



VICTORIAN PISTOL NEWS

OCTOBER 2008



Olympics Wrap-up
Melton Open & VAPA Postals
Gun Laws & Licencing Issues
International 1920 Team Selection

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Contents

Front Cover: Warren Potent—Olympic
Bronze Medallist

Feature Stories

- 9 Olympics Wrap-up
- 10 Gun Laws
- 11 Licence Cancelled?
- 12 Notes on Coaching
- 13 International 1920 Team Selection Method
- 22 VAPA Postals
- 24 Melton Open

Regular Articles

- 2 Editorial
- 3 News Snippets
- 4 Letters to the Editor
- 4 Management Matters
- 6 Technical Talk
- 8 Practical Shooting (IPSC)
- 20 Coaching Competition Checklist
- 26 2007 Victorian Top Ten
- 29 Judge's Corner
- 30 Common Entry Form.
- 31 Competition Calendar Contacts
- 32 Open Comps July—Dec
- IBC Participation Diary

Advertisers Index:
Support those who support our sport.

- IFC Lock Stock Firearms
- 17 ACME Firearms
- 18 VAPA Fund Raising
- 22 Yarra BP Open
- 32 HC Vanetten
- OBC Victorian Arms

NOTICE TO READERS

The contents of this issue have been selected in an attempt to extend knowledge, improve practice and promote communication within the field of pistol shooting for members of the Association. The Editor may at his discretion, reject any contribution, hold it over for later publication, or edit out any unsuitable material. Opinions expressed are those of the original authors and do not necessarily reflect those of the Editor or the Association. Persons acting on any opinion, advice, fact or advertisement published in this issue do so at their own risk

Editorial—Gun Laws

The outcome of this year's annual returns by clubs to the Licensing Services Division was not a happy one for several VAPA members with many members receiving letters regarding their non-compliance with the participation requirements. An article appears in this journal advising shooters of the action that can be taken in these circumstances.

The requirements placed on handgun shooters to retain ownership are quite onerous. No other sport has a participation requirement, yet handgun owners have to put up with a complicated regimen that many members struggle to understand and/or comply with. The public has a low understanding of the effort, cost & manpower required to "police" the regulations while the police seem to be sympathetic to the plight of handgun owners.

Since the gun buyback five years ago, there seems to have been minimal effort on the part of the shooting sports' representative bodies to simplify these requirements and improve the legal environment surrounding handgun ownership. Whilst VAPA and other organisations have collected money towards a fighting fund, there doesn't appear to have been much "fighting" happening. To my knowledge there is no lobbyist or publicity officer employed to promote our sport and address these issues. Groups like the Shooting Sports Council of Victoria & Firearms Consultative Group appear to make little headway in reducing the complexity of the laws, and seem uncoordinated in their approach.. Rather an attitude of "softly softly" seems to be the norm.

History has shown that quiet acquiescence seldom has a positive result. In the 1980's I was involved in the sport of fullbore shooting. At the time the state govern-

ments in NSW & Victoria were keen to close the ranges and reap the rewards from the sale of the crown land for housing. The attitude of the two State bodies for fullbore shooting couldn't have been more diverse. Victoria chose to acquiesce peacefully in the hope that an alternative range close to Melbourne would be provided. The Williamstown range was closed and no metropolitan range now exists for this discipline. NSW (located at Malabar) adopted an entirely different approach. They formed a strong lobby group, did fund-raising, gained the support of local residents and consequently whilst their range is now likely to close they achieved over 20 more years of tenure at their existing venue, and a guarantee that when the Malabar range does close an alternative venue will be provided.

The moral of this history lesson is simple. The question is really whether or not it is too late for the various shooting representative bodies to take more rigorous action.

On a personal note, I congratulate my long time team-mate Warren Potent on his bronze medal in Beijing becoming Australia's sole shooting medallist, Warren has had a resurgence in his career in recent years. After winning a gold medal as part of the Prone team in the World Championships in 1986, it was several years before Warren achieved success again on the international stage with a team's bronze in 300m at the World Championships in 2006. Since then he has gone from strength to strength and this year entered the Olympics as one of the favourites. As all shooters will know shooting results are always close, and Warren's final in the event was superb. His medal is well deserved and a testament to the time and effort he has put into the sport. On behalf of VAPA—well done Warren.

News Snippets

Our quarterly round-up of news & information from VAPA council

STATE TEAM:

The 2008 International 1920 State Team is :

	Open	Metallic	Ladies
Les Clark	Y		
Zeljko Cvetnic	Y	Y	
Charles Kerner	Y	Y	
Anita Mackiewicz			Y
Tom Whitehead.	Y	Y	

Geoff Horton will be Team Manager. Neil Stewart will be retiring as Team Manager at the end of this year after 16 years & 29 National Championships. Our thanks to Neil for his extensive contribution. Anyone interested in taking on the team man-

ager's position in 2009 and seeking further details is asked to contact Neil on 0417 121378

ANNUAL GENERAL MEETING:

The AGM held on the 18th July resulted in the election of the following office bearers for the year ahead.

President	Graeme Roberts
1st Vice President	Peter Davis
Treasurer	Bob Maddocks
Secretary	Eddie Evans
2nd Vice President & Executive Officer	Alex Eagle

Dear Editor,

I didn't write anything last issue as nothing inspiring came to mind, BUT after reading a statement in another article I need to respond to that, if nothing else.

The inference was that Free Pistol (50m Pistol) is much harder to shoot than 1920 Match. Now I have shot most matches & Free was a match I shot reasonably well over many years. All matches have their own built-in difficulties, let's say. In Free it's trying to consistently hit a 50mm 10 ring, but with few time constraints.

1920's is trying to hit a 4in X ring within very defined time constraints, not only in a short time span but you must be ready to shoot quickly, not when you feel the time is right.

I'm trying to write this without allowing any emotion to over-ride. As far as I am aware I've not seen the contributor's name on any list as having ever shot a 1920 match so can only assume he hasn't tried his hand at it.

While at the last 1920 Nationals, in Dar-

win, our new Vic Team Manager, Geoff Horton, was tempted to try some of the events, after shooting had completed. Now he has previously not had much time for 1920-not his type of shooting. After spending a week observing & helping with competition in general, he began to warm to the fact that maybe these guys aren't so bad.

After he tried Moving target & Falling plates, matches that look so easy aren't quite as easy after all. Good shooters make any match look easy (probably something to do with the amount of work they put in). Geoff's comment, after finishing maybe not quite as well as he'd hoped, was "next time I could do better".

That thought is what keeps us all returning, trying to improve on last time. Please let's not get into one match is better than another, they are different BUT still the same basic thing SHOOTING.

Yes I enjoyed & was frustrated by Free Pistol, but I'm still challenged but 1920 match I will eventually get it right some day.
Les Clark

Management Matters

By Graeme Roberts, President VAPA

Welcome members to this issue of your VPN and also to all you new members who have joined since the last issue. We hope you are settling in and learning what it is all about.

This month I am trying something different - instead of complaining about the general state of things and I thought I would do a little research into the Olympics and some history, not all but some.

Did you know that in 1920 the::

- 25 m Rapid Fire Team match was discontinued.
- 50 m Pistol team was discontinued.

Australian Men Medal Winners

- Michael Diamond - 2 gold medals
- Russell Mark - 1 Gold and 1 silver
- Donald MacIntosh - 1 Gold medal (1900 the first Australian Shooter)
- Adam Vella - 1 Bronze
- Warren Potent - 1 Bronze and is Australia's first rifle medallist

Australian Ladies Medal Winners

- Susanne Balogh - 1 Gold medal
- Patricia Dench - 1 Bronze medal
- Ann Marie Forder - 1 Bronze medal
- Desiree Huddleston - 1 Bronze medal
- Lalita Yauhleuskaya - 1 Bronze medal while shooting for Belorussia

From the Treasurer

VAPA Air Pistol Trailer Upgrade

In talks with Paul Jenner, VAPA's Sports Development Officer, over the past few months, we believe that it is time for a face lift on our Mobile Air Pistol Trailer.

I am after any photo's and film of pistol shooting you may have that we can download onto a DVD to be used as a visual display of our sport when the trailer is set up or can be used for promotional works to other groups or organisations. I am also after any contacts or members who can produce signs / banners for the trailer.

I can be contacted on 0425 730 747 or email rmaddocks@citywestwater.com.au

Target Distribution

Circumstances have changed again in regards to the distribution / sale of VAPA targets. I am asking for any individual or club who wish to take on this role. The

basic criteria for the job is:

1. A minimum of a single car garage size space for storage of targets / patches
2. Access for couriers to pick up deliveries when required
3. Access to a fax and/or computer to receive deliveries (These items can be supplied)

The amount of time required will depend on the volume of targets ordered each month, which can range from a few hundred to 10,000. There is a commission paid on the sale of targets.

If you are interested or need more information call or contact me on the above numbers. At present there is no problem with current distribution of targets but I need to resolve this matter as soon as possible.

