	Vic Titles, Mar

**Black Powder 25 Metre**

State Record 378

Noel Ryan (1980)

1	Sammartino, John	378	Nationals Mar
2	Davis, Wayne	369	Nationals Mar
3	Moncrieff, Les	366	Peninsula Feb
4	Smith, Ern	364	Peninsula Feb
5	Horton, Geoff	355	Nationals Mar
6	Scougall, Andrew	346	Nationals Mar
7	Reed, Howard	331	Nationals Mar
8	Turner, Alan	328	Peninsula Feb
9	Hastie, David	306	Nationals Mar
10	Pingiario, Brendan	306	Peninsula Feb

**10 Metre Air Pistol Junior Men**

State Record 571

Daniel Repacholi (2000)

1	Janski, Janek	555	Vic Titles, Mar
2	Jackson, Nathan	530	Vic Titles, Mar
3	Scougall, Douglas	520	Vic Titles, Mar
4	Jenner, Steven	506	Castlemaine Jan
5	Foster, Brydon	504	Geelong Feb
6	Janski, Joshua	457	Vic Titles, Mar
7	Lees, Ben	414	Vic Titles, Mar
8	Egan, Nicholas	412	Castlemaine Jan
9	Mee, Callum	312	Geelong Feb
10			

**Black Powder 50 Metre**

State Record 374

Dennis Martin (1998)

1	Davis, Wayne	359	Nationals Mar
2	Sammartino, John	358	Nationals Mar
3	Moncrieff, Les	352	Nationals Mar
4	Hastie, David	346	Nationals Mar
5	Smith, Ern	344	Nationals Mar
6	Dunbar, Stuart	321	Peninsula Feb
7	Reed, Howard	316	Nationals Mar
8	Pingiario, Brendan	310	Peninsula Feb
9	Healey, Peter	301	Peninsula Feb
10	Turner, Alan	290	Peninsula Feb

**Service Pistol**

State Record 887  
Peter Muscat (1991)

1	Rehlicki, Ivan	854	Melton Feb
2	Hall, Andrew	853	Nationals Mar
3	Motton, Ralph	853	Nationals Mar
4	Jensen, Paul	851	Nationals Mar
5	Clark, Les	843	Melton Feb
6	Lowe Greg	840	Nationals Mar
7	Anastasi, Ercole	836	Melton Feb
8	Cilia, Noel	824	Melton Feb
9	Lewis, Andrew	814	Melton Feb
10	Fallon, Gary	803	Melton Feb

**WA 1500 Match**

State Record 1486 96x  
Dean Brus (2008)

1	Motton, Ralph	1479	Nationals Mar
2	Winterhalter, Chris	1477	Outtrim Feb
3	Clark, Les	1466	Melton Feb
4	Hall, Andrew	1462	Outtrim Feb
5	Jensen, Paul	1461	Nationals Mar
6	Lowe, Greg	1460	Nationals Mar
7	Rehlicki, Ivan	1458	Melton Feb
8	Scott, Peter	1457	Melton Feb
9	Anastasi, Ercole	1451	Outtrim Feb
10	Olsen, Stuart	1441	Outtrim Feb

**Service Unrestricted**

State Record 886  
Peter Muscat (1989)

1	Motton, Ralph	875	Outtrim Feb
2	Jensen, Paul	875	Nationals Mar
3	Winterhalter, Chris	872	Outtrim Feb
4	Rehlicki, Ivan	868	Melton Feb
5	Anastasi, Ercole	867	Outtrim Feb
6	Scott, Peter	865	Outtrim Feb
7	Lowe, Greg	864	Melton Feb
8	Hall, Andrew	862	Outtrim Feb
9	Clark, Les	858	Outtrim Feb
10	Lewis, Andrew	858	Outtrim Feb