Look forward to hearing from you soon

Bob Maddocks

Australian Medal Table

	<i>Men</i>	<i>Women</i>	<i>Total</i>
	<i>1896-2004</i>	<i>1976- 2004</i>	
Gold	4	1	5
Silver	1	0	1
Bronze	3	3	6
Total	8	4	12

Up until these Olympics Australia' world ranking was 20th out of 57 countries. Below is a complete list of representation by Australian Shooters which I have compiled. I am sure you will recognise many of these names.

Multi Representation by Australian Shooters

Men

5 Olympic Games

Russell Mark
Michael Diamond

4 Olympic Games

Phil Adams
Donald C Tolhurst

3 Olympic Games

Donald Brook
Norman Rule
Rodney Johnson
Bengt Sandstrom
Alexander Taransky
David Moore
Warren Potent.

2 Olympic Games

Steve Haberman
Patrick Murray
Ian Hale
Michael Francis Papps
Timothy Lowndes
John Maxwell
Alan Smith
David Cunningham
Daniel Repacholi
Bruce Quick
George Barton
Mathew Robert Inabinet
Paul Rahman

1 Olympic Games

Colin Anderson
John Holt
Clive Barton
Neville Holt
Craig Henwood

Ben Burge
John Bryant Jnr
David Jones
David J Chapman
Craig Meuleman
Leslie Raymond Coffey
Clement George Mudford
Domingo Diaz
John Murphy
Russel Dove
Peter Lee Papps
Barry Christopher Downs
Claude Platt
Reginald Parker
Thomas Turner
John Gillman
Tibor Gonzol
Neville Mervyn Sayers
Leo Dove
Donald Gowland
Noel William Hall
Terry Rumble
William Hamilton Wrigley
Norman Harrison
John Summers
David Hollister
John Tremelling
Sperry Marshall
Mill Menghini
Robert Wieland
William Hill
Sam Wieland
Peter Wray
John Wise
David Porter
Alex Crikis
Francis John Maitland

James Ellis
Adam Gitsham
Norman Goff
Wolfgang Jobst
Paul Rahman

Ladies

3 Olympic Games

Susan McCready

2 Olympic Games

Desire Baynes
Annemarie Forder
Annette Woodward
Linda Ryan
* Dina Aspandiyarova
* Lalita Yauhleuska

1 Olympic Games

Susan Balogh
Sue Banks
Patricia Dench
Kim Frazer
Lyne Marie Freh
Alison Feast
Yvonne Hill
Natasha Lonsdale
Lauren Mark
Sylvia Muehlberg
Carolyn Quigley
Carol Tomcala
Christine Trefry
Susan Trindall
Valerie Winter
Natalia Rahman
Stacey Roiall
Robyn Van Nus

* Olympic Game representing home country

Technical Talk—Cleaning Your

Kim Frazer, your VPN Editor, suggested she would welcome articles on cleaning pistols. This one is on cleaning semi-autos (self loading) pistols. Future articles will cover revolvers and air pistols.

First a sort of disclaimer/escape clause!

Cleaning pistols can be a *very* controversial topic and what follows is not intended to be the definitive (last word) on the subject! I know a talented shooter *who never cleans the barrel of his expensive European 22 semi-auto pistol*. That's right, **never!** Of course the need for cleaning, or the lack of it, can depend on the make, model, calibre and type of ammunition used. Some target pistols need to have their chambers cleaned after every match, otherwise the inevitable dreaded malfunctions occur. Clean your pistol meticulously is the advice offered by some shooters!

Pistol ownership comes with its responsibilities. Three of the most important things the beginner needs to learn are *how to safely unload it, how to disassemble/reassemble it, and how to clean it*. **Safety is number 1.** *Before starting your cleaning, whilst the pistol is pointed in a safe direction, double check that the pistol is unloaded by removing the magazine, pulling back the slide and inspecting the chamber. Don't take anybody's word for it. Check that it is unloaded yourself!*

Of course you must be able to strip your pistol before it can be cleaned! Make sure you have the correct disassembly instructions for your pistol. That means RTFM! What's RTFM? (Read the fine manual.) Lost it? An email to the manufacturer usually brings results. A web search can be quicker and very fruitful. I have seen incorrect instructions from a prominent manufacturer for disassembling their very

expensive .22 semi-auto. (Possibly this was caused by a problem in its translation to English.) Disassembly and reassembly is not always easy for the uninitiated! Seek help from the knowledgeable if it is needed. It took a while for me to learn the technique of reassembling a Ruger Mark I and how to field strip a Hammerli 280 .22. It's essential to have a good tool kit containing both metric and imperial Allen (socket) keys, and a suitable assortment of quality flat bladed and Philips head screw drivers. The blade of the screw driver should snugly fit into the slot of the screw that you are unscrewing. (Otherwise burred screw heads, or worse, can result.)

I regard a good commercial cleaning kit as *essential* for each calibre pistol. *This includes one for .22 pistols!* I prefer a plastic covered cleaning rod with a ball bearing handle. (Some people prefer a flexible cleaning rod.) I consider the following items essential in the appropriate calibres for each of your pistols: bristle brushes, phosphor bronze brushes for centre fire pistols, slotted tips and wool mops. Don't rely on the pistol manufacturer to provide you with all, or even any, of the necessary cleaning gear! Some cleaning gear supplied with a \$2000 pistol is of appalling quality and likely to do damage to the chamber and bore of the pistol. It's very useful to have an old tooth brush with hard bristles in your cleaning kit. Pipe cleaners can be very useful. Also needed are *quality* gun oils and solvents. More about their use below.

Once you've disassembled your pistol, I suggest using the following these steps to clean it:

1. Using a soft, dry cloth, wipe down all of the components. Look for a build up of gunk resulting from usage, and you may

Semi-Auto Pistol 101

By Bert Smith

need the toothbrush to completely rid the components of residue. Pay particular attention to the hole through which the firing pin emerges. With regard to a centre fire pistol, use the toothbrush to scrub all of the components and if necessary apply quality bore solvent onto the brush to loosen any stubborn build up. Take care to clean the entire surface of each piece.

2. At least clean out the chamber of a .22 pistol. Here pipe cleaner is useful. Clean the lips of the magazine with a rag and/or toothbrush. If you decide to clean the barrel, clean it from the *chamber* end using the cleaning rod and a bristle brush. Let the rod and brush *rotate* as the rod passes through the barrel. This is why I prefer rods with ball bearing handles. The fitted brush or patch should completely pass through the barrel with moderate force applied to the cleaning rod. If the pistol is not going to be used for a considerable time, add a drop or two of quality gun oil to the wool mop and pass it through the barrel from the chamber end. Before using the pistol again remove the oil using a cotton patch passed through the slotted tip attached to the cleaning rod. Take care when cutting a cotton patch to size. You don't want a patch to be so tight that it becomes stuck in the bore! Opinions differ as to whether fouling shots are needed after a barrel has been cleaned and lightly oiled. Maybe in match rifles. Probably not in pistols.

3. For a centre fire handgun firing jacketed projectiles, use quality bore solvent on a phosphor bronze brush to clean out the bore. Pass the brush 5 or so times from the chamber end *completely* through the bore. *Don't reverse the brush part way.* Then clean the bore out using properly fitting patches passed through the slotted

tip. (Jags are OK, but I find slotted tips easier to use.) If your patch shows black residue, it indicates that the barrel is still dirty. Continue to apply solvent on the phosphor bronze brush followed by clean patches until the patch fails to turn black.

4. To remove lead particles left behind from lead bullets, soak the bore in good quality solvent and leave it for a couple of hours. (Try not to get cleaning solvent on your hands. Wash your hands thoroughly after using it.) There is a problem here as most solvents don't dissolve lead. What does may also dissolve the barrel! All you can expect is to sufficiently loosen the lead so it can be removed by judicious brushing. I have heard the suggestion that fine steel wool wrapped around a jag is a good way to remove metallic fouling from a barrel. All I say to that is to quote the late Warren Page, (author of *The Accurate Rifle*), "*Not in my barrels, thanks*".

5. Wipe the components clean with a soft cloth. There should be no traces of solvent left after you've finished wiping down the pieces.

6. *Lightly* oil all of the components with gun oil. Don't get oil into the trigger mechanism! To prevent rust, apply an almost invisible coat of oil to the metallic exterior. *I emphasise the need to oil all moving parts apart from the trigger mechanism and that this should be done on a regular basis irrespective of whether or not a full clean is done.*

Reassemble the pistol according to the manufacturer's advice (RTFM again), and dry fire a centre fire pistol to test it for correct functioning.

Web links:

(Continued on page 27)

Practical Shooting - (IPSC)

By the M.I.S.C Practical Shooting (IPSC) Team

Practical Shooting (IPSC) is a competitive shooting sport where participants from around the globe compete on a local, national, and International level.

Many will associate target pistol shooting disciplines as "still, aim & fire" type whereas IPSC combines a variety of skills that really keep you thinking throughout the course of fire (known as a stage).

In Australia competitors use semi automatic pistols and revolvers of calibers from 9mm to .38. The majority of stages starts with pistols holstered and also require the competitor to perform reloads (magazine change) throughout the stage. Other stages can start with the pistol unloaded and holstered or the pistol placed on a table.

Each competition consists of various stages, which must conform to IPSC design rules. These rules ensure high levels of safety and uniform design policy. Each stage is set up differently creating a challenge to the competitor to complete it in a safe, accurate and rapid manner.

The targets can be in the form of paper or steel and have the capacity to be stationary or a moving (swinging only visible to the shooter for a few seconds). To further increase the level of skill, penalty targets are implemented throughout the stage in strategic locations that will ensure an increased level of concentration is applied. Hitting a penalty target deducts valuable points from your overall score these are very costly if hit.

The score is calculated by adding up the values of the hits on scoring zones by the competitor, and then divided by the total time the competitor took to complete the stage. The key to achieving a high score is

to determine the most efficient way of engaging all targets with high levels of accuracy, speed and most importantly safety.



Some of the more complex stages generally require the competitor to move away from the starting position. Competitors need to problem solve visually how they can engage each target from which location throughout the stage taking the following into consideration:

- Order of fire
- Reloading a magazine
- Steps & Stance (in some cases from a lying down position)
- Safety procedures

To combine all these skills and then ensure that you do this efficiently presents a real challenge.

Whilst on the range only one competitor competes within the stage and is under direct supervision of an accredited IPSC Range Officer who ensures that match safety protocols are followed. IPSC is a fun and safe sport that is thoroughly enjoyed by competitors from around the globe. Are you up for the IPSC challenge!

Stay tuned - next issue we will be reporting on the VAPA Postal Practical finals

Olympics Wrap-up

The Olympics held every four years present a pressure cooker in which some athletes thrive and others succumb. Inevitably, many are disappointed with their results and those who have never been or experienced it wonder how the performances can be so different to that which we know our athletes can produce. So it was this year with Australia's shooting tally comprising one medal by Warren Potent—our proud medallist pictured on the front of this edition.

With three shooters ranked 1st in the world, we had reason to hold high expectations of good results. However our shooting results were as disappointing as the television coverage of our shooting events with only a few minutes devoted to showing any action despite numerous complaints to the network by various people. One acquaintance was heard to comment that perhaps if our shooters dressed more like the female beach volleyball players we would receive more attention.

Good performances at Olympic Games (and Commonwealth Games) are important to our sport because whether we like it or not, these are used by the Australian Sports Commission in determining

funding for the sport in the years ahead. A medal in any of the shooting disciplines is good news not just for the athlete who has so richly deserved it, but for the sport in general. From all accounts Beijing put on a great event and we look forward to Delhi in 2010 & London in 2012.

Results from our pistol competitors are shown on page 29.



Olympics Mascot



Entrance to the impressive Finals Venue in Beijing

Gun Laws

Excerpt from Hansard; 21 August 2008—Firearms: handgun regulation

Mr McIntosh (Kew) — I have a matter for the attention of the Minister for Police and Emergency Services concerning the licensing services division (LSD) of Victoria Police and its inconsistent, unfair and inequitable application of the handgun target shooting and participation conditions. The action I seek from the minister is to urgently undertake a review of LSD and the way it applies the handgun target shooting and participation conditions with a view of urgently implementing a far more workable regime.

Under the national firearms agreement owners of handguns must demonstrate annually a genuine reason for owning a handgun. However, the implementation of this regime is different in each state. In Victoria LSD requires a handgun owner to demonstrate a genuine reason by participating in six club-organised shooting competitions and four attendances at a club's shoots.

Failure to meet the conditions leads to cancellations of a licence and a prohibition on re-entry into the sport for 12 months.

The problems at LSD manifest themselves in three ways. Firstly, administrative blunders or clerical errors leading to incorrect cancellations of licences; secondly, a complete failure by LSD to recognise the red tape burden placed upon gun clubs and individuals who, with the best intentions in the world, cannot comply because of overly onerous and unreal conditions; thirdly, the bizarre circumstances where evidence of interstate or even international competitions is not recognised and consid-

ered as participation. I have recently heard of several dramatic examples where clerical errors by LSD in failing to properly record participation compliance has led to the cancellation of licences, with many handgun owners being forced to sell their guns or place them in storage, at an astronomical cost to themselves, let alone the severe stress that is caused, which in one case led to hospitalisation.

Holders of different categories of handguns licences had all handgun licences cancelled, notwithstanding meeting the minimum participation conditions for at least one class of handgun. In some but not all cases, after explaining the situation a licensee was given back their licence for at least one class of handgun. I cannot for the life of me understand why this could not automatically happen in all cases.

The non-recognition of interstate and international competition beggars belief. Angie Darby is an Australian Olympic pentathlete, representing Australia currently at the Beijing Olympics. Angie is a Victorian resident; if she is the holder of a Victorian handgun licence, she may well be in danger of losing her licence to own a handgun. According to LSD, she is unable to claim the Olympic Games as evidence of 'a genuine reason' to own a handgun, nor can she claim other international or interstate competitions. This is a disgrace, and I ask the minister to urgently undertake a review.

We thank Mr McIntosh for his comments.

Licence Cancelled?

By Eddie Evans, Secretary VAPA

Lost Your Licence due to insufficient participation? Are you sure that you should have lost the licence?

I have been involved in a number of cases where the Licencing Services Division (LSD) got it wrong, and have reinstated the licences. So, what can you do?

First you need a copy of the report that your club sent to the (LSD).

If it is not correct, get your club to send a correct report to the LSD. If it is correct, all may not be lost. Following is an actual case where the licence was cancelled, then reinstated following a submission.

This member had three classes of handgun, 1, 2 and 3.

His participation was:

Approved Matches

Date	Match	Type	Class
3/02/2007	5	C	2
10/02/2007	24	RO	3
10/03/2007	2	C	2
11/03/2007	2	C	2
17/03/2007	5	C	2
12/05/2007	2	C	2
23/06/2007	2	RO	2
21/07/2007	2	RO	2
4/08/2007	24	C	3
8/09/2007	3	S	3
17/11/2007	1	C	1
17/11/2007	4	RO	2

Total Class 1 = 1

Total Class 2 = 8

Total Class 3 = 3

Club Shoots

Date	Type	Class
9/09/2007	S	2
10/11/2007	C	3

Total Class 1 = 0

Total Class 2 = 1

Total Class 3 = 1

Has he participated on at least 10 separate days? Yes.

Has he participated in Matches or Club Shoots as a competitor at least 6 times? Yes

Has he participated at least 4 times in each class on separate days, plus 6 extra matches?

Class 1. No, he will lose this class. But that participation may still count towards his other participation as we shall see.

Class 2. Yes.

Class 3. Yes.

First use up the participations that were in Club Shoots.

Class 2 say;

09/09/07 (S) – Club Shoot

21/07/07 (RO) – Match

23/06/07 (RO) – Match

17/11/07 (RO) – Match

Class 3 say;

10/11/07 (C) – Club Shoot

04/08/07 (C) – Match

10/02/07 (RO) – Match

08/09/07 (S) – Match

Six extra matches say;

03/02/07

10/03/07

11/03/07

17/03/07

12/05/07

17/11/07 This was the Air Pistol match that was of no use for keeping his class 1 handgun, but came in handy here

(Continued on page 28)

Notes On Coaching & Other

By Neville Sayers; Olympian

I do not usually read coaching articles but last month, I departed from my usual slothful attitude and read Tibor's article right through. My attitude over the past few years was that, as I did not now own a pistol and would not be able to conform with the requirements, my serious shooting days were behind me.

The fact that I have competed in several Olympic Games and World Championships does not qualify me to own a handgun. It could be that at 81, senility has something to do with it.

However I read Tibor's article, the majority was new to me and I was very impressed, as I should be. Tibor might say that he tried to teach me all of it but could not get them through my thick skull.

Anyway, quite a few of the exercises I practiced fifty years ago but the fact that I started from scratch at a time when there were no qualified coaches available and no 25/50M ranges or targets in use left me to experiment for myself.

I practiced fundamental errors so much so that my mistakes were perfect.

In Rapid Fire my initial error was watching the target. You may laugh but if someone handed you a pistol for the first time and said "have a shot at that little can hanging on a string at 25metres, I am sure that you would do what I did - i.e. looked at the can to see if it moved. I used Heinz baby food cans as they were common in our household in 1955.

One thing that I did do a lot of in those days was physical and mental exercises. An article in the Australian newspaper page 4 last Tuesday (8th July 2008) also prompted me to sit down and write this

article.

The article in question was headed "Cheats get a sporting edge using their brain". In brief it says that "Many chemicals are released in the human brain when exercising which can influence our ability to learn new skills. If you influence the concentration of these chemicals, you'd be able to learn a new skill far more efficiently" The "cheating" part is that these chemicals could potentially be given as supplement or injections.