**WA 1500 Pistol**

State Record

1	Motton, Ralph	1455	Outtrim Feb
2	Winterhalter, Chris	1435	Outtrim Feb
3	Lowe, Greg	1434	Nationals Mar
4	Anastasi, Ercole	1409	Outtrim Feb
5	Horton, Geoff	1386	Melton Feb
6	Scougall, Andrew	1365	Nationals Mar
7	Barker, Peter	760	Outtrim Feb
8			
9			
10			

**Service 25**

State Record 633  
Dean Brus (2009)

1	Motton, Ralph	629	Outtrim Feb
2	Winterhalter, Chris	626	Outtrim Feb
3	Jensen, Paul	625	Outtrim Feb
4	Lowe, Greg	624	Melton Feb
5	Olsen, Stuart	618	Outtrim Feb
6	Clark, Les	611	Melton Feb
7	Doherty, Joe	611	Outtrim Feb
8	Hall, Andrew	610	Outtrim Feb
9	Scott, Peter	608	Outtrim Feb
10	Rehlicki, Ivan	604	Outtrim Feb

**International 1920 Match (Open)**

State Record 1918/169x  
Zeljko Cvetnic 2008

1

**International 1920 Match (Metallic Sight)**

State Record 1887/117x  
Zeljko Cvetnic 2008

1

# Development News

by Paul Jenner - Sport Development Officer

## Juniors

At the Nationals in Brisbane, Victoria had four juniors competing in both air and sport pistol. They were Chelsea Mullens and Marlo Wilson (both events) and Nathan Jackson (sport pistol) and Steven Jenner (air pistol). Individual results were good and we came third in both events in the teams section. All juniors should be aiming to represent Victoria at higher levels. These juniors gained lots of experience by attending and watching all of Australia's best pistol shooters. (Also they were required to work on ranges during their off times.)

We are still seeking juniors to make up a squad for the TriState this year. This will be the 29th Tristate competition. It will be held at Oakleigh Pistol Club over the Queen's Birthday weekend in June. I will be sending invitations and information out to any junior that has competed at an open in the last 12 months or last year's TriState. If you are interested in being a member of this squad please ring or email me. A great time is always had at the Tristate (even if we don't win). We have won this competition once in 28 years but there is always next year.

If any junior is seeking coaching, they can also get in touch with me and I can direct them to their nearest coach. You can also get more information on coaching from Alan Wattz the Victorian Coaching Director on 0418 149231. Please use this offer of

coaching as it will help your shooting.

## Working With Children Checks

It will be necessary for any person that has anything to do with juniors to have a working with children certificate. For our association it will be necessary for the checks to be done between 1 July 2009 and the 30th June 2010. For more information on this, logon to <http://www.justice.vic.gov.au/workingwithchildren> on the Department of Justice Web site. Applications are available from Australia Post and need to be completed if you wish to work with children within your club. As a volunteer it is free.

PS The person that was pictured in my last VPN article was Kevin Sheedy for those that did not know. A very famous AFL player and coach and the ambassador the show.

Paul Jenner: Ph: 0427 359198 or email ([jenco@alphalink.com.au](mailto:jenco@alphalink.com.au))

## Classifieds

Free: For an ammunition collector - box of assorted ammunition and cases collected over the last 30 years.

For a Mauser owner - 86 rounds of 8x57 (7.92) ammunition.

Licence required to be sighted.

Location Altona - ring Eddie Evans on 9398 5351

*Have something you want to buy or sell? Send your request to the Editor & we will publish it here. Maximum 5 lines.*

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148 -gr HBWC	<b>.38</b>	130-gr RN	
128-gr HBWC	90-gr DE	140-gr RN	
115-gr HBWC	95-gr CN	<b>40 CAL &amp; 10 MM</b>	
90-gr HBWC	130-gr RN	155-gr SWC	
<b>.32</b>	135-gr BN	155-gr SWC	
98-gr HBWC	140-gr RN	167-gr RN	
	150-gr SWC	200-gr SWC	
	158-gr SWC	<b>.44</b>	
	150-gr RN	250-gr SWC	
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<a href="http://www.metrosystems.com.au/-bullzi/index.html">www.metrosystems.com.au/-bullzi/index.html</a>			

## Stories & Photos Wanted

VAPA Pistol News is a great way to tell others in our sport about your club & what you are doing. Whether it's a story about something that's happening at your club, one of your members, an article about an Open you've held or just something you think others will be interested in, we'd love to hear from you.