Regarding my physical training in relation to pistol shooting, to a great extent that part of my training took care of itself as I was training most days in approx 3 sports of the Modern Pentathlon - cross country running, riding, swimming, fencing and shooting. Apart from that I was working on a 100+ dairy farm. I was fit and I was focused.

Regarding mental training when getting close to a competition I usually spent a good part of an hour at night in mental training - visualizing a complete or section of a competition. This was combined with self hypnosis as well as "dry firing"

I investigated hypnosis when it was considered to be "beyond the pale". There were some sports scientists such as Prof. Cotton and Forbes Carlyle doing sports coaching in this area. I had some correspondence with Carlyle and decided to get professional help to assist me in self-hypnosis. This I did with a view then working on my own in auto suggestion (self hypnosis).

Of course I did not mention this to any of my associates or even to my wife, who when I read this article to her, told me that I was mad. It is too late now to confess

Distractions from Shooting

and in any case I proved it to myself.

Another occasion when I was sure that auto suggestion worked was when I had a fairly serious riding accident in the 1956 Olympic Modern Pentathlon trials. I was riding a cross country jumping course when my mount put his hoof into a rabbit warren that had been softened by rain. He went down, threw his head back, hit me in the face, went forward, threw me over his head and I hit the ground and slid along on my face. I had a broken nose, concussion, and bit off most of my tongue and had thirty stitches inside and outside of my face. I woke up in the back of a utility and was carted off to hospital. This was only about six weeks before the Games and I was selected subject to fitness. I did not accept my injuries and one week later I tried for Olympic Selection in Rapid Fire pistol. Some of our veteran pistol shooters may remember me fronting up with my head covered in bandages with only a slit for a straw to drink from. Being practical, looking back I did not really have a chance, but when the magazine dropped from my pistol as I lifted my arm to shoot, that put an end to that.

The point is that I am sure that my mental training contribute to my quick recovery and enabled me to compete in the 1956 Games Pentathlon event.

Tibor mentioned "Russian Roulette" in his notes and this exercise was a very important part of my training as it was a great help for me in the pentathlon and Centre-Fire dueling. On the range, to start, I would load one cylinder only and spin the cylinder and fire until the shot went. I would do this until I was satisfied and then load 2,3,4,5,6 rounds, practicing with each combination in turn.

As a "struggling" dairy farmer it is amazing how much C.F ammo you can save to achieve a result. In fact by this method, plus dry firing and mental training and with very little other shooting I broke the Australian C.F record in the World Championships qualifying shoot in Adelaide in 1962.

As in many shoots there are upsets, bad scoring, malfunctions, etc but in the above competition there was an upset in that in one my C.F dueling series, I was scored 4 bulls and 1 miss. I told our team captain, George Rogers that I was sure that I had not missed.

He believed me and he protested and had the target removed for checking with the resulting score of 50 on the target. It is important that you can call the shots.

Another successful protest resulted in me gaining an Olympic Games place together with Mike Papps for the Rome Olympics Games. This Rapid Fire shoot was held in Canberra and Mike had won his first place and the second team member still had to be decided.

For my final series of Rapid Fire, I readied myself for the targets to appear and as soon as they moved, I came up and could immediately see light coming through an unpatched hole in the first target. I fired my five shots and before the targets were turned for marking I protested that I was distracted by the unpatched hole. The targets were patched without being scored and I had a second run. Fortunately in spite of the tension I managed a good series and my total score out of three 60 shots competition (possible 1800) were such that I made the team beating the next two competitors by 2-3 points.

(Continued on page 17)

International 1920 Match

PURPOSE:

To form a squad from which the State Team to compete at National Championships will be selected.

THOSE ELIGIBLE TO NOMINATE:

SENIORS: All shooters of Master Grade or High Master Grade.

JUNIORS: All Juniors who will still be 20 years of age as at **DECEMBER 31** in the year of the Championships.

AUTOMATIC INCLUSIONS:

All current State Team Members are automatically included for their Team Event/s in next year's squad. If you wish to nominate for extra Events please complete the Nomination Form.

NOMINATIONS:

Shooters wishing to nominate for the State Team complete and mail the nomination form to:

Neil Stewart.
P.O. Box 2193
Melton South Vic 3338

Nominate for only the event/s in which you are currently qualified.

INVITATIONS:

Any shooter who has not nominated, and has shot two or more scores that give the shooter a qualifying Mean Average in Sanctioned Open competitions, may apply to join the squad, or may be invited to join the squad by the Team Managers.

SELECTION METHOD:

Shooters are required to compete in a minimum of four (4) Sanctioned Open Competitions. There is no limit to the number of such competitions and they may include interstate and overseas competitions. For a competition to be eligible there must be a minimum of a Judge "B" in attendance. In the event that there are

less than six (6) Open Competitions planned for a particular event closed elimination/s may be conducted.

It is the shooter's responsibility to ensure the Team Managers receive a full copy of the results (not just individual scores) within 28 days of the competition.

A final squad of 4 will be selected for each match at the conclusion on the elimination series. Ranking will be in order of Mean Average.

SELECTION PERIOD:

The Selection Period will be 16th June 2008 with the final event being the 2009 Victorian Championships.

SELECTION AVERAGES:

To be eligible for selection shooters must maintain the following Mean Average (Average of all scores submitted, discarding the lowest).

Open	1885
Metallic Sight	1740
Ladies	1820
Junior	1820

In the event there are insufficient qualifiers in any particular match (event), meaning that a team is unable to be selected in that match, the Selection Sub Committee MAY select from those who have not fully qualified as follows:

There must be at least one shooter to have qualified in that particular event.

Other shooters to be considered must have a Mean Average of 99% of the Qualifying Mean Average.

Shooters who have qualified in other matches may fill the position/s.

SELECTION OF FINAL TEAM:

Team Selection Method

The final squad of 4 selected for each event will be required to compete in nominated competition/s to select the three Team Members and Reserve.

TEAM SELECTION SUB-COMMITTEE:

There shall be a Team Selection Sub Committee.

The Sub-Committee will have discretionary powers when selecting the State Team.

The decision of the Sub-Committee shall be final.

REPLACEMENT OF TEAM MEMBERS:

Once selected should any member of the Team be unable to attend the National Championships, his/her position will be filled or left vacant at the discretion of the Team Managers.

If, at the National Championships, it is considered that any Team Members may, in any way, jeopardise the chances of the Team, the Team Managers may replace that member.

Team members will at all times comply with the Team Managers' instructions relating to Team activities.

BENEFITS:

VAPA will provide Team Members with:

- (a) Accommodation on a twin or triple share basis from up to 2 nights before the Team Members first Team competition, or from the commencement of Official Training (whichever is the later) until up to 2 nights after the conclusion of the Team Members final team competition or the conclusion of the Championships (whichever is the earlier);
- (b) Transport to the city of the Event, or

the equivalent cash reimbursement. Should two or more Team Members travel in the same vehicle the cash reimbursement will be adjusted accordingly;

- (c) Transfers to the site of the Event, as appropriate;
- (d) Entry and nomination fees for team event/s;
- (e) Ticket to the Presentation Dinner should Team Members attend;
- (f) An allowance of \$25.00 per day for the period accommodation is paid for by V.A.P.A., or the Team Members attendance at the Championships, whichever is the shorter; except that if the accommodation paid for by V.A.P.A. includes daily breakfast the allowance will be reduced to \$10.00 per day.
- (g) Other benefits as may be made available from time to time

GENERAL:

Team members will be in attendance at the venue of the National Championships at least 24 hours prior to their first event/s - or earlier - so that each member can engage in at least one practice session of their event/s, and acclimatise to local conditions.

On completion of their competition events, members may depart the Team although it is hoped that members will remain to support and encourage other team members for remaining competitions at their own expense.

It is expected that all Team Members will stay at the accommodation arranged. Any member (with good reason) may apply to live elsewhere, but it is preferred the ac-

(Continued on page 16)

(Continued from page 15)

accommodation be close to the venue. If any such request is approved, and dependent on the style of accommodation, the member may be reimbursed up to the equivalent of the accommodation arranged

by the V.A.P.A.

Spouse or family may accompany Team members at their own expense, but Team activities will at all times take precedence.

NOMINATION FOR VICTORIAN STATE TEAM INTERNATIONAL 1920 MATCH—DUE BY 31 January 2009

Return to: Neil Stewart. P.O. Box 2193 Melton South Vic 3338
Fax (03) 9747 3187 E-mail: VAPATeam@bigpond.com

I wish to nominate for the Elimination Series to select the International 1920 Match State Team that will represent Victoria at the 2009 National Championships. I undertake to abide by the decision of the Team Selection Sub-Committee and, if selected, the conditions of the published State Team Selection Method.