Email your story (and photos) to  
The Editor- Victorian Pistol News  
at

[vicpistolnews@bigpond.com](mailto:vicpistolnews@bigpond.com)

# VAPA Fund Raising Sub-Committee

Some items now available through the Fund Raising Sub-Committee are listed below:

## SCOREPADS

**\$1.50 each**

For use in the ISSF Events only. Each pad consists of 50 scoresheets. Multiple event scoresheets for use in all ISSF matches (e.g. Centre Fire, Rapid Fire, etc.)

## RULE BOOKS

**\$7.70 each**

Rule books for the 3 Service Matches (all in one book) 2005 edition, Black Powder 2005 edition and the PA ISSF rule book 2009 edition.

## F.R. VAPA METAL BADGES (Blue)

**\$4.40 each**

Shield shaped badge. VAPA logo of light blue V on navy blue background.

## VAPA CAPS

**\$4.40 each**

Soft cloth cap with navy blue side panels and pale blue centrepiece. Navy blue VAPA badge printed on front of centrepiece. Medium peak with plastic insert so cap is fully washable. Sizes: Small, Medium and Large.

## BOOK

**\$21.00 each**

**Guide to Pistol Marksmanship** - An easy to read guide to Pistol Shooting from the Basics up, which should benefit both beginners and experienced shooters.

### VAPA Fund Raising Sub-Committee Order Form

Send to Peter Davis 409 Bay Rd, Cheltenham Vic 3192

E: [pmdavis@bigpond.net.au](mailto:pmdavis@bigpond.net.au)

Item:	Qty	Colour	Size	Price per Item	Total
Plus Postage: (excess postage will be refunded)					
TOTAL: (please make cheques payable to V.A.P.A.)					
Name: (Please Print)					
Address: (Please Print)					
			Post Code		
For Club Orders Only:		Club Name:			
		Committee Position			

# VAPA Common Entry Form

Club		Competition Date	
Entry Closing Date		Entry Fee	

NAME:			
ADDRESS:			
			P/Code
Phone: ( )			
E-mail:			
Club:		Licence Number	

Match	Grade	Match	Grade
25 Metre Standard Pistol		25 Metre Pistol Women	
25 Metre Rapid Fire Pistol		10 Metre Air Pistol Women	
50 Metre Pistol		25 Metre Pistol Junior	
25 Metre Centre Fire Pistol		10 Metre Air Pistol Jnr Men	
10 Metre Air Pistol Men		10 Metre Air Pistol Jnr Women	
Service Pistol		Service Unrestricted	
Service 25 Yards		WA1500	
Black Powder 25 Metre		Black Powder 50 Metre	

## Black Powder International

Modern Single Shot		Fixed Sight Revolver	
Adjustable Sight Revolver		Replica Single Shot	

## International 1920 Match

Open		Metallic Sight	
Veteran: Date of Birth		Junior: Date of Birth	

# Open Competition Contacts

Club	Events	Contact Person	Phone
Ballarat	Black Powder/ISSF	James Fitzpatrick PO Box 1110 Wendouree Village Vic 3355	03 53399453 (ah) 0421 612476 (bh)
Castlemaine	Black Powder	Wally Dunstan E: waljud@bigpond.com	(03) 5473 4339
Kerang		No contact details available at time of publication	
Melton	ISSF	Spiro Abela 6 Milburn Cct Caroline Springs 3023 E: spiro@abela.com.au	9390 0919 or 0417 035841
Mildura	Service/WA 1500	Wayne Davis PO Box 9 Irymple Vic 3498	P0417 300602
MISC	ISSF	The Organising Secretary 120 Todd Road Fishermans Bend Vic 3207 E: comps@melbourneinternational.org.au	9646 3976 Fax 9646 9953
Mt District	Service WA1500	Evan Whelan - Organising Secretary 5 Ashbrook Place Mooroolbark 3138 E: ewwhelan@live.com.au	0402 349 878
Oakleigh		No contact details available at time of publication	
Outtrim	WA 1500	Neil Stewart PO Box 2193 Melton Sth Vic 3338 E: nste2369@bigpond.net.au	0417 121 378
Peninsula	Black Powder	Organising Secretary  PO Box 3102 Frankston East Vic 3199	03 9783 4064 Fax 97696047
Sale	WA1500 Service Practical	Joe Doherty, P/o box 462, Sale. Vic 3853 E: salepistolclub@gmail.com	(03) 5146 0889 or (03) 5146 8356 club days
Warrigul/Drouin		No contact details available at time of publication	
Yackandandah	ISSF	Annette Holden 1204 Indigo Valley Rd, Barnawartha 3688. E: jack.holden@ozemail.com.au	(02) 6026 9208 or  0438 291178
Yarra	ISSF	Alan Wattz PO box 450 Croydon Vic 3136	0418 149231
Yarra	Service & Black Powder	Rodney King PO Box 4072, Knox City Vic 3152 E: rodney.king@nec.com.au	(03) 92714702 (b) or 0411 091 335

*This column will be a standard listing of competition contacts for clubs. For changes, please email the editor at vicpistolnews@bigpond.com by the closing date for publication.*

# Open Competition Calendar

Month	Date	Competition	Venue
May	1-2	ISSF	Warrnambool
	22-23	ISSF	MISC
	22-23	ISSF	Mildura
June	12-14	ISSF, Black Powder & Service	mid-Murray
July	3-4	Black Powder	Castlemaine
	10-11	Service	Mildura
	31	Centre Fire/Sport/Air Invitation	Bendigo
Aug	21-22	International 1920 State Titles	Echuca
Sep	11-12	ISSF	Shepparton
	18-19	WA1500 & Service 25 State Titles	Outtrim
Oct	2-3	Service & Black Powder	Yarra
	9-10	ISSF	Melton
	16-17	Black Powder State Titles	Ballarat
	23-24	ISSF	Yackandandah
	26-30	International 1920 State Titles	Geelong
Nov	6-7	WA 1500 & Service	Ballarat
	20-21	Service & Unrestricted State Titles	Mildura
	27-28	ISSF	Yarra

Program details & entry forms available at [www.vapa.org.au/open\\_calendar.htm](http://www.vapa.org.au/open_calendar.htm)

\* Australia Cup details at: [www.auss shooting.org](http://www.auss shooting.org)

## Special Events this year

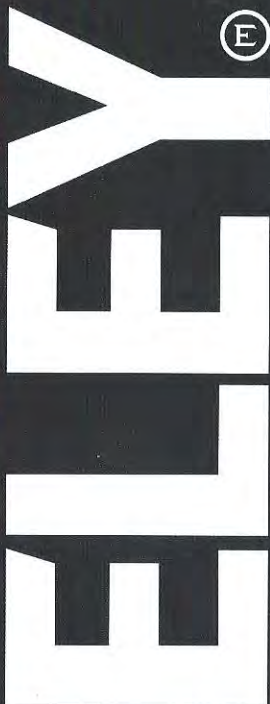
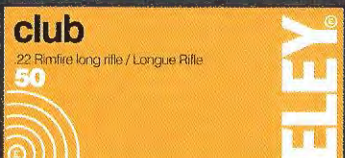
Aug	14 - 26	1st Youth Olympic Games	Singapore
Oct	3 - 14	Commonwealth Games	Delhi

## VAPA Target Orders

VAPA target orders are now being managed by  
Beaconsfield Pistol Club.

E: [targets@beaconsfieldpistol.org.au](mailto:targets@beaconsfieldpistol.org.au)

Fax: 03 9796 2250



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