Full Name:					
Address:					
				Post Code	
Postal Address:					
				Post Code	
Telephone:	Home		Business		
	Mobile		Fax		
E-Mail					
Club:					
Date of Birth:					
Class	Grade:	Highest Score Shot in Open Competition in the past 12 months			
Open					
Metallic Sight					
Ladies					
Junior					
Signature:					

Acme Firearms



- SK Lapua
- Eley
- RWS
- Fiocchi
- H&N Finale
- VFG

Quality products for target shooters
Visit us on-line for more information
www.acme-firearms.com.au

576-478-30F - Firearms Dealer Licence - Class 1

(Continued from page 13)

I must have been fit because I remember that after the shoot I ran back to my Canberra hotel from the Shooting range. You don't have to be mad but it certainly helps.

Here is one more anecdote about National Championships. In Tasmania the first (1958) Australian Pistol Championships were held with Free Pistol, Rapid Fire and Centre-Fire being the program. The range was fairly basic but well run. I concentrated on the Rapid Fire and Centre-Fire.

The Rapid Fire was conducted out in a paddock near the range but without any protection for the shooters or the targets. In those days the number of hits (possible 60) countered in the first place then score decided the final result. There was a very strong cross wind and at times the targets were blown out of the frames. After the first run of 30 shots there were only two competitors with 30 hits, plus myself. Half

way through the second day which was not quite as bad, I was the only competitor with all hits but had 30 shots to go. When it came my turn to shoot I had the whole Victorian team trying to give me advice. I decided just to go for hits and forget the score. It was all or nothing. The 8 second and 6 second run were O.K even though I was shaking like a leaf. When the 4 second run started I came up and just concentrated on hitting the targets. I think I had a few "head" shots and my target would have been "kneecapped" but they were on. That is how I won the 1st National R.F Championships with the lowest score on record.

We did not know it then, but months later it was decided to send a team to Moscow for the World Championships and the 1st place getters in that competition got selected.

Thanks Tibor

VAPA FUND RAISING SUB-COMMITTEE

Some items now available through the Fund Raising Sub-Committee are listed below:

CHRISTMAS CARD **\$0.20 each**

VAPA symbol on front. Words: Season's Greetings in gold above VAPA symbol. Words: Merry Christmas and Happy New Year in black inside card.

SCOREPADS **\$1.50 each**

For use in the ISSF Events only. Each pad consists of 50 scoresheets. For use in all ISSF matches (e.g. Centre Fire, Rapid Fire, etc.)

F.R. VAPA METAL BADGES **\$4.40 each**

Shield shaped badge. VAPA logo of light blue V on navy blue background.

F.R. VAPA CLOTH BADGES **\$4.40 each**

Shield shaped badge. VAPA logo of light blue V on navy blue background.

SCOREPAD COVERS **\$6.60 each**

Hard plastic cover. Available in Navy Blue or Black. Gold VAPA symbol on front. Holds 2-3 scorepads or 2-3 Rule Books.

BOOK **\$21.00 each**

Guide to Pistol Marksmanship - An easy to read guide to Pistol Shooting from the Basics up, which should benefit both beginners and experienced shooters.

VAPA Fund Raising Sub-Committee Order Form

Send to Cheryl Lee, 6 Garfield Street Cheltenham Vic 3192

Item:	Qty	Colour	Size	Price per Item	Total
Plus Postage: (excess postage will be refunded)					
TOTAL: (please make cheques payable to V.A.P.A.)					
Name: (Please Print)					
Address: (Please Print)					
			Post Code		
For Club Orders Only:		Club Name:			
		Committee Position			

Development News

By Paul Jenner—VAPA Sport Development Officer

Dear Junior,

By now you would have received a mail out from me. If you have not, please get in touch with me at the email address below. Please read all of these documents as they explain how you will be selected for various events that VAPA subsidize. There are many things that will be happening with junior pistol shooters in Victoria over the next 12 months. There are five important events that you should consider. They are:

- Junior Coaching Weekends
- Tri State Selection Criteria
- National Junior Coaching Camp
- Sport Shooting School
- Kangaroo Cup

A **junior coaching weekend** will be held at Yarra Pistol Club 8th and 9th November 2008 and more will be organized for next year both in the city and the country. The Yarra weekend will be subsidized by your association, VAPA.

For those of you that are new to our sport, the **Tri State** is a team competition that involves Victoria, NSW and SA and we visit one of these states each year. There are 10 members of this team and the competition is in air and sport pistol.

The **National Junior Coaching Camp** is

in Queensland each year and VAPA and PA send two juniors each to this camp. National coaches attend this camp for a week.

As for the coaching, the **Shooting School** is available to all shooters at Oakleigh Pistol Club especially for any junior who wish to improve their shooting.

The **Kangaroo Cup** is an open that is only available to juniors and is held every year at Oakleigh Pistol Club so please consider attending. There will also be a Grand Prix event held on this weekend that juniors can also compete in.

We are also looking at forming a junior development squad that will try to meet regularly for coaching somewhere in the state. This squad will also hopefully be involved with the Tri State team.

Congratulations to Seb Hume for being selected for the Paralympics 2008 in air pistol. Seb was a junior last year and has attended many Tri States over the years. Breaking news Seb shot a 553 and came in 22nd. Well done Seb.

C o n t a c t P a u l J e n n e r
jenco@alphalink.com.au or mobile 0427 359 198, read the VPN news or via the VAPA web site soon.

Hope to see you at our coaching days and competitions this year.

VAPA TARGET MANAGEMENT

VAPA is seeking a club or individual to take over managing the targets on their behalf. See story page 4 or contact Bob Maddocks for more details.

Coaching—Competition Checklist

By Tibor Gonczol—International Pistol Coach

This is a list of things to remember to do at home and when shooting at an overseas location. I wrote these reminder notes for one of the competitors I coach before the Atlanta Olympic Games. I believe I would give the same advice for all competitions. I used to follow them myself in my competitive years and it worked for me pretty well. It may be worth trying to adopt them for yourself.)

Develop routine, but do only things that will also be possible to do at ATLANTA. Stick to it!

Early get-up time - At least 3 – 4 hours before shooting time (also the coolest part of the day)

Early breakfast - (At least 2.5 – 3 hours before shooting)

No physical training on the day of competition - (stretching & loosening up exercises before shooting is OK. But in any case leave enough time between warming up and shooting to allow heart rate to settle. Swimming after shooting is okay.) In general actual physical training is only AFTER shooting (both in training or competition)

Physical warming up before going to the Range, (some light jogging or walking, stretching and loosening up exercises to get circulation going. NO WEIGHTS! (NO WEIGHT TRAINING at all in the competition phase of the year!)

20 – 30 minutes holding exercises and

a few dry firing exercises on the Range before shooting, then a few minutes rest, settling down, (narrowing focus of attention. Imagery, rehearsal, yoga is okay)

In general, stop experimenting, do not make any more changes. (Same ammo, guns, sights, etc.)

Work up a compact, "KIT BAG" including a checklist to have with you on the range. Make sure it contains the most important things. Have a checklist in it and use it. (Ammunition, cleaning rods, brushes, screwdrivers, Allen-keys, oil, spare cylinders, smoke, spar, matches, scope, stand, earmuffs, glass, electronic scale, gun rag, water, towelette, sunblock, passport, licence, starting number with pins, gun check certificate, squadding card, rule book, etc.)

WEIGH CO2 cylinder before start of training or competition and learn how much CO2 is best under the hot conditions, or check if your compressed air cylinders are full?

Check sight setting as well as tightness of screw attaching sight to pistol. (Check that rearsight is not in between clicks.)

Blacken sights both in training and in match.

Set trigger weight with enough safety margin, then put nail polish or non-permanent "loctite" on trigger adjustment screws. If using an electronic trigger, put in NEW BATTERY – and

have a spare with you.

AT COMPETITION LOCATION

Get up early, approx, same time as at home. Try to keep the same routine adopted before going to Atlanta. Do NOT make sudden changes in life-style, eating, drinking or sleeping habits, etc.

Early breakfast, at least 3 hours before shooting.

Do the physical warm up before going to range (NO WEIGHTS)

Warming up on range. (Pre-preparation time – if any, or designated dry fire area. 15 – 30 minutes. Do NOT handle pistol in other areas, or without OK from Chief Range Officer, even on the firing line in the pre-preparation period.

No physical training on the day of the competition - (stretching, loosening up exercises OK, and swimming after shooting is OK.)

It will be very hot and humid in Atlanta. Take plenty of liquid (small amounts and frequently)

There will be free Coke all over the place. Do NOT be tempted, keep away from the stuff, both because it is gassy, has high sugar content and high concentration of caffeine and tannin. Best thing is 50% cool water and 50% unsweetened fruit juice. MUST take the suggested liquid with you in your kit.

Do NOT take sweet drinks; do NOT take sugars, chocolate. Do NOT take

sweet things even if it is just artificial sweetener. The effect is almost as bad as taking sugars and will affect performance.

Do NOT get tempted with hamburgers or any of the other commercially available foodstuffs sold on the range. There are high levels of preservatives and MSG in them!

Take small towelette, “wet-ones” or whatever is commercially available there. Have some clean water with you to wet it)

Clean your pistols at least one or two days before the competition, and do some shooting with them before using them for the Match.

Have your “KITBAG” including a checklist to have with you on the range, and check it out the night before and again before going to the range.

Check WEIGHT of cylinder, have scale and extra cylinder charged to the correct weight with you or – out your compressed air cylinders the one on the gun and spare one too.

KEEP YOUR GUNS, CO2 CYLINDERS AND AMMO IN AS COOL A PLACE AS YOU CAN! Check.

Remember squadding card, starting number, and gun check certificate!

Remember also: Shooting tens is NORMAL.

VAPA Postals

By Sharon Reynolds—Postal Competitions Director

By the time you read this the 2008 Postal competition will be done and dusted – 20 shields presented, 197 (+/-!!) medals awarded, 77 pennants ordered (if not delivered) and 67 invitations for 2009 on the way.

The postal competition is run by VAPA for the benefit of all member clubs, and there are no entry fees payable. So if your club has not participated recently maybe 2009 is the time to start. Whether you enter one match or all twenty it can be fun. And even if you don't shoot well enough to make a final you have a very good chance of winning a pennant in the handicap competition. Shooting the Postals also gives your members a legitimate competition for their participation requirements.

Remember, in 2009 we will be starting later, and will only have 4 rounds in the competition. This should make it a bit easier for clubs at the start of the season, as well as ensuring that the Finals are over before the Open competitions start in earnest.

I usually call for clubs to volunteer for running the Finals around the end of round 3 (I suppose it will be round 2 next year!) – but I am happy to hear from potential volunteer clubs at any time during the season!

On the next page is the calendar for 2009 – so get your members motivated and get your entries in. Like everything else in life you have to be in it to win it!!



YARRA PISTOL CLUB Inc.

2008 BLACK POWDER &

SERVICE PISTOL OPEN

NOVEMBER 29th & 30th 2008

PROGRAM OF EVENTS.

SATURDAY:

Service Pistol
Service 25 yards
Black Powder 25M
Int. B/P Rev Adj.

SUNDAY:

Service Unrestricted
Service 25 yards
Black Powder 50M
Int B/P Rev Fixed

ENTRIES CLOSE: Friday 31st October 2008

Organising Secretary

Geoff Horton P. O. Box 36, BENTLEIGH Vic 3204

Phone: (03) 9557 5062 Mobile 0418 533 043

E-mail: malpeso@timeweb.net.au

2009 VAPA Postals Calendar

Entries close 31st December 2008; No late entries accepted.

Jan 31	Rapid	May 16	Standard
Feb 1	Air	May 17	BP50
Feb 7/8	Centre Fire/Sport	May 23/24	50M Pistol
Feb 14	Standard	May 30/31	*Service
Feb 15	BP 50	May 31	Last day for Service 25 yds
Feb 21/22	50M Pistol	Jun 6	1920
Feb 28/Mar 1	*Service	Jun 7	BP25 (last day for Prac & Icore)
Mar 1	Last day for Service 25 yds		
Mar 7	1920	Jun 13	Rapid
Mar 8	BP25 (last day for Prac & Icore)	Jun 14	Air
Mar 14	Rapid	Jun 20/21	Centre Fire/Sport
Mar 15	Air	Jun 27	Standard
Mar 21/22	Centre Fire/Sport	Jun 28	BP50
Mar 28	Standard	Jul 4/5	50M Pistol
Mar 29	BP 50	Jul 11/12	*Service
Apr 4/5	50M Pistol	Jul 12	Last day for Service 25 yds
Apr 11/12	Easter	Jul 18	1920
Apr 18/19	*Service	Jul 19	BP25 (last day for Prac & Icore)
Apr 19	Last day for Service 25 yds	Aug 8/9	Postal Finals ISSF
Apr 25	1920	Aug 15	Postal Finals Service
Apr 26	BP25 (last day for Prac & Icore)	Aug 22	Postal Finals Black Powder
May 2	Rapid	Aug 23	Postal Finals Practical
May 3	Air	Aug 29	Postal Finals 1920
May 9/10	Centre Fire/Sport	Aug 30	Postal Finals ICORE

* **Service 25yards** may be shot at any time during the first 5 weeks of the Postal Cycle. Results must be submitted by the Thursday following week 5 of each round.

** **Practical and ICORE** may be shot at any time during the 6 week cycle up to and including week 6.

Results must be submitted by the Thursday following week 6 of each round.

MELTON PISTOL CLUB's

By Spiro Abela

Another year has gone by and Melton has held two opens (Service, Restricted, and Short Barrel) in the space of two months, the last being the ISSF Newton Open.

Saturday started around 6.30am (5⁰) for the brave few who were there to help set up the ranges and prepare the food for the day.

When the shooters (45) started turning up around 7.15am the ranges were very dark and you could not see where you were walking. Our two judges for the weekend Colin Repacholi and Wally Dunstall did a sterling job trying to do gun-checks with the aid of a portable fluorescent light and heater in one of the shooting sheds, but by 8.00am the yellow light in the sky came up and we could see what we were doing at last.

It was a cold day but spirits were high.



There were no disputes so the judges had a fairly easy weekend but when called to check some shots they did so promptly with no fuss.

The open also formed a selection criteria for PATS for two of the shooters (Chris Roberts and Irene Charlton), so it was an important open for them.



Shooting started fairly well on time with no mishaps through the whole weekend and all ranges ran very smoothly and the level of competency of the range officers was up to the standard shooters would expect to find at an open competition.

Saturday was Standard, Centre-fire, 25M and Air Pistol day, and as was mentioned previously the day was rather cool, but about 2.00pm the air got quite colder (temperature was around 13⁰ but probably dropped by 3-4⁰ in a matter of minutes) and everyone was feeling it.

Sunday (which was decidedly warmer, about 14⁰) saw 50M, Air and Rapid shot and again everything went without a hitch (except for a minor timer malfunction which was rectified very quickly). Overall I think everyone enjoyed themselves and were fed by the very capable kitchen staff.

After all the trophies were given out there were two more trophies that were given.

NEWTON OPEN 2008



myself.

Club Members - Those who helped put together a great weekend of shooting, this includes all those who helped set up the ranges and clean up after, well done everyone.

Kitchen Staff - I dare not forget to mention the kitchen staff led by Stacey (who stayed up late most nights leading up to the open preparing great food for all to enjoy). I do not think I heard anyone complain about the amount, variety and quality that was available through the weekend.

These were for the ladies three match and men's five match aggregate scores, and the winners this year were:

Ladies - Marianne Austin

Men's - Bill Kerr

Congratulation to you both.

As all those who organise an open would know it is not an easy task, but, without the help of club members there would not be an open, so, this brings me to the part where I wish to thank the following:

Range staff - who were very efficient throughout the weekend and coped very well with all contingencies.

Scorer- I would like to say thank you to Heather Rodwell who stayed tirelessly in the scoring office all weekend and put the scores out very quickly. I would also like to thank those who helped her with the air pistol and 50M target scoring, their helped was greatly appreciated by both Heather and

I would also like to thank our sponsor for the weekend - Victorian Arms.

Last, but not least, I wish to thank all the shooters, for again without you there would be no opens. I hope you all enjoyed the weekend as much as Melton Pistol Club did, and we hope to see you all and maybe some new faces again next year.



Scores are on the Melton Pistol Club website under "coming events" and are also available on the VAPA website.

Victorian Top Ten—2008

Compiled by Neil Stewart

COMPETITIONS INCLUDED IN THIS ISSUE:

Outtrim Service & WA1500, Mildura Int 1920, Castlemaine ISSF, Warragul Drouin ISSF & Black Powder Service State Titles, Black Powder State Titles, ISSF State Titles, PA/ISSF Nationals Aust Cup I, Aust Cup II, Rio World Cup, Ballarat Int 1920, ACT Titles Int 1920 SA Titles Int 1920, Echuca Int 1920, Ballarat ISSF & Service, Sale Service, Geelong Int 1920, Sale Service, Mildura ISSF, Melton Service, Bianchi Cup. MISC ISSF, Warrnambool ISSF, Mildura Black Powder, Mid Murray ISSF Service & Black Powder, Castlemaine Black Powder, Geelong Int 1920, Melton ISSF, Mildura Service & WA1500, China World Cup, Munich World Cup, Milan World Cup, Sth Aust Black Powder Titles, Aust Shooting Games, Tri State Junior Comp, Ballarat Black Powder & Service, Olympic Games, Int 1920 Nationals

50m Pistol

State Record 555

John Gillman (1976), Bruce Quick (1998)

1	Repacholi Daniel	556	Munich W/C May
2	Quick Bruce	553	Mid Murray Jun
3	Roberts Chris	549	Ballarat Apr
4	Dellar Stephen	548	Castlemaine Feb
5	Boyle Kevin	531	Ballarat Apr
6	Hall Ben	530	Vic Titles Mar
7	Mullens Gary	528	Ballarat Apr
8	Iglesias Jose	527	Melton Jul
9	Bowron Peter	519	Vic Titles Mar
10	Edwards Norm	519	MISC May

Standard Pistol

State Record 580

Bruce Quick (1999)

1	Roberts Chris	565	ASG Jun
2	Finken Lucas	561	Vic Titles Mar
3	Iglesias Jose	556	Melton Jul
4	Eagle Grant	555	Melton Jul
5	Smith Ern	555	Warragul Feb
6	Boyle Kevin	554	Ballarat Apr
7	Hall Ben	551	Castlemaine Feb
8	Mullens Gary	550	Vic Titles Mar
9	Ryan Linda	548	Nationals Mar
10	Gillman Kristy	545	Ballarat Apr

Rapid Fire

State Record 564

Lucas Finken (2007)

1	Quick Bruce	567	China W/C Apr
2	Hall Ben	555	Mid Murray Jun
3	Finken Lucas	554	MISC May
4	Boyle Christian	551	Vic Titles Mar
5	Boyle Kevin	549	MISC May
6	Davis Wayne	534	Mildura May
7	Roberts Chris	532	MISC May
8	Smith Ern	530	Warrnambool May
9	Tretiakov Mikhail	529	Mid Murray Jun
10	Healey Stuart	528	Ballarat Apr

10 Metre Air Pistol Men

State Record 577

B Sandstrom (1999)

1	Repacholi Daniel	579	Rio W/Cup Mar
2	Roberts Chris	575	Vic Titles Mar
3	Dellar Stephen	571	Aust Cup II Mar
4	Finken Lucas	570	Vic Titles Mar
5	Iglesias Jose	568	Melton Jul
6	Hall Ben	566	Ballarat Apr
7	Moncrieff Les	565	Mid Murray Jun
8	Edwards Norm	562	MISC May
9	Boyle Christian	557	Ballarat Apr
10	Tretiakov Mikhail	556	Mid Murray Jun

25m Centrefire

State Record 585

Bruce Quick (1996)

1	Hall Ben	573	MISC May
2	Davis Wayne	571	Mildura May
3	Roberts Chris	565	Vic Titles Mar
4	Mullens Gary	564	Nationals Mar
5	Eagle Grant	563	MISC May
6	Horton Geoff	563	Vic Titles Mar
7	Tretiakov Mikhail	562	Ballarat Apr
8	Bowron Peter	561	Mid Murray Jun
9	Moncrieff Les	561	Nationals Mar
10	Smith Ern	554	Nationals Mar

10 Metre Air Pistol Women

State Record 387

Lalita Yauhelevskaya (2002)

1	Aspandiyarova Dina	389	Aust Cup I Feb
2	Yauhelevskaya Lalita	387	Milan W/C May
3	Ryan Linda	380	Aust Cup I Feb
4	Gillman Kristy	377	Vic Titles Mar
5	Crouch Emma	374	Nationals Mar
6	Galiabovitch Elena	373	Nationals Mar
7	Leticq Lisa	368	Warragul Feb
8	Austin Marianne	367	Warrnambool May
9	Charlton Irene	367	Nationals Mar
10	Kelly Jan	366	Ballarat Apr

Victorian Top Ten—2008

25 Metre Pistol Women

State Record 583
Linda Ryan (2001)

1	Yauhleuskaya Lalita	588	Aust Cup II Mar
2	Aspandiyarova Dina	583	Aust Cup I Feb
3	Ryan Linda	581	Aust Cup I Feb
4	Gillman Kristy	575	MISC May
5	Austin Marianne	563	Ballarat Apr
6	Crouch Emma	557	MISC May
7	Koreny Yvette	557	Castlemaine Feb
8	Mullens Joy	557	Ballarat Apr
9	Woodward Kathryn	548	Vic Titles Mar
10	Blake Cherie	543	Vic Titles Mar

10 Metre Air Pistol Junior Women

State Record 385
Annemarie Forder (1998)

1	Galiabovitch Elena	371	Melton Jul
2	Wilson Marlo	360	Warragul Feb
5	Mullens Chelsea	351	Ballarat Apr
4	Deller Tihan	349	MISC May
5	Ould Katelyn	345	Tri State Jun
6	Bennison Caroline	339	MISC May
7	Butterworth Ashleigh	336	Warragul Feb
8	Payne Alison	329	MISC May
9	Deller Lauren	325	MISC May
10	Dunlop Erin	299	Vic Titles Mar

25 Metre Pistol Junior

State Record 578
Andrew Gonczol (1990)

1	Boyle Christian	564	Nationals Mar
2	Galiabovitch Elena	557	Melton Jul
3	Mullens Chelsea	545	Melton Jul
4	Waghorne Joel	545	Ballarat Apr
5	Jackson Nathan	535	MISC May
6	Myers Stephen	528	Tri State Jun
7	Jenner Andrew	524	Tri State Jun
8	Bennison Caroline	521	MISC May
9	Foster Brydon	519	Vic Titles Mar
10	Payne Alison	506	Nationals Mar

Black Powder 25 Metre

State Record 378
Noel Ryan (1980)

1	Sammartino John	376	Nationals Mar
2	Moncrieff Les	375	SA Titles Jun
3	Scougall Andrew	372	Castlemaine Jun
4	Smith Ern	372	Vic Titles Feb
5	Davis Wayne	369	Mildura June
6	Tretiakov Mikhail	363	Mid Murray Jun
7	Horton Geoff	361	Ballarat Aug
8	Kerr Bill	360	Castlemaine Jun
9	Prewett Rex	359	Castlemaine Jun
10	McCann David	358	Vic Titles Feb

10 Metre Air Pistol Junior Men

State Record 571
Daniel Repacholli (2000)

1	Boyle Christian	564	Vic Titles Mar
2	Scott McMillan	534	Mid Murray Jun
3	Jackson Nathan	523	MISC May
4	Waghorne Joel	522	MISC May
5	Foster Brydon	505	Tri State Jun
6	Jenner Andrew	503	Warragul Feb
7	Myers Stephen	484	Vic Titles Mar
8	Whelan Peter	477	Warragul Feb
9	Scougall Douglas	448	Mid Murray Jun
10	Coleman Reide	435	Warragul Feb

Black Powder 50 Metre

State Record 374
Dennis Martin (1998)

1	Sammartino John	364	Nationals Mar
2	Davis Wayne	363	Mildura June
3	Hastie David	352	Ballarat Aug
4	Smith Ern	350	Vic Titles Feb
5	Moncrieff Les	348	Mid Murray Jun
6	Rowan Dave	346	Ballarat Aug
7	Motton Ralph	338	Vic Titles Feb
8	Kerr Bill	335	Castlemaine Jun
9	Scougall Andrew	332	Mildura June
10	Kennedy Brynley	329	Ballarat Aug

(Continued from page 7)

Cleaning a Glock 19 semi-auto pistol
<http://tinyurl.com/6e7kkb>

A video showing how to clean the Colt Government Model M1911 auto is available at <http://tinyurl.com/6ck875>

"How to Clean Your Pistol": This article

refers to Taurus Millennium Pro PT-111 9 mm pistol but is applicable to other makes of semi-auto pistols. <http://tinyurl.com/6a463t>

"Any reason NOT to have an 'ultrasonic cleaning'?" <http://tinyurl.com/5vr4bx>

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Victorian Top Ten—2008

Service Pistol

State Record 887
Peter Muscat (1991)

1	Chisholm Jason	878	Sale Apr
2	Rehlicki Ivan	870	Melton May
3	Wilkinson Chris	864	Sale Apr
4	Motton Ralph	860	Vic Titles Feb
5	Olsen Stuart	859	Sale Apr
6	Clark Les	858	Outtrim Feb
7	Jensen Paul	849	Vic Titles Feb
8	Scott Peter	848	Vic Titles Feb
9	Hutchins Paul	847	Mildura Jul
10	Tait Frank	846	Ballarat Aug

WA 1500 Match

State Record 1477 92x
Dean Brus (2006)

1	Motton Ralph	1478.58x	Nationals Mar
2	Chisholm Jason	1468.32x	Nationals Mar
3	Jensen Paul	1468.19x	Orange Feb
4	Clark Les	1465.73x	Ballarat Aug
5	Wilkinson Chris	1444.66x	Outtrim Feb
6	Davis Wayne	1440.65x	Mildura Jul
7	Moncrieff Les	1430.18x	Nationals Mar
8	Davis Wayne	1426.27x	Nationals Mar
9	Olsen Stuart	1425.56x	Outtrim Feb
10	Tait Frank	1424.47x	Ballarat Aug

Service Unrestricted

State Record 886
Peter Muscat (1989)

1	Motton Ralph	880	Nationals Mar
2	Chisholm Jason	879	Nationals Mar
3	Clark Les	879	Melton May
4	Jensen Paul	872	Kurrajong Feb
5	Davis Wayne	869	Outtrim Feb
6	Olsen Stuart	865	Sale Apr
7	Wilkinson Chris	865	Outtrim Feb
8	Lowe Greg	864	Vic Titles Feb
9	Evans Eddie	863	Melton May
10	Lewis Andrew	859	Melton May

International 1920 Match (Open)

State Record 1914/170x
Craig Ginger 2007

1	Whitehead Tom	1918.166x	Geelong Apr
2	Hardy Brian	1918.157x	Geelong Apr
3	Clark Les	1916.161x	Geelong Jun
4	Bannister Roy	1916.158x	Ballarat Mar
5	Cvetnic Zeljko	1916.158x	Echuca Apr
6	Kemer Charles	1916.155x	Ballarat Mar
7	Mackiewicz Anita	1912.160x	Nationals Aug
8	Ray Murray	1909.154x	Echuca Apr
9	Dajczzer Henry	1906.156x	Echuca Apr
10	Siebert Richard	1905.151x	Bianchi Cup May

Service 25

State Record 630
Chris Winterhalter (2007)

1	Motton Ralph	629	Sale Apr
2	Jensen Paul	623	Vic Titles Feb
3	Lewis Andrew	622	Sale Apr
4	Chisholm Jason	621	Ballarat Aug
5	Lowe Greg	617	Melton May
6	Tretiakov Mikhail	616	Ballarat Aug
7	Olsen Stuart	615	Outtrim Feb
8	Wilkinson Chris	612	Sale Apr
9	Neal Luke	611	Sale Apr
10	Scougall Andrew	611	Mildura Jul

International 1920 Match (Metallic Sight)

State Record 1865/110x
Craig Ginger 2007

1	Kemer Charles	1886.132x	Geelong Apr
2	Rehlecki Ivan	1858.123x	Geelong Apr
3	Cvetnic Zeljko	1846.112x	ACT Titles Mar
4	Whitehead Tom	1837.101x	Echuca Apr
5	Clark Les	1834.102x	Nationals Aug
6	Hardy Brian	1817.105x	Mildura Feb
7	Siebert Richard	1812.103x	Bianchi Cup May
8	Tretiakov Mikhail	1701.088x	Echuca Apr
9	Renzow David	1555.061x	Echuca Apr
10	Adams Frank	1550.060x	Echuca Apr

(Continued from page 11)

The end result is that he will keep his licence, Class 2 handguns, and Class 3 handguns. His Class 1 handgun was surrendered to a dealer, and he will not be able to get it back for 12 months.

If you do intend to appeal against cancellation of your licence, you need to lay out

your case nice and simple, as above.

In the last edition of the VPN we published a member participation diary inside the back cover. We are republishing this in this edition, and encourage members to keep a copy of their match participation for their own records to ensure they meet the requirements for their handgun li-

Judge's Corner—Referee Council

By Peter Davis—National "A" Judge

This issue I am going to touch on a number of points from the Referee Council, some are machinery items others are suggestions from the council.

Scoring at open competitions.

The council strongly recommends the use of the "Open for Windows" scoring program developed by Bruce Favell from Queensland.

This program has virtually become the standard for Pistol scoring. The program includes all ISSF, PA and NRA competitions. It can handle individual scores, both graded and off gun also teams events and aggregates. It is also the basis used for entering "Open competition" results on the VAPA web site. The cost of this program is approx. \$290. The council is prepared to conduct tutorial seminars to acquaint clubs with its use.

Pistol checks at open competition.

Clubs should be aware that at open competitions the official 'VAPA' pistol checking equipment will be supplied to clubs to

enable equipment control to be conducted by the club. The club should allocate suitably competent personnel to conduct that function. At some opens it has become apparent that the 'Judge' is expected to conduct equipment control. The Judge's role is to overview the whole event not just a portion of it. The Judge will give advice where required.

Rule changes

It has been usual for the ISSF to foreshadow rule changes to be implemented on the 1st of January in the year following an Olympic games.

There will be rule changes come into effect as at the 1st of January 2009, members will be advised of these rule changes when they are at hand and how the NRC propose to implement them.

It is interesting to note that one of the proposals is to reduce the trigger weight for Centre Fire from 1360gms to 1000gms. At this stage is only a proposal and I would very strongly advise that you do nothing until further advised.

Beijing Olympics Results

	Air		50M Pistol		25M Pistol	
Daniel Repacholi	573	32nd	540	41st		
David Moore	571	36th	546	35th		
Bruce Quick					560	17th
Lalita Yauhleuskaya	381	18th			581	14th
Dina Aspandiyarova	375	36th			571	33rd

VAPA Common Entry Form

Club		Competition Date	
Entry Closing Date		Entry Fee	
NAME:			
ADDRESS:			
		P/Code	
Phone: ()			
E-mail:			
Club:		Licence Number	
Match	Grade	Match	Grade
25 Metre Standard Pistol		25 Metre Pistol Women	
25 Metre Rapid Fire Pistol		10 Metre Air Pistol Women	
50 Metre Pistol		25 Metre Pistol Junior	
25 Metre Centre Fire Pistol		10 Metre Air Pistol Jnr Men	
10 Metre Air Pistol Men		10 Metre Air Pistol Jnr Women	
Service Pistol		Service Unrestricted	
Service 25 Yards		WA1500	
Black Powder 25 Metre		Black Powder 50 Metre	
Black Powder International			
Modern Single Shot		Fixed Sight Revolver	
Adjustable Sight Revolver		Replica Single Shot	
International 1920 Match			
Open		Metallic Sight	
Veteran: Date of Birth		Junior: Date of Birth	

Open Competition Contacts

Club	Events	Contact Person	Phone
Ballarat	Black Powder	James Fitzpatrick PO Box 1110 Wendouree Village Vic 3355	03 53399453 (ah) 0421 612476 (bh)
Castle-maine		No contact details available at time of publication	
Kerang		No contact details available at time of publication	
Melton	ISSF	Spiro Abela 6 Milburn Cct Caroline Springs 3023 E: spiro@abela.com.au	9390 0919 or 0417 035841
Mildura	Service/WA 1500	Wayne Davis PO Box 9 Irymple Vic 3498	P0417 300602
MISC	ISSF	The Organising Secretary 120 Todd Road Fishermans Bend Vic 3207 E: competitions@melbourneinternational.org.au	9646 3976 Fax 9646 9953
Mt District	Black Powder	Evan Whelan - Organising Secretary 5 Ashbrook Place Mooroolbark 3138 E: ewhelan@live.com.au	0402 349 878
Oakleigh		No contact details available at time of publication	
Outtrim	WA 1500	Neil Stewart PO Box 2193 Melton Sth Vic 3338 E: nste2369@bigpond.net.au	0417 121 378
Peninsula	Black Powder	Organising Secretary PO Box 3102 Frankston East Vic 3199	03 9783 4064 Fax 97696047
Warrigul/Drouin		No contact details available at time of publication	
Yackandandah	ISSF	Annette Holden 1204 Indigo Valley Rd, Barnawartha 3688. E: jack.holden@ozemail.com.au	(02) 6026 9208 or 0438 291178
Yarra	ISSF	Alan Wattz PO box 450 Croydon Vic 3136	0418 149231
Yarra	Service & Black Powder	Geoff Horton P. O. Box 36, BENTLEIGH Vic 3204 E: malpeso@timeweb.net.au	(03) 9557 5062 or 0418 533 043

This column will be a standard listing of competition contacts for clubs. For changes, please email the editor at vicpistolnews@bigpond.com by the closing date for publication.

Open Competition Calendar

				Entry Close
2008				
Oct	4-5	ISSF	Yarra	Sep 5
	11-12	International 1920 State Titles	Kerang	
	18-19	ISSF Service	Yackandandah Mt District	Sep 24 Oct 6
Nov	1-2	Black Powder	Peninsula	Oct 20
	29-30	Service & Black Powder	Yarra	Oct 31
2009				
Jan/Feb	31-1	ISSF	Castlemaine	
Feb	7-8	WA1500 & Service	Outtrim	
	14-15	ISSF & Black Powder	Warragul/Drouin	
Feb/Mar	28 -1	Service	Melton	
Mar	7-9	ISSF State Titles	Ballarat	
Apr	4-5	PA/ISSF Nationals.	Cessnock	
	11-12	PA/ISSF Nationals.	Cessnock	

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148 -gr HBWC	.38	130-gr RN
128-gr HBWC	90-gr DE	140-gr RN
115-gr HBWC	95-gr CN	40 CAL & 10 MM
90-gr HBWC	130-gr RN	155-gr SWC
.32	135-gr BN	155-gr SWC
98-gr HBWC	140-gr RN	167-gr RN
	150-gr SWC	200-gr SWC
	158-gr SWC	.44
	150-gr RN	250-gr SWC
